



Macro Ops

The Trifecta Report

The best trades are the ones in which you have all three things going for you: fundamentals, technical, and market tone. ~ Michael Marcus

Weekly Summary



S&P 500

➤ **Summary:** Short-term sentiment indicators hit extreme bearishness this past week (net AAll Bull-Bears is in the bottom 1% of readings). Short-term breadth indicators are also deeply oversold. R3K stocks trading above their 10dma's dropped to only 4%. Monday is last day of the month. Bulls want a move back above 4,520 which is the midline of the candle. Odds favor a bounce to start the week. For a more defensible bottom, we want to see the VIX term structure turn supportive, credit rebound (LQD/IEF), yields find a bottom, and the McClellan Oscillator turn positive. Until then, expect further chop and volatility with risk skewed to the downside.

UST 10yr Bonds

➤ **Summary:** Bonds are at their lower monthly and weekly Bollinger Bands. Positioning is quite bearish and price is oversold. It may be forming a small inverted H&S bottom. But momentum is strongly in the bears favor so need to be tight with the stops if taking swings long.

Gold

➤ **Summary:** Gold is still in a neutral sideways consolidation regime. It's coiling for a big move. Need to be patient and wait for the tape to tip its hand.

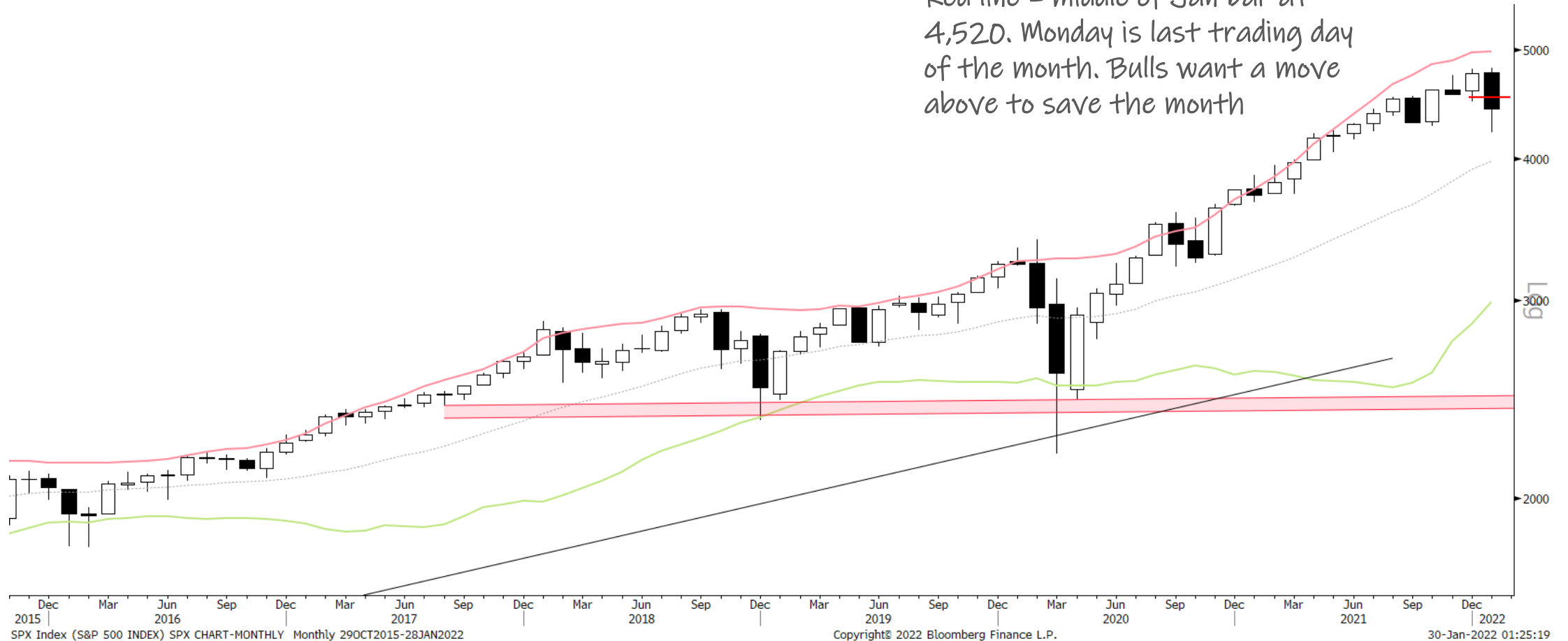
EURUSD

➤ **Summary:** EURUSD is up against its lower monthly, weekly, and daily Bollinger Band. It's deeply over-sold and positioning remains very crowded long USD. Economic momentum and yield spreads are trending in the euro's favor. EURUSD is likely setting up for a major reversal, but momentum and price action still strongly favor the bears, so we need to be patient and wait for the tape to confirm a regime change.

S&P 500 Monthly



Red line = middle of Jan bar at 4,520. Monday is last trading day of the month. Bulls want a move above to save the month

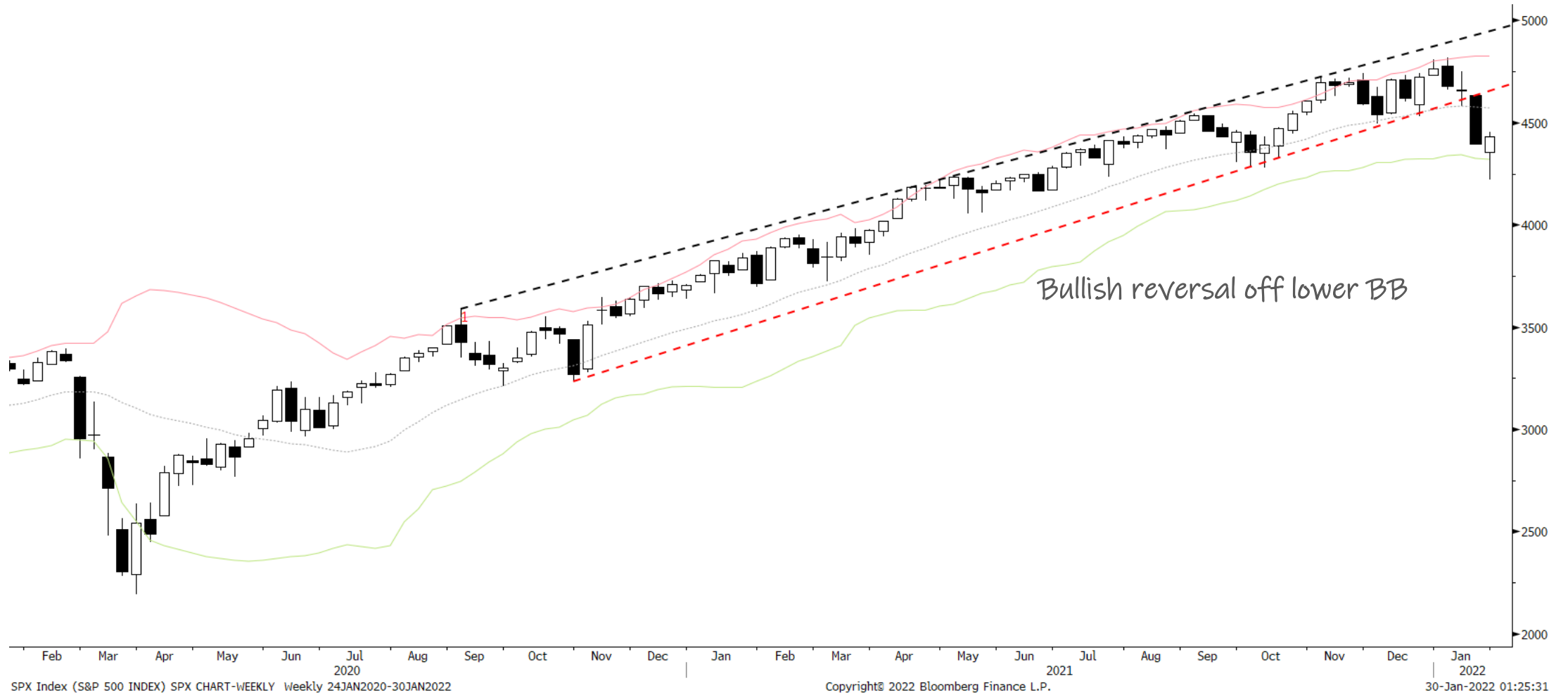


SPX Index (S&P 500 INDEX) SPX CHART-MONTHLY Monthly 29OCT2015-28JAN2022

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S&P 500 Weekly

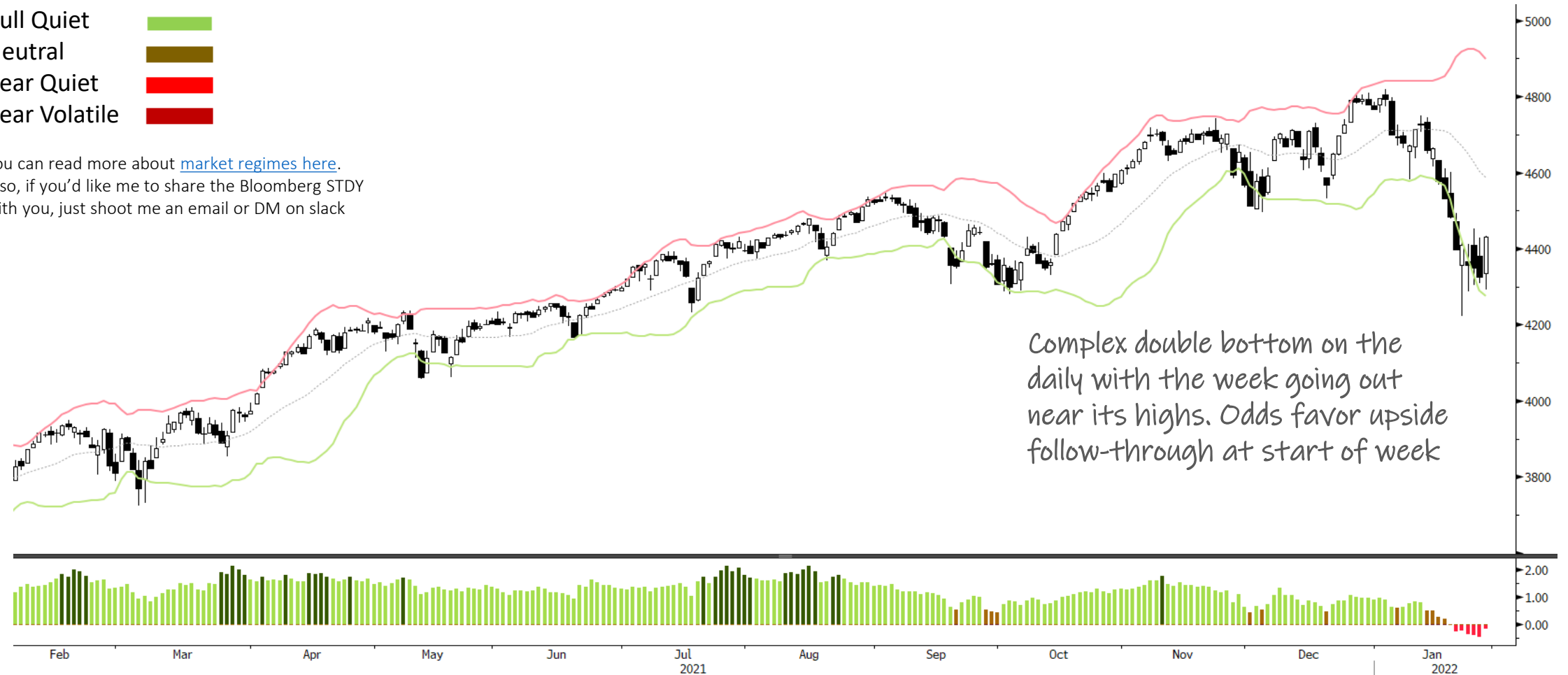


S&P 500 Daily

SQN Market Regime

- Bull Volatile 
- Bull Quiet 
- Neutral 
- Bear Quiet 
- Bear Volatile 

You can read more about [market regimes here](#).
Also, if you'd like me to share the Bloomberg STDY with you, just shoot me an email or DM on slack

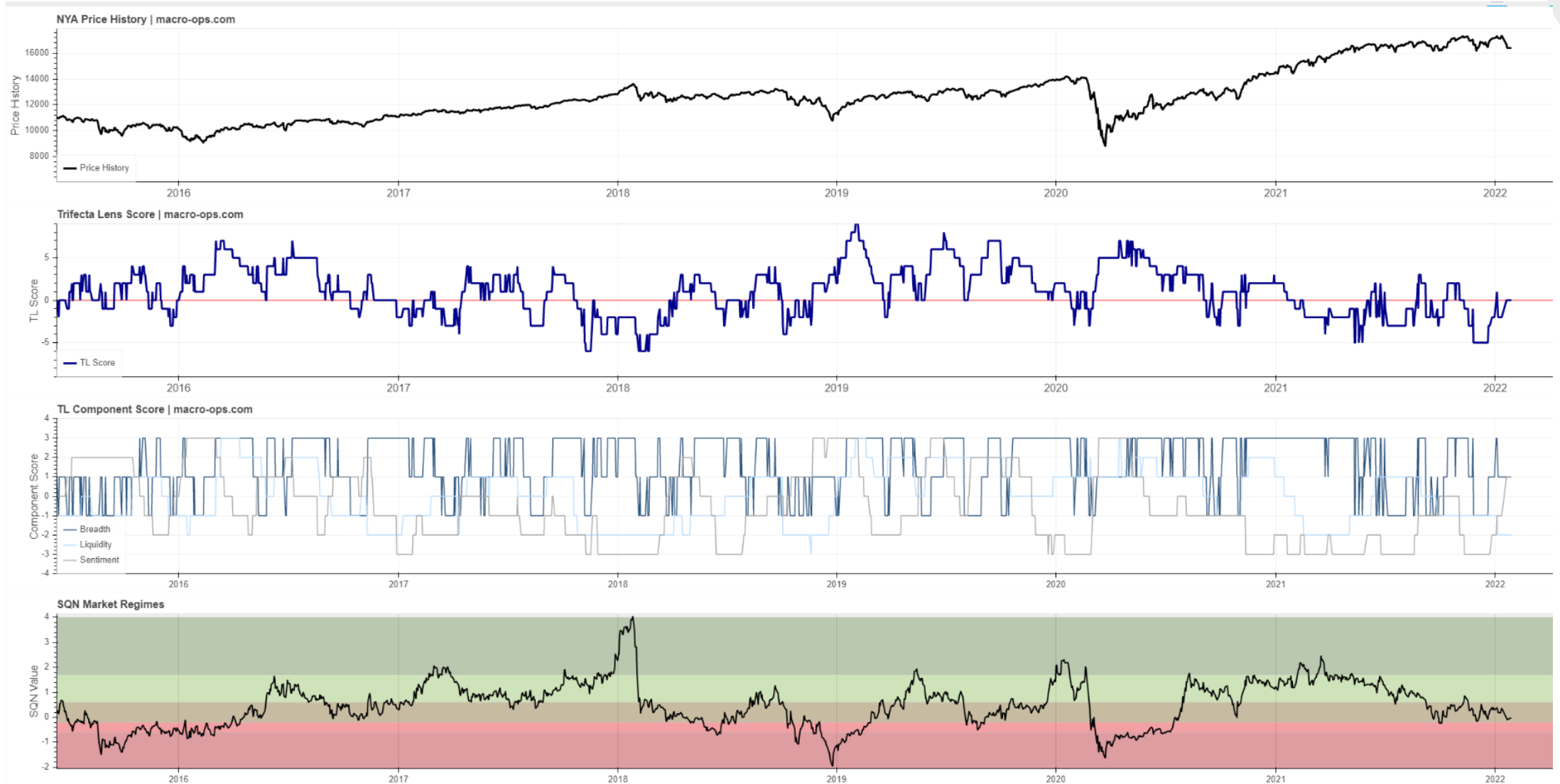


SPX Index (S&P 500 INDEX) SPX CHART-DAILY Daily 02FEB2021-30JAN2022

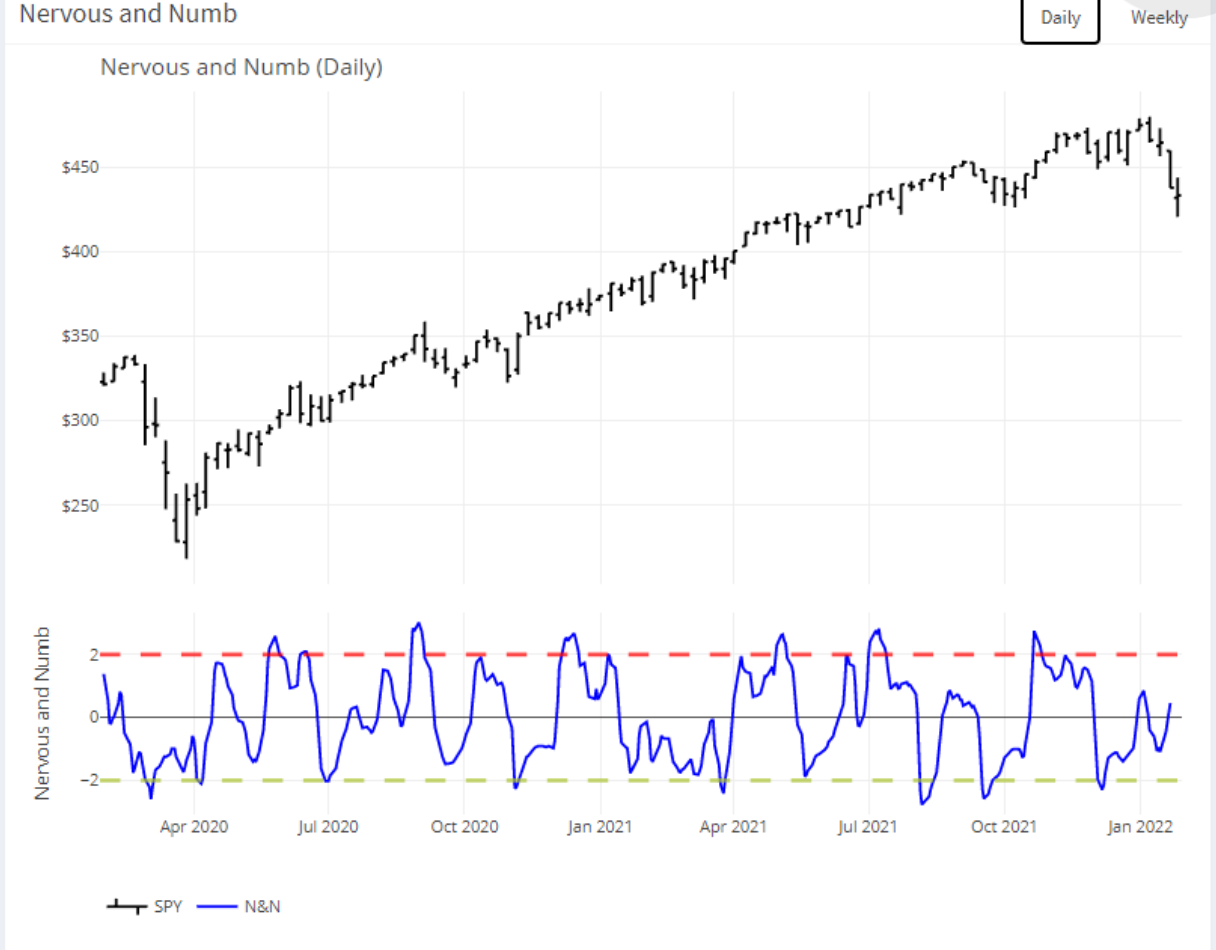
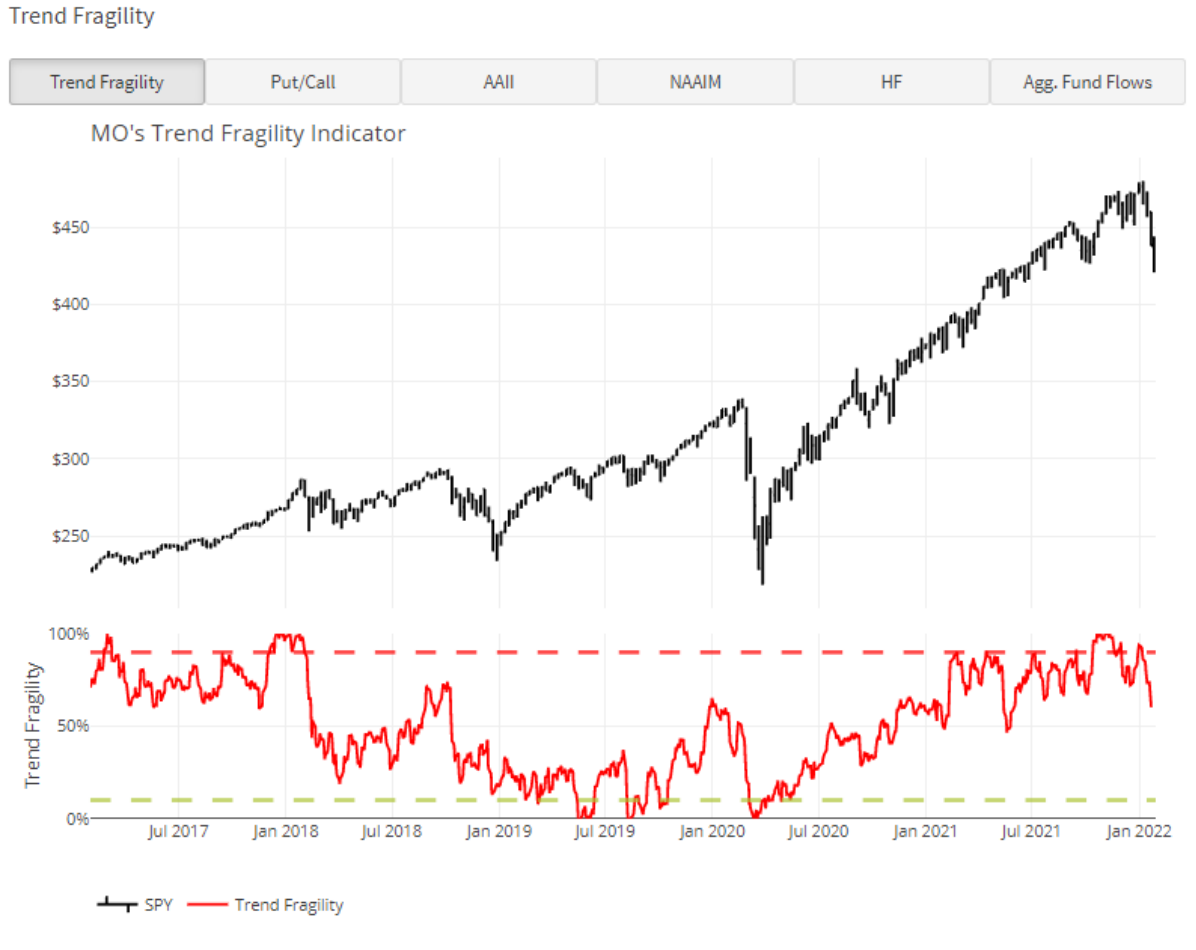
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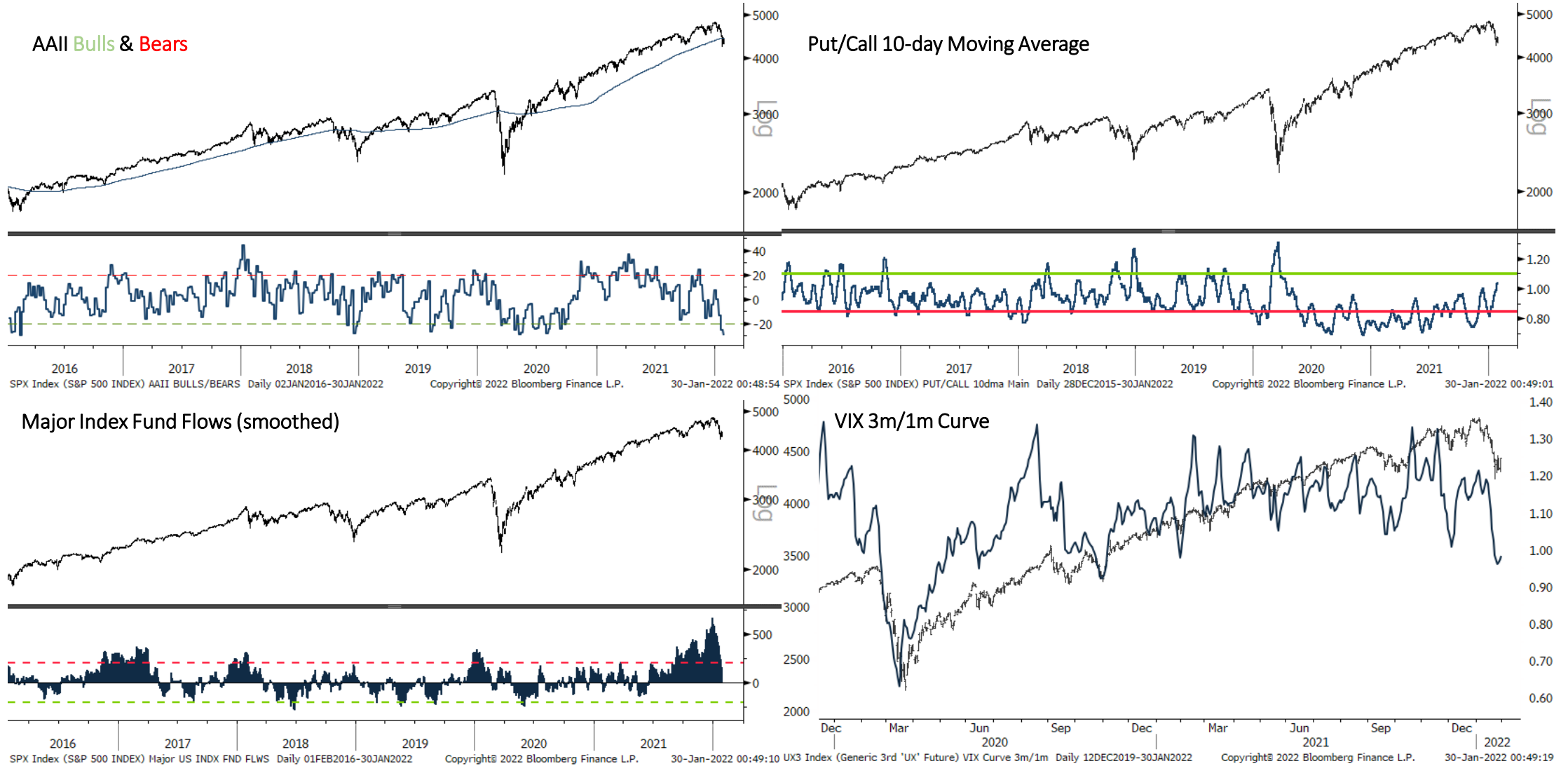
Trifecta Lens Score: 0 (You can read more about our [Trifecta Lens here](#) and link to the [Dashboard here](#))



Trend Fragility and N&N: High fragility & Neutral Investors (see appendix at bottom for more info)



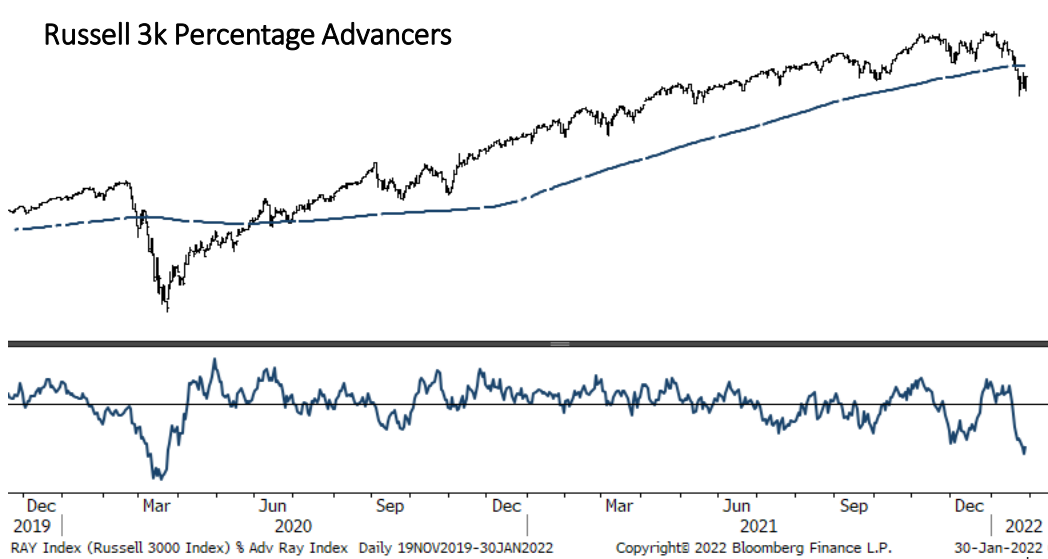
Sentiment & Positioning



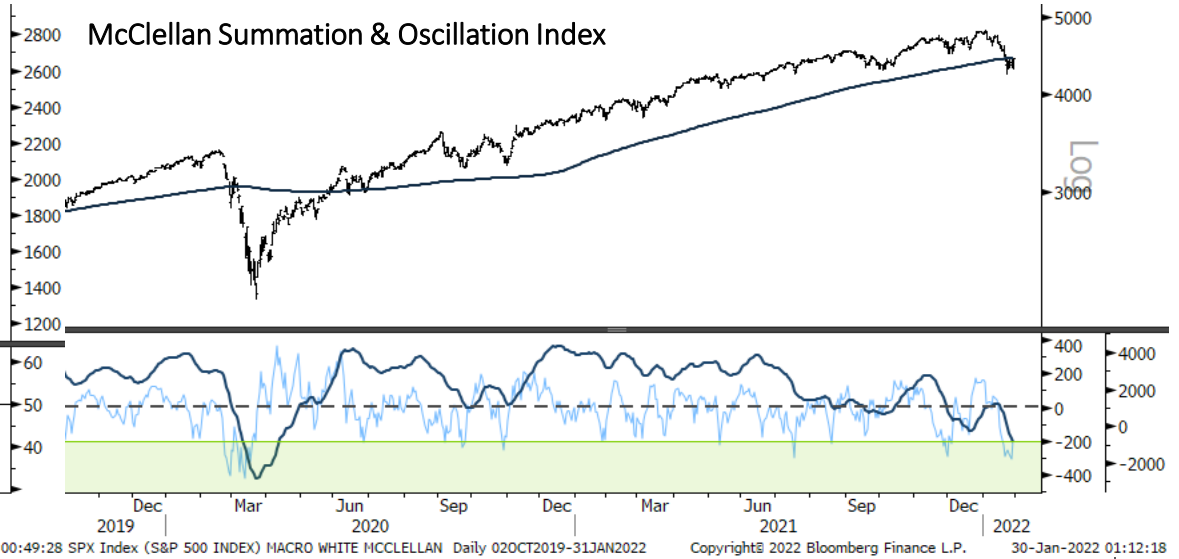
Breadth



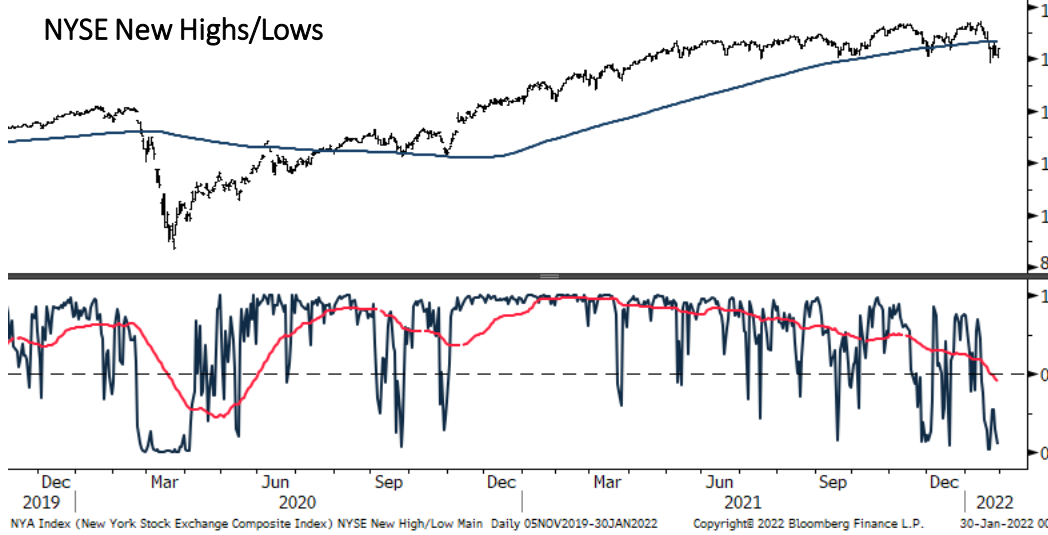
Russell 3k Percentage Advancers



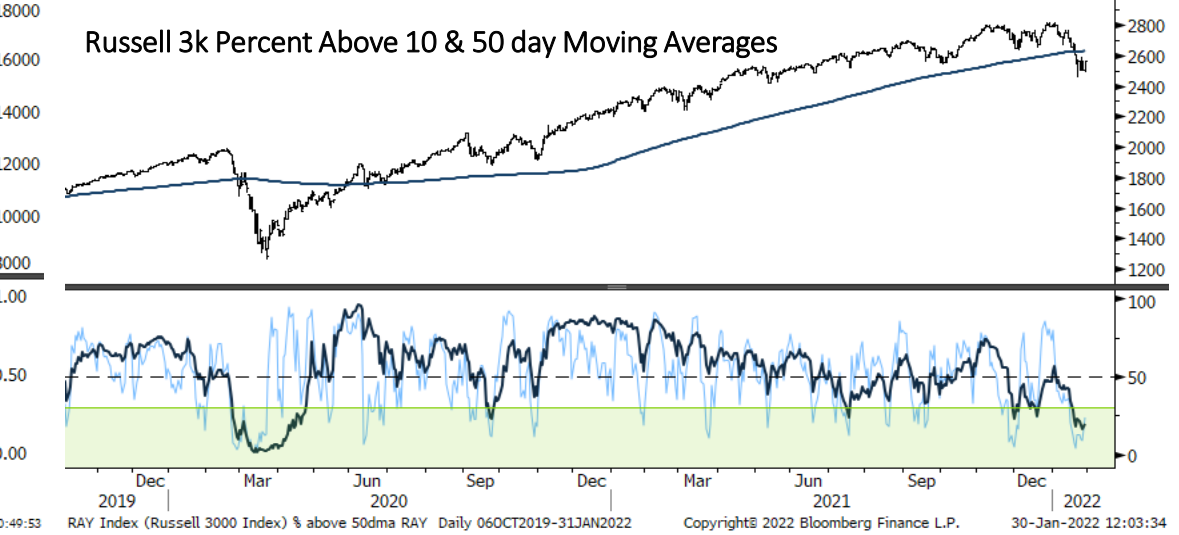
McClellan Summation & Oscillation Index



NYSE New High/Lows



Russell 3k Percent Above 10 & 50 day Moving Averages



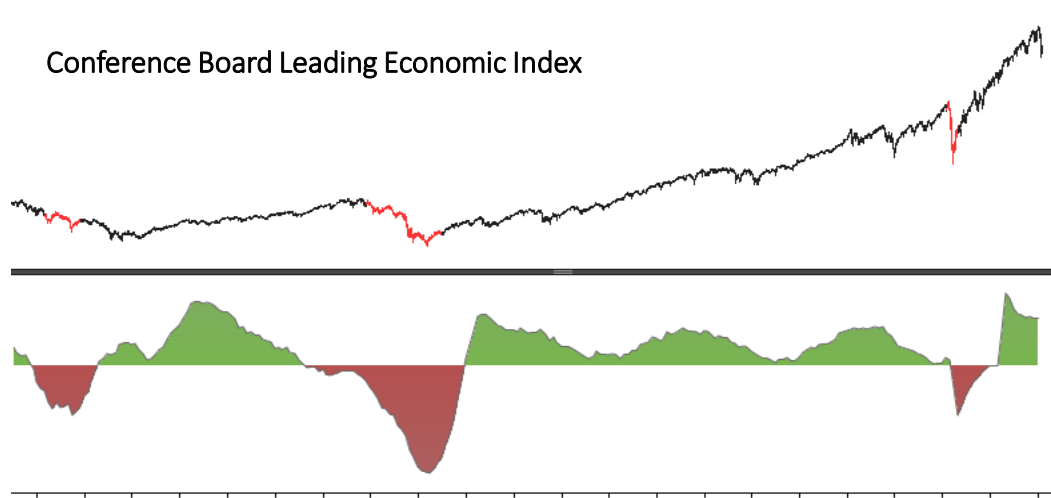
Liquidity



Macro

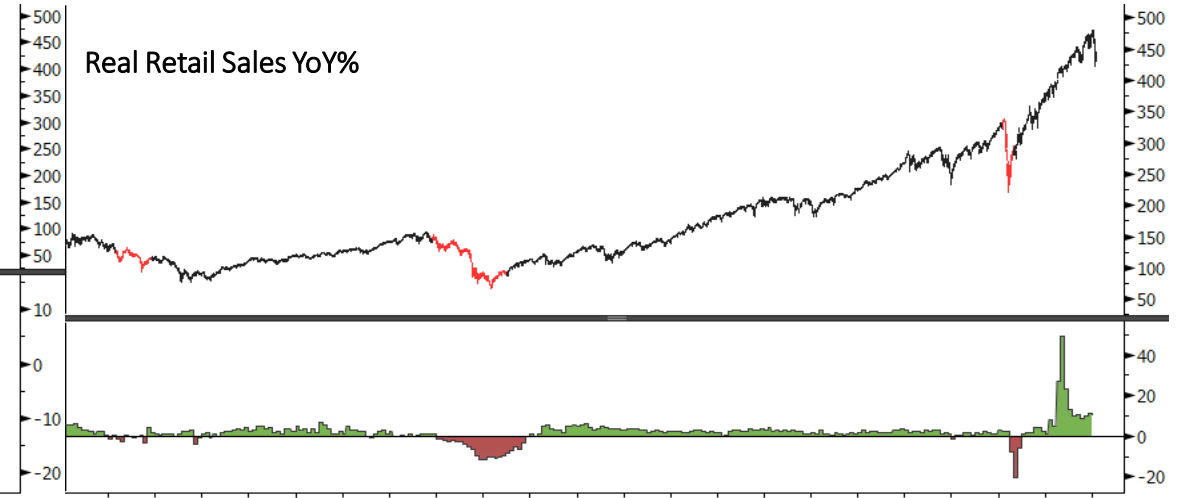


Conference Board Leading Economic Index



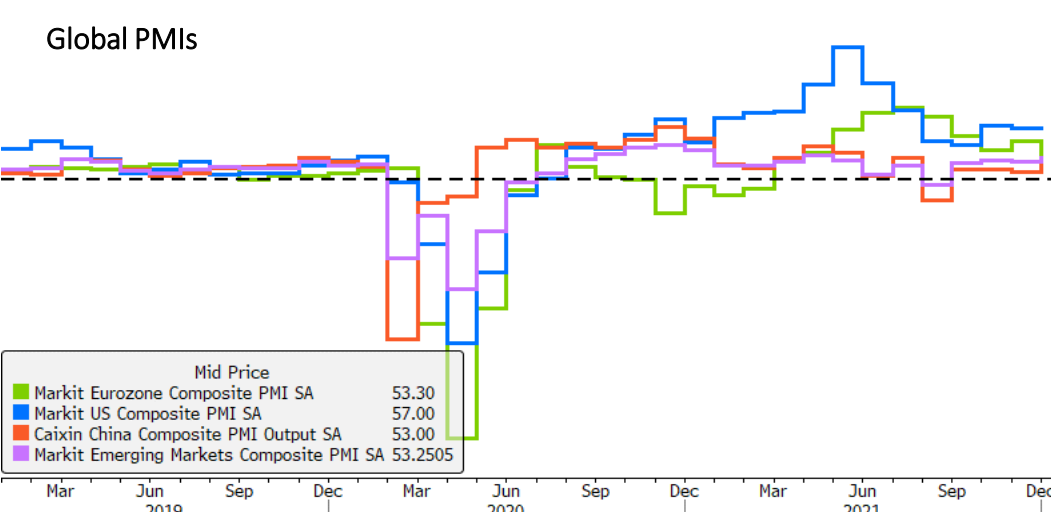
SPY US Equity (SPDR S&P 500 ETF Trust) MACRO LEI Daily 15JUN2000-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:50:39

Real Retail Sales YoY%



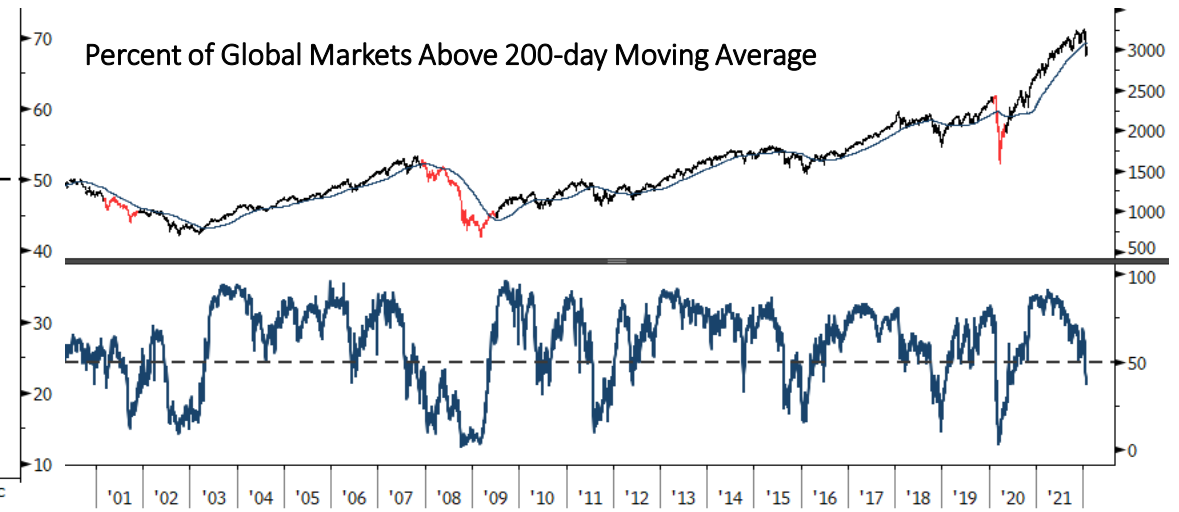
SPY US Equity (SPDR S&P 500 ETF Trust) Macro Real Retail Sales Daily 31JAN2000-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:48:23

Global PMIs



MPMIEZCA Index (Markit Eurozone Composite PMI SA) Global PMIs Monthly 31MAY2015-10JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:48:32

Percent of Global Markets Above 200-day Moving Average



MXWO Index (MSCI World Index) MSCI World PCT 200dma Daily 08MAY2000-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 01:04:30

Bonds: 10-year Futures Monthly



Bonds: 10-year Futures Weekly

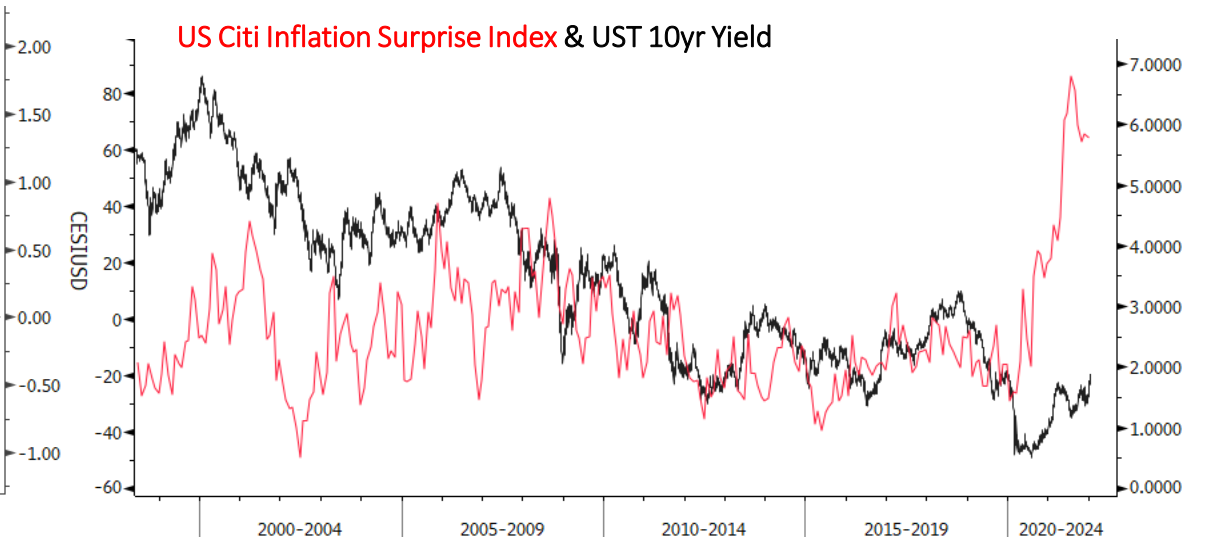


Bonds: 10-year Futures Daily





Bond/Yield Indicators

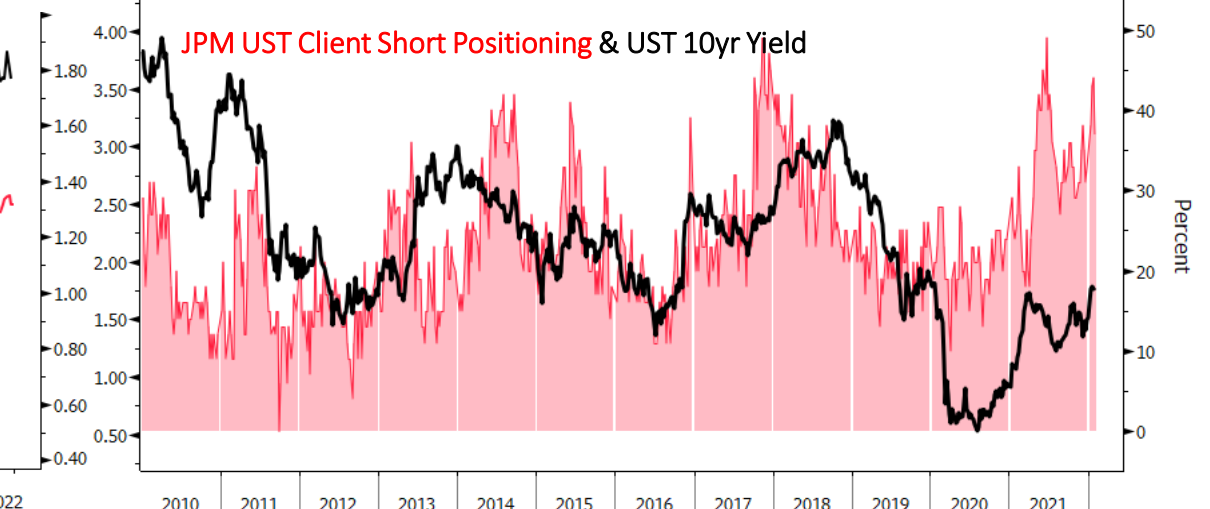
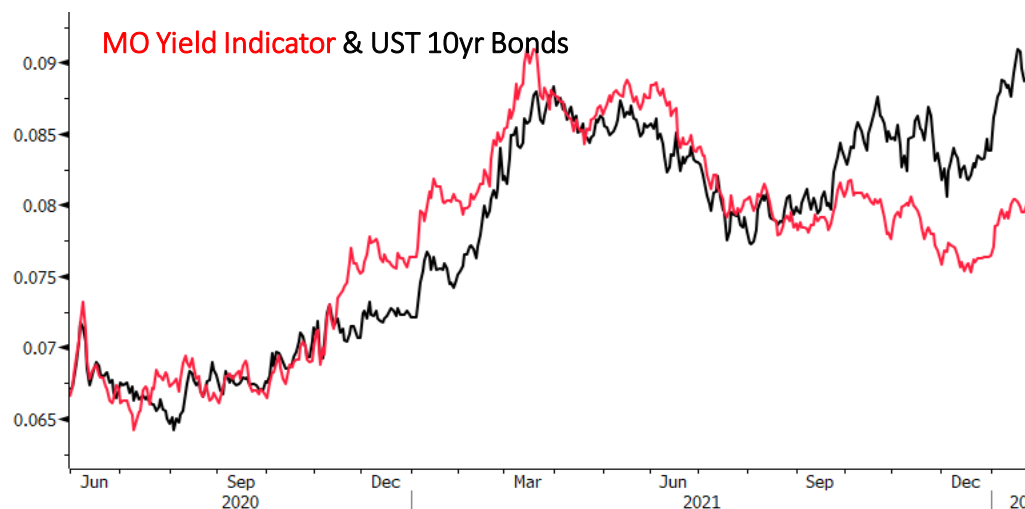


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30-Jan-2022 00:49:21 USGG10YR Index (US Generic Govt 10 Yr) US CESI Inf 10yr yield Daily 02JUN1998-18JAN2022

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GSTHUSTY Index (Interest Rate Sensitive) rate sensitive vs yield Daily 29MAY2020-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:49:48

TINSALLO Index (U.S. JP Morgan Treasury Investor Sentiment All Client Short) JPM Short Bond srvy Weekly 01JAN2010-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:49:31

Gold Monthly



Gold Weekly



Gold Daily



G1C Comdty (Generic 1st 'GC' Future) GOLD - DAILY Daily 02JUL2021-30JAN2022

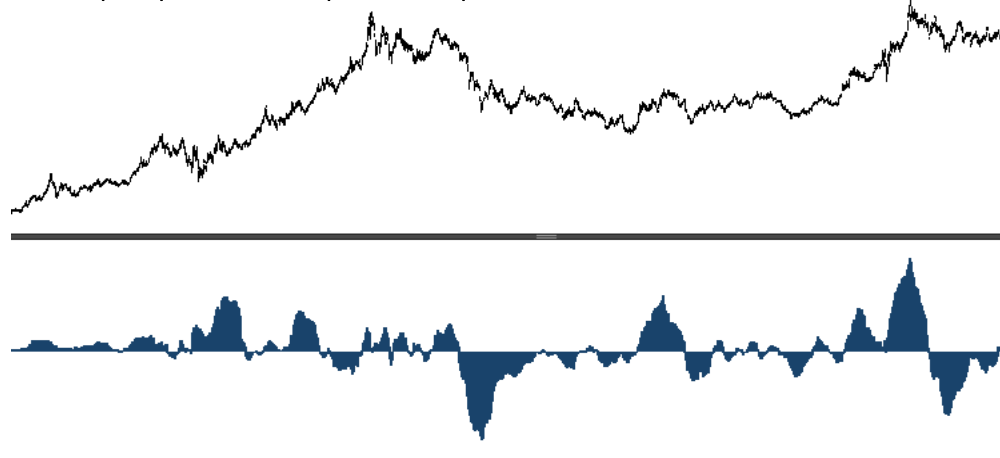
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Gold Indicators

Gold (GLD) Fund Flows (smoothed)



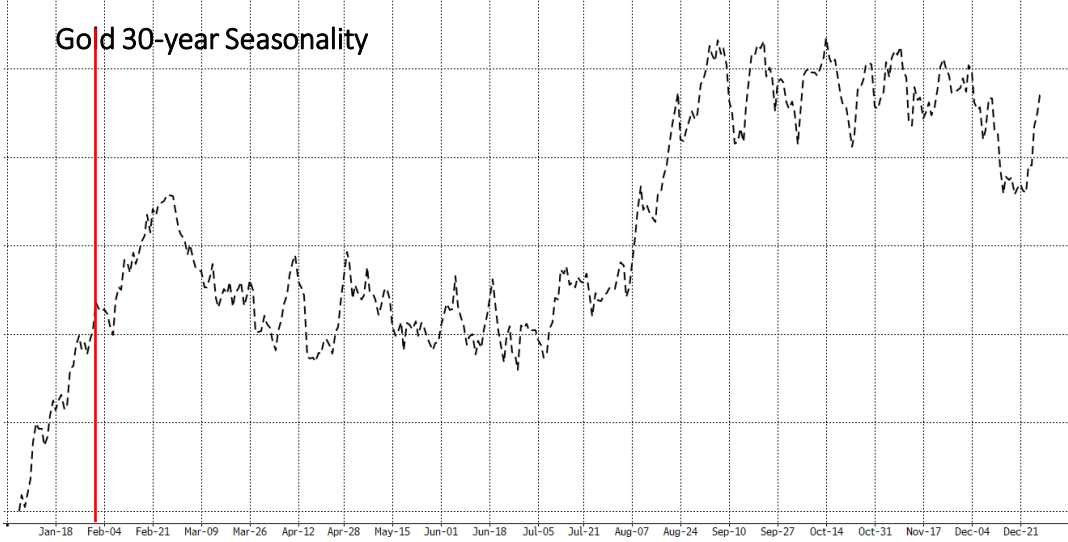
GLD US Equity (SPDR Gold Shares) Gold (GLD) Fund Flows z Daily 08SEP2005-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:50:44

Gold Net Call-Put OI



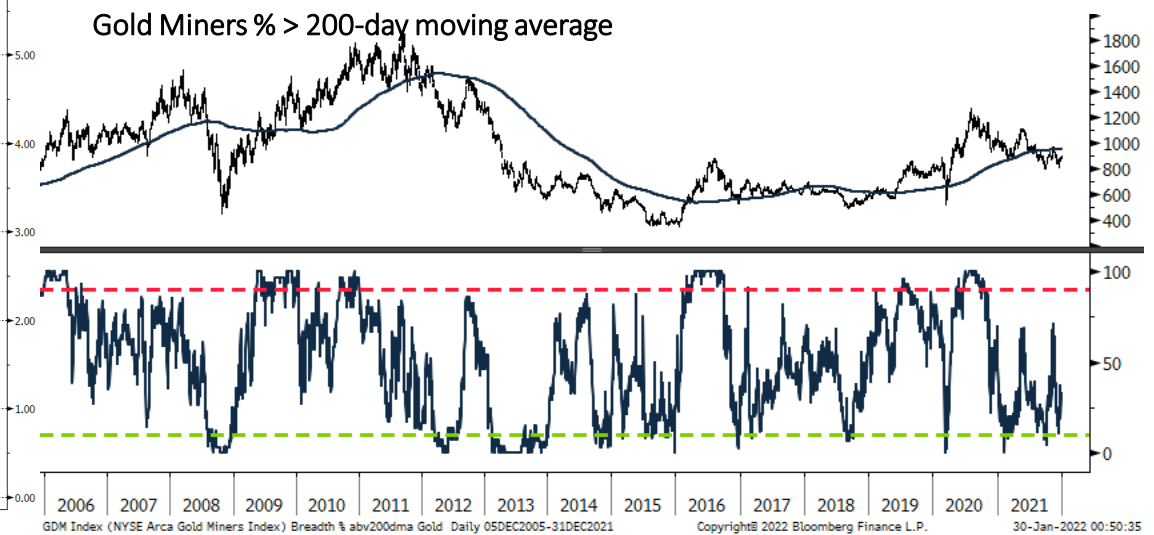
GLD US Equity (SPDR Gold Shares) Call/Put Open Intrst GLD Daily 29MAY2010-30JAN2022 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:50:26

Gold 30-year Seasonality



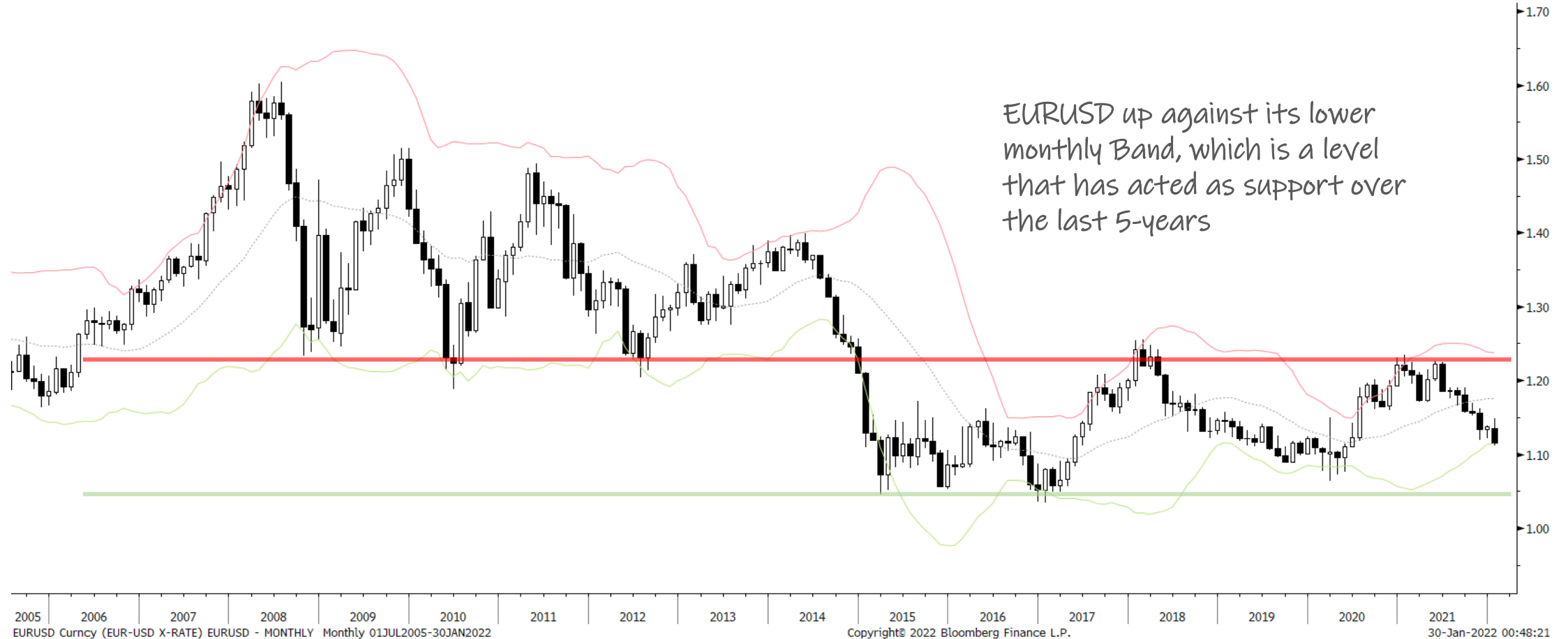
Jan-18 Feb-04 Feb-21 Mar-09 Mar-26 Apr-12 Apr-28 May-15 Jun-01 Jun-18 Jul-05 Jul-21 Aug-07 Aug-24 Sep-10 Sep-27 Oct-14 Oct-31 Nov-17 Dec-04 Dec-21

Gold Miners % > 200-day moving average



GDM Index (NYSE Arca Gold Miners Index) Breadth % abv200dma Gold Daily 05DEC2005-31DEC2021 Copyright© 2022 Bloomberg Finance L.P. 30-Jan-2022 00:50:35

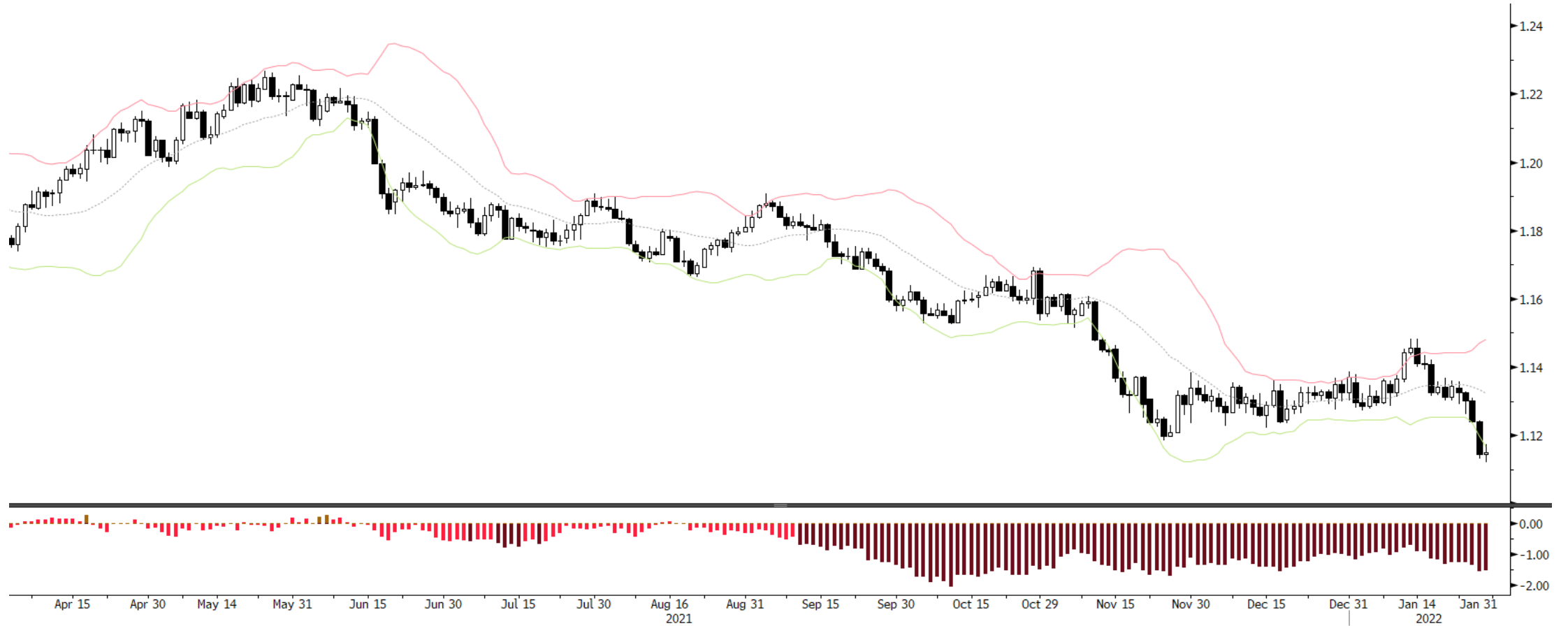
EURUSD Monthly



EURUSD Weekly



EURUSD Daily



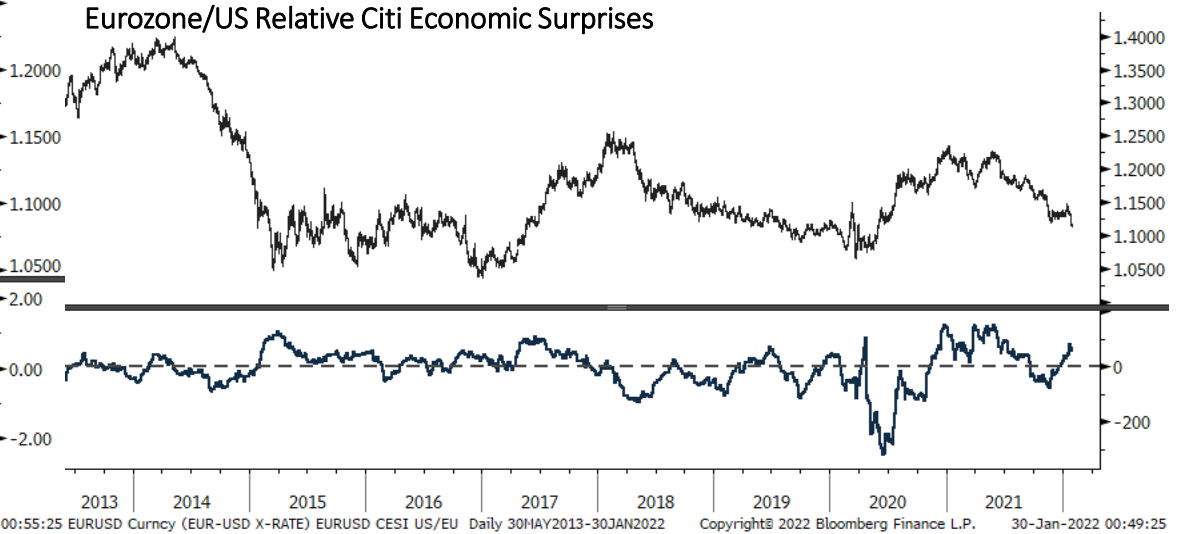
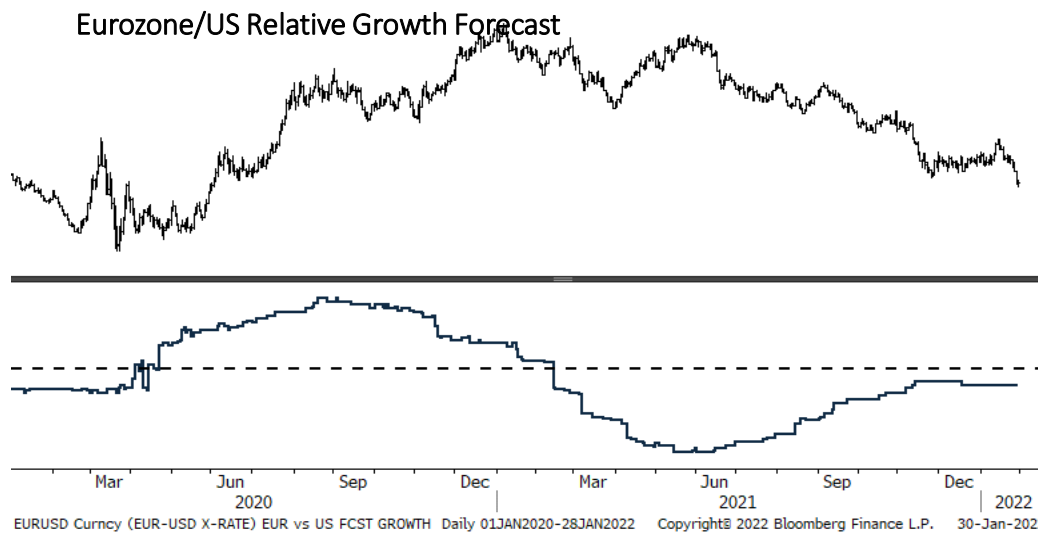
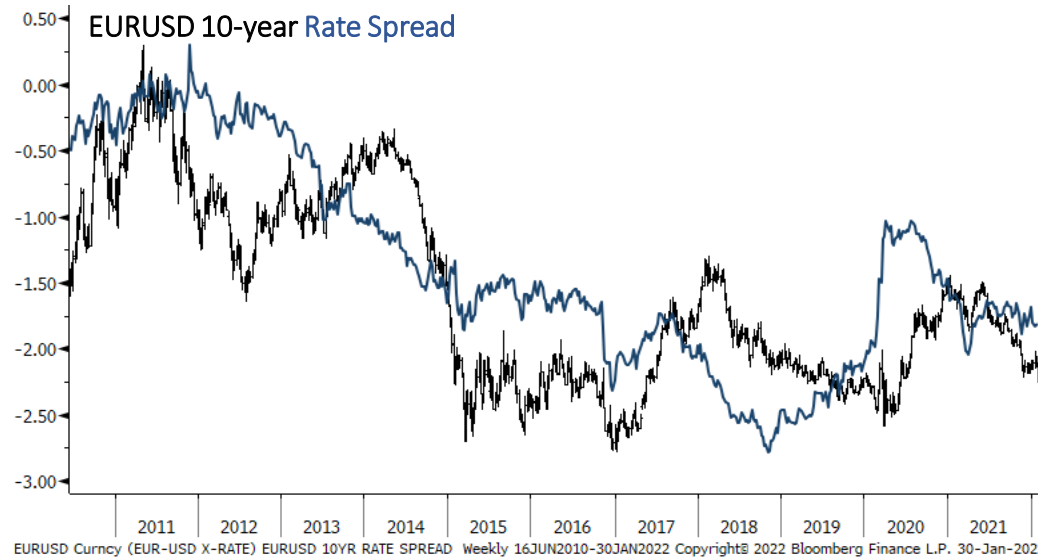
EURUSD Cuncy (EUR-USD X-RATE) EURUSD - DAILY Daily 02APR2021-30JAN2022

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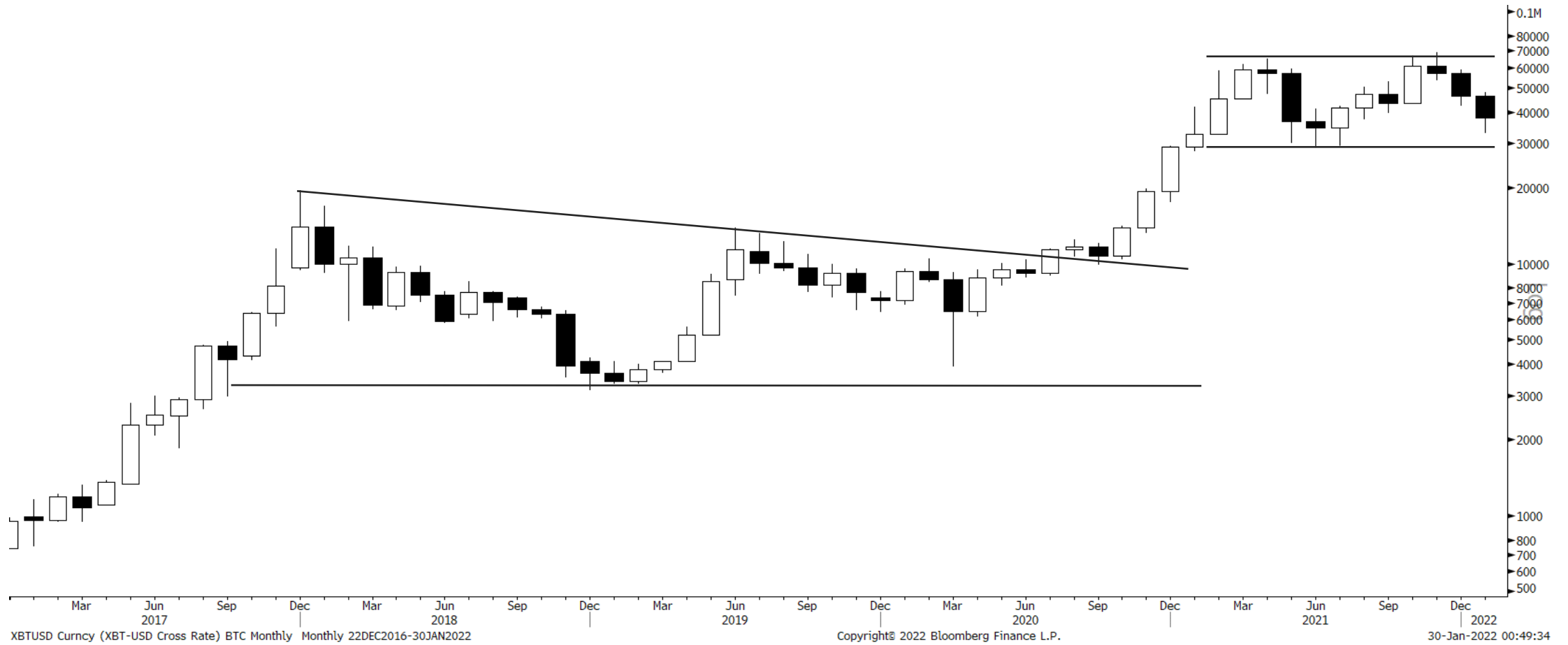
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EURUSD Indicators



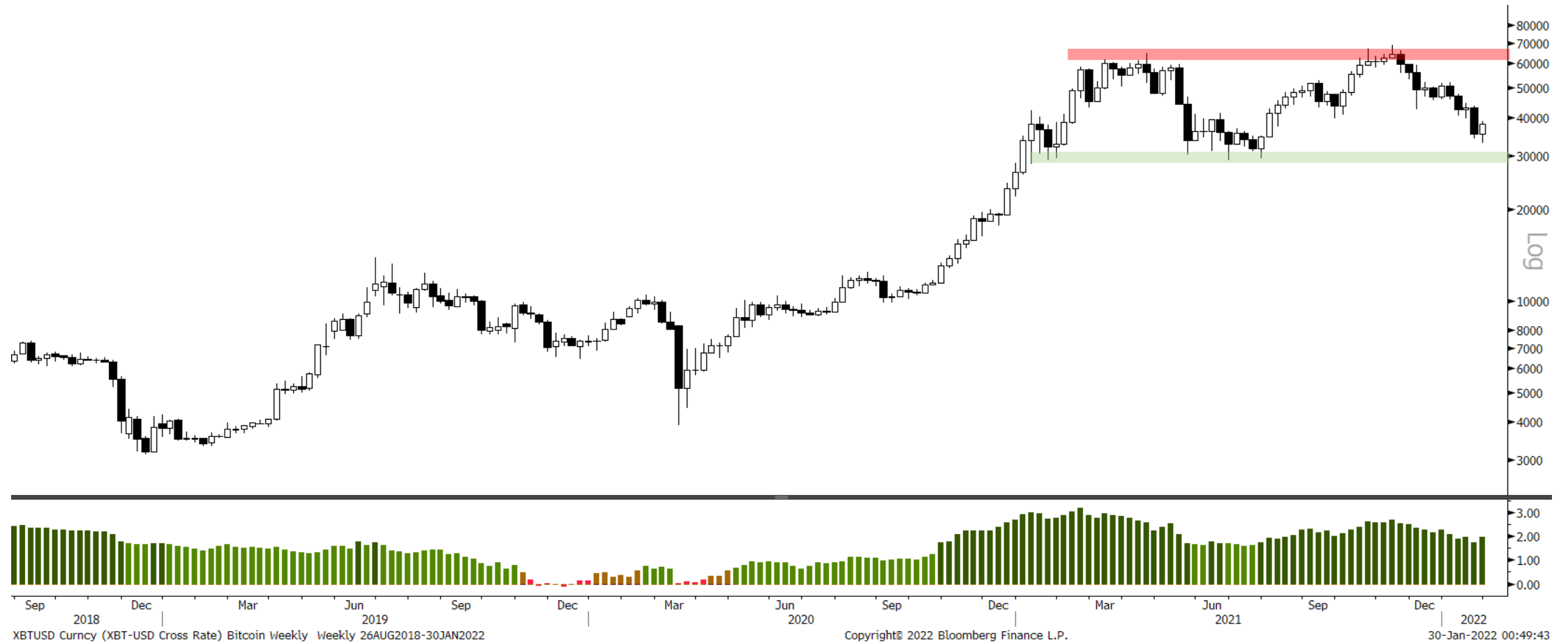
Bitcoin Monthly



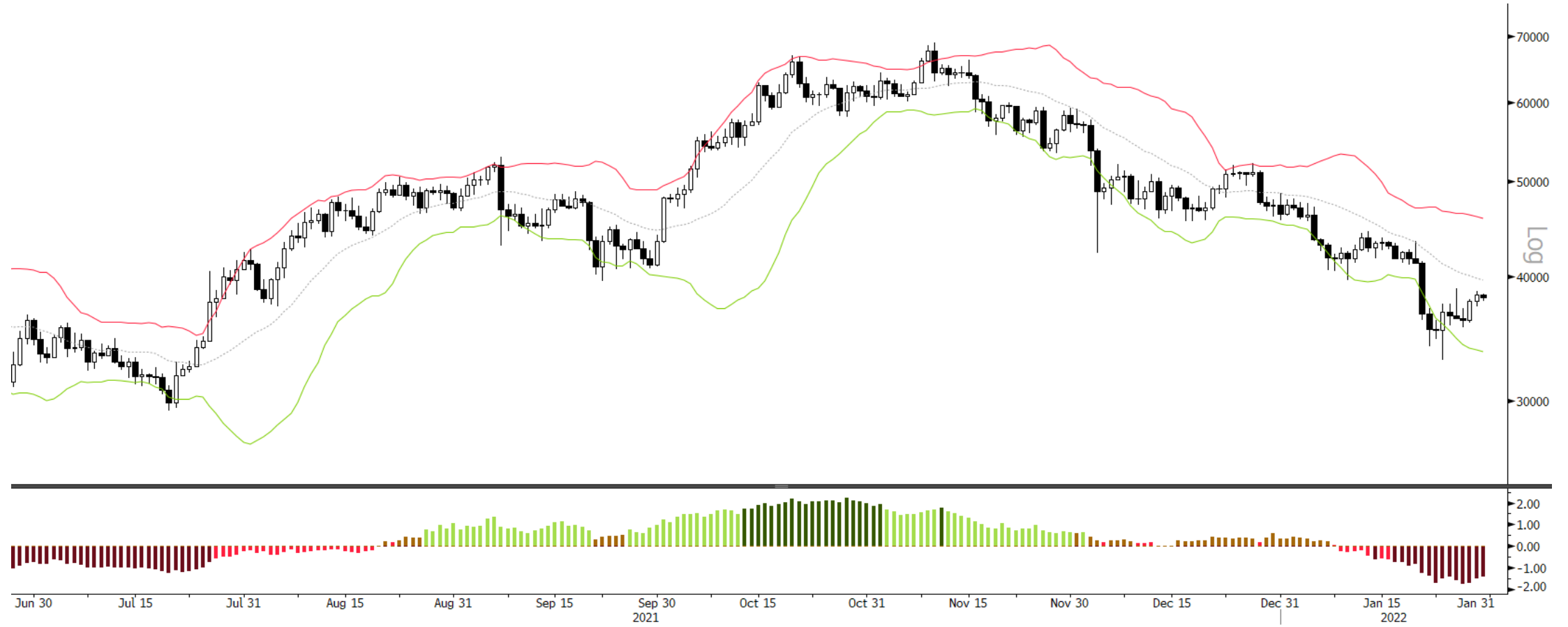
Bitcoin Weekly



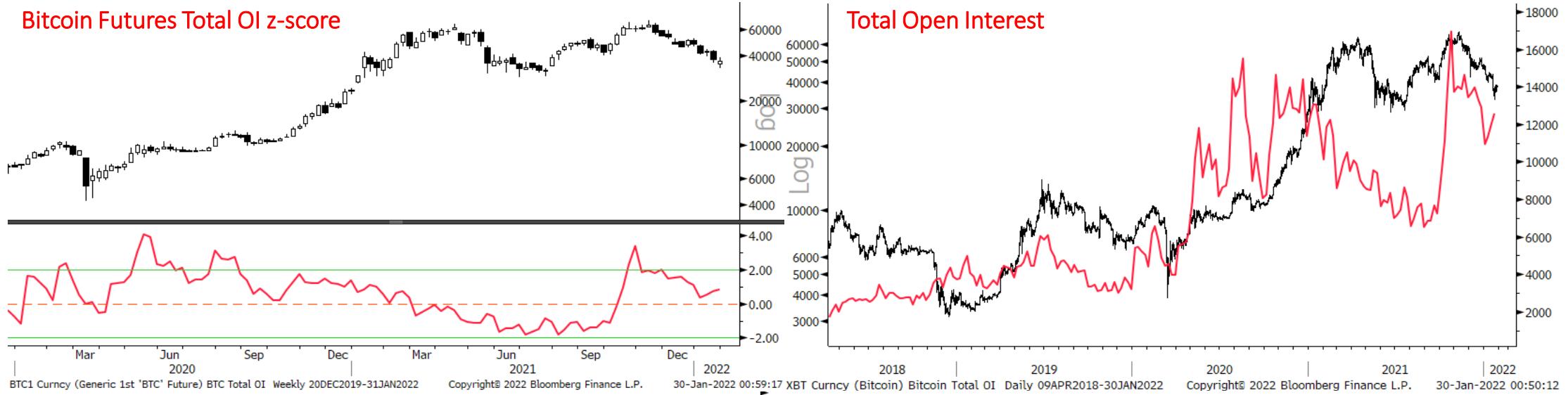
The low end of BTC's range is acting as an attractor (green line)



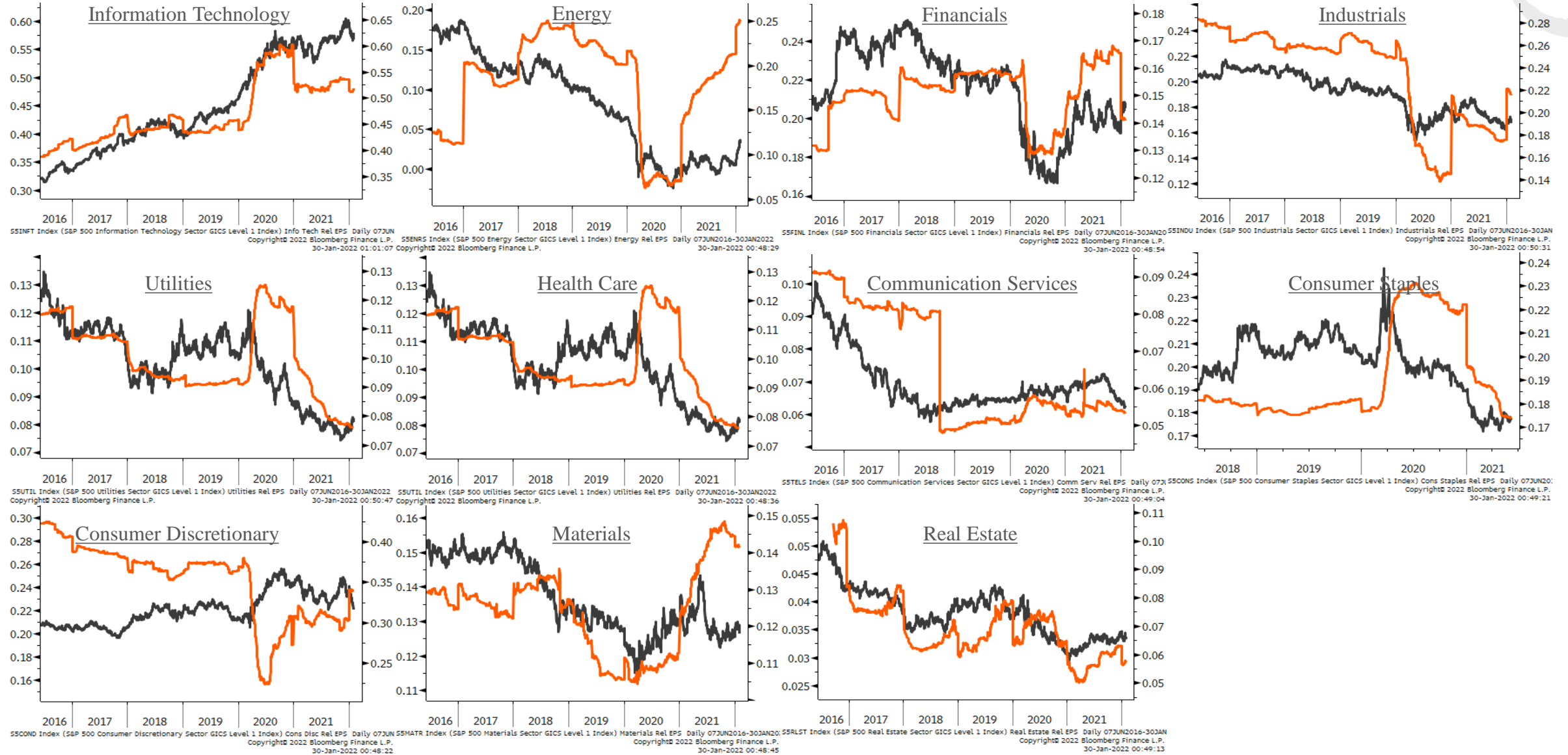
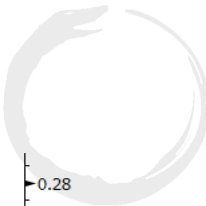
Bitcoin Daily



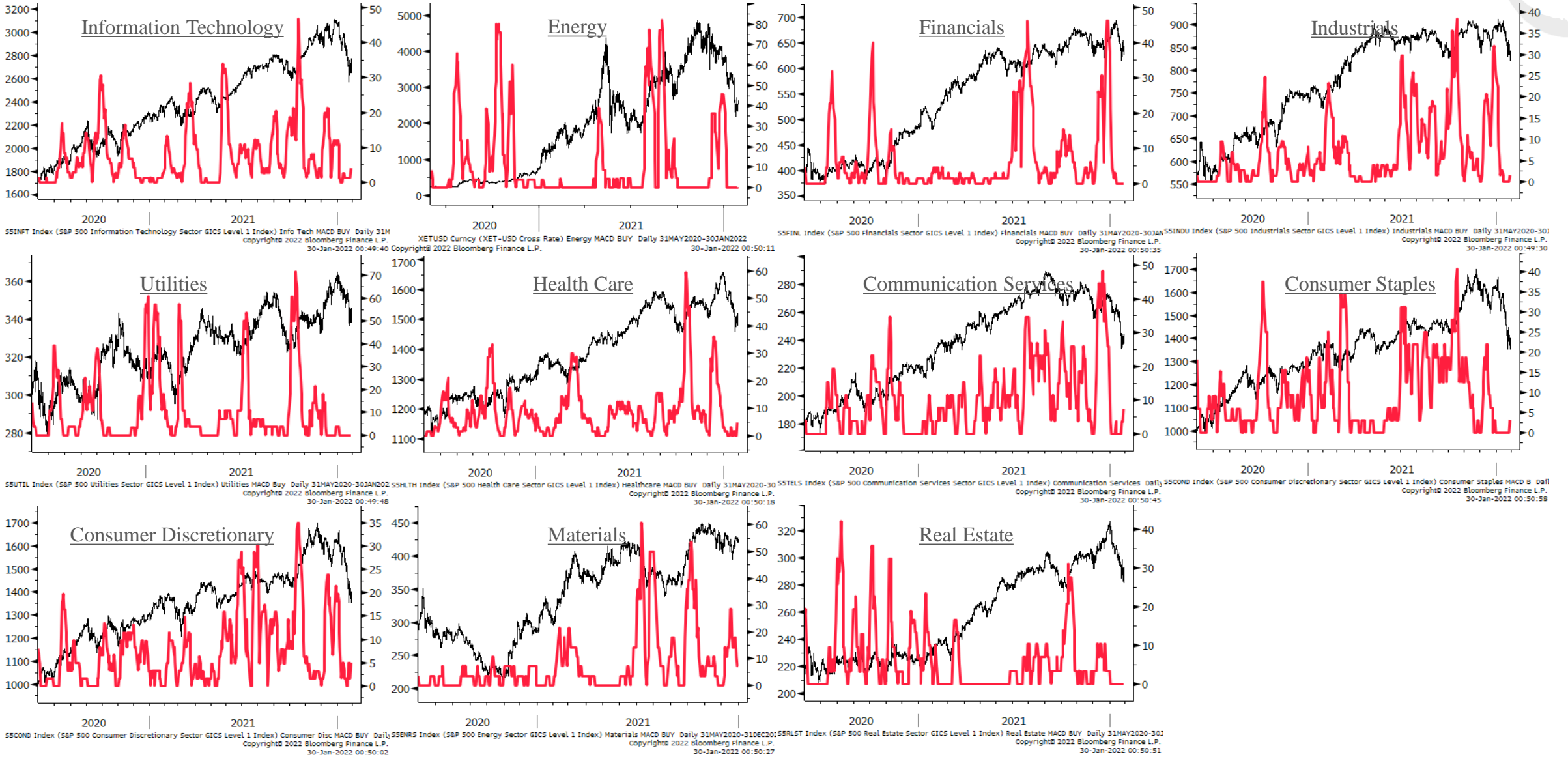
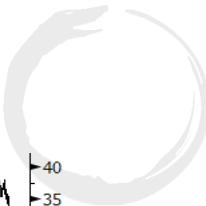
Bitcoin Indicators



Sector Relative to SPX Price & Forward EPS Performance (Price in Grey, F/EPS in Orange)



Sector % MACD Buy Signals



The Macro Ops Portfolio

PDF: <https://tinyurl.com/mo-portfolio>

2022 YTD Return -2.24%
 2021 Final Return 6.39%
 2020 Final Return 66.40%

Futures, Bonds & FX

	<u>Ticker</u>	<u>Contracts</u>	<u>Capital</u>	<u>Notional</u>	<u>Actual Risk</u>	<u>Cost Basis</u>	<u>Current Price</u>	<u>Stop-Loss</u>	<u>Current P&L</u>	<u>Total Notional</u>	<u>Total Risk</u>
Corn Futures	ZCH2022	7	\$222,600.00	15.07%	0.49%	\$6.04	\$6.36	\$5.84	5.26%	23.86%	0.55%
Corn Futures (Second Leg)	ZCH2022	3	\$95,400.00	6.46%	0.18%	\$6.27	\$6.36	\$6.09	1.37%		
Russell 2000	RTYH2022	-1	-\$97,950.00	-6.83%	-0.07%	\$2,072.00	\$1,959.00	\$2,051.00	5.45%		
Mini Soybean Futures	XKH2022	9	\$132,300.00	8.96%	-0.06%	\$13.71	\$14.70	\$13.80	7.24%		

Equities

Strategic

	<u>Ticker</u>	<u>Shares</u>	<u>Capital</u>	<u>Notional</u>	<u>Actual Risk</u>	<u>Cost Basis</u>	<u>Current Price</u>	<u>Stop-Loss</u>	<u>Current P&L</u>	<u>Total Notional</u>	<u>Total Risk</u>
Basic-Fit	BFIT	1,794	\$83,405.49	5.65%	0.55%	\$46.26	\$46.48	\$40.74	2.70%	16.46%	1.67%
Nintendo	NTDOY	733	\$44,787.74	3.03%	0.46%	\$62.17	\$61.11	\$53.00	-1.71%		
Desert Control	DSRT	15,705	\$59,207.52	4.01%	1.06%	\$4.11	\$3.77	\$3.11	-8.27%		
eDreams ODIGEO	EDR	3,292	\$28,838.35	1.95%	-0.06%	\$8.32	\$8.76	\$8.57	5.29%		
Bioceres Crop Solutions	BIOX	2,195	\$26,824.81	1.82%	-0.35%	\$9.67	\$12.22	\$12.00	26.37%		

Tactical

	<u>Ticker</u>	<u>Shares</u>	<u>Capital</u>	<u>Notional</u>	<u>Actual Risk</u>	<u>Cost Basis</u>	<u>Current Price</u>	<u>Stop-Loss</u>	<u>Current P&L</u>	<u>Total Notional</u>	<u>Total Risk</u>
Pantheon Resources	PANR	76,995	\$84,694.22	5.74%	0.78%	\$1.05	\$1.10	\$0.90	4.76%	29.08%	3.30%
Basic-Fit (Second Leg Tactical)	BFIT	1,473	\$68,478.05	4.64%	0.25%	\$46.47	\$46.48	\$43.01	2.22%		
Danaos Corporation	DAC	745	\$68,149.59	4.62%	0.50%	\$77.81	\$91.46	\$68.00	17.54%		
Sprott Uranium	U.UN	4,818	\$54,295.73	3.68%	0.52%	\$11.56	\$11.27	\$9.96	-2.51%		
Vista Oil & Gas	VIST	9,019	\$56,366.66	3.82%	0.52%	\$5.85	\$6.25	\$5.00	6.84%		
Alphamin Resources	AFM.TSX	58,715	\$48,145.91	3.26%	0.52%	\$0.76	\$0.82	\$0.63	7.89%		
Natural Resource Partners	NRP	1,375	\$49,254.86	3.34%	0.52%	\$36.43	\$35.82	\$32.80	-6.79%		
Alliance Resource LP (Second Leg)	ARLP	3,597	\$52,804.79	3.58%	0.24%	\$13.80	\$14.68	\$12.80	6.38%		
Alliance Resource LP	ARLP	3,442	\$50,529.57	3.42%	0.08%	\$11.83	\$14.68	\$11.50	24.09%		
Gamestop	GME	-155	-\$15,138.87	-1.03%	-0.04%	\$123.00	\$97.91	\$119.36	20.40%		
Ark Innovation ETF	ARKK	-347	-\$23,902.33	-1.62%	-0.26%	\$87.44	\$68.91	\$76.45	21.19%		
Bitcoin	BTCUSD	-1.68	-\$64,250.11	-4.35%	-0.32%	\$41,853.02	\$38,242.60	\$39,000.00	8.63%		

Options

	<u>Ticker</u>	<u>Contracts</u>	<u>Capital</u>	<u>Notional</u>	<u>Actual Risk</u>	<u>Cost Basis</u>	<u>Current (Mid) Price</u>	<u>Stop-Loss</u>	<u>Current P&L</u>	<u>Total Notional</u>	<u>Total Risk</u>
CRK JAN 2023 \$10 CALLS	CRK	171	\$20,947.50	1.42%	1.39%	\$120.00	\$122.50	\$0.00	2.08%	4.72%	9.45%
ENB Jan 2023 \$50 CALLS	ENB	389	\$12,642.50	0.86%	0.79%	\$30.00	\$32.50	\$0.00	8.33%		
MU Jan 2023 \$125 CALLS	MU	82	\$23,370.00	1.58%	2.63%	\$473.00	\$285.00	\$0.00	-39.75%		
MO JAN 2023 \$70 CALLS	MO	299	\$6,877.00	0.47%	1.86%	\$92.00	\$23.00	\$0.00	-75.00%		
EWJ JAN 2023 \$90 CALLS	EWJ	173	\$4,671.00	0.32%	1.43%	\$122.00	\$27.00	\$0.00	-77.87%		
BHP Jan 2023 \$115 CALLS	BHP	65	\$2,062.50	0.14%	1.42%	\$380.00	\$37.50	\$0.00	-90.13%		
SQ APR 2022 \$70 PUTS	SQ	-4	-\$868.00	-0.06%	-0.06%	\$220.00	\$217.00	\$0.00	1.38%		

Appendix

- Trifecta Lens & SQN Methodology & Case Study ([link here](#))
 - TL Score Theory ([link here](#))
 - TL & SQN Dashboard ([link here](#))
 - Trend Fragility Dashboard ([link here](#))
- Nervous & Numb Case Study (coming soon)
- Volatility & Failed Volatility Breakouts (VBO/FVBO) ([link here](#))
- Hierarchy of Technicals ([link here](#))
- Currency Framework ([link here](#))
- Precious Metals Framework ([link here](#))
- How to Read Market Sentiment ([link here](#))
- Equity Supply & Demand Equation ([link here](#))
- 50 Cent Conditional Tail Hedge Strategy ([link here](#))

