



Macro Ops

The Trifecta Report

The best trades are the ones in which you have all three things going for you: fundamentals, technical, and market tone. ~ Michael Marcus

Weekly Summary



S&P 500

- **Summary:** Yields broke out to new highs last week on the hotter than expected CPI print. As we recently noted, liquidity was already a big headwind for stocks which is why we were expecting a multi-week bounce, at best. That bounce though was predicated on yields settling down. This has not happened. One of the most valuable and underrated skills in this game, is knowing when to press your bets versus when to stand up from the poker table, grab a drink, and go watch a show. Now is the latter. We're holding roughly 70% cash with market risk netted out. We'll keep our focus on swing trades in the energy and FX space until it's time to sit back down and take a hand.

UST 10yr Bonds

- **Summary:** Bonds are in a parabolic sell climax. Parabolic sell climaxes tend to last longer than most expect. No trade here.

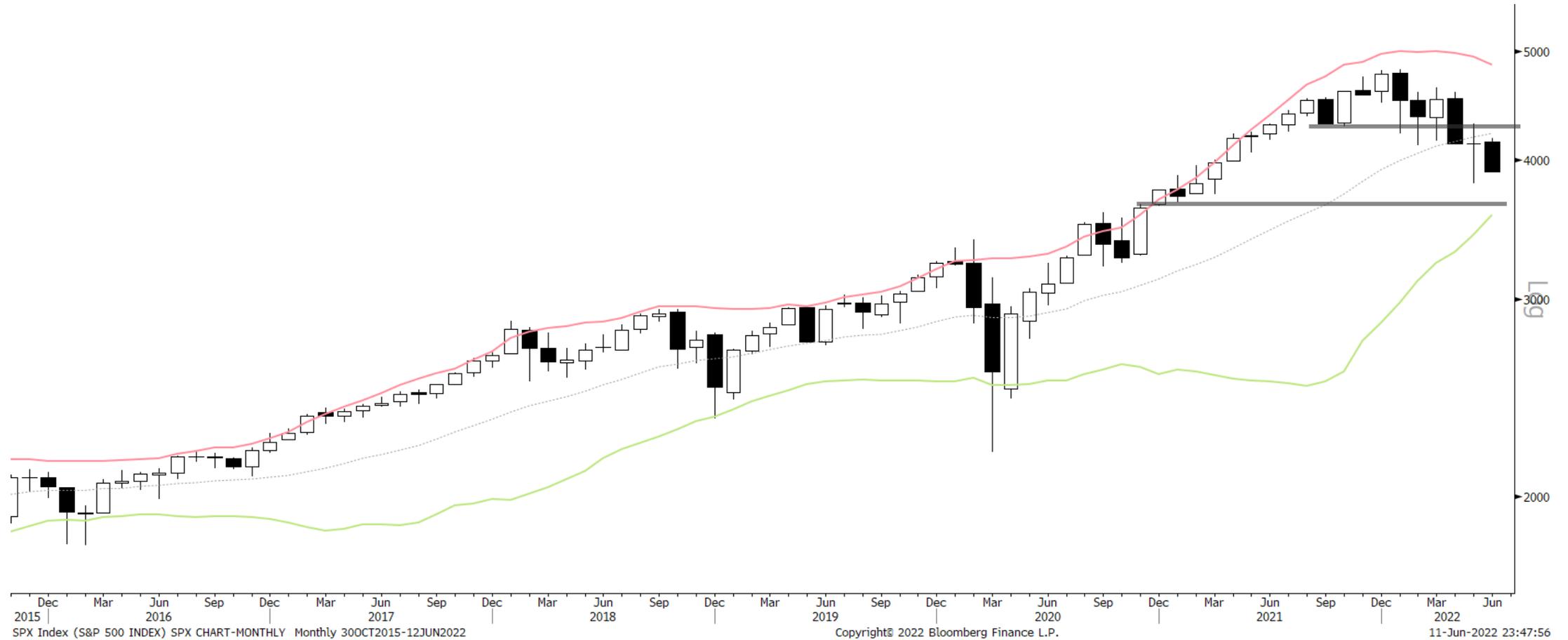
Gold

- **Summary:** Gold is in a larger range. Positioning and sentiment have been taken down. Seasonality is weak-to-neutral until mid-July when it turns more positive. It's in a broad sideways volatile range so the play is to buy bottoms and sell tops until there's a breakout.

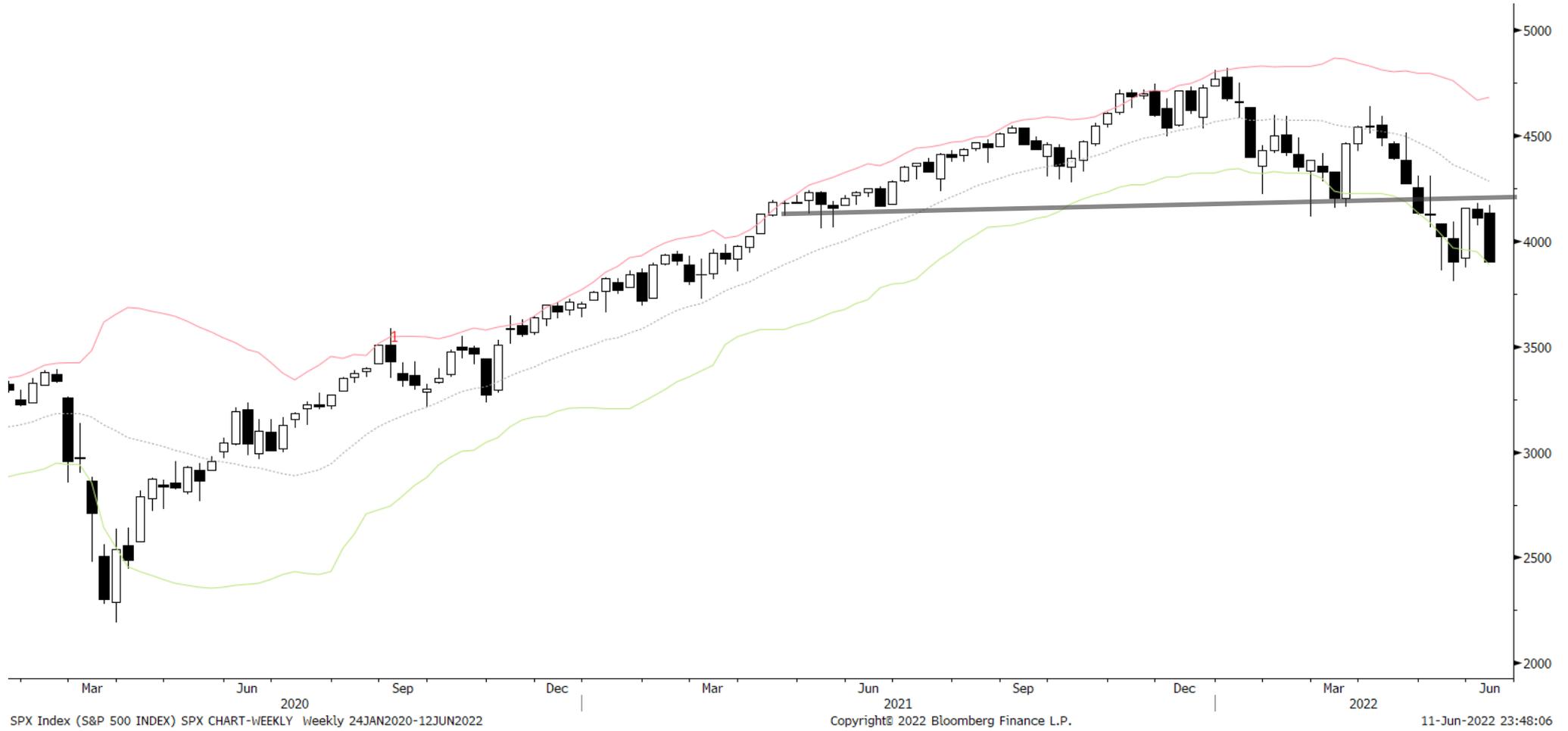
EURUSD

- **Summary:** Similar to rates, there's large dislocations going on in the big FX pairs. It's too volatile to step in, right now. But short EURJPY is looking interesting here (more on that this week).

S&P 500 Monthly



S&P 500 Weekly

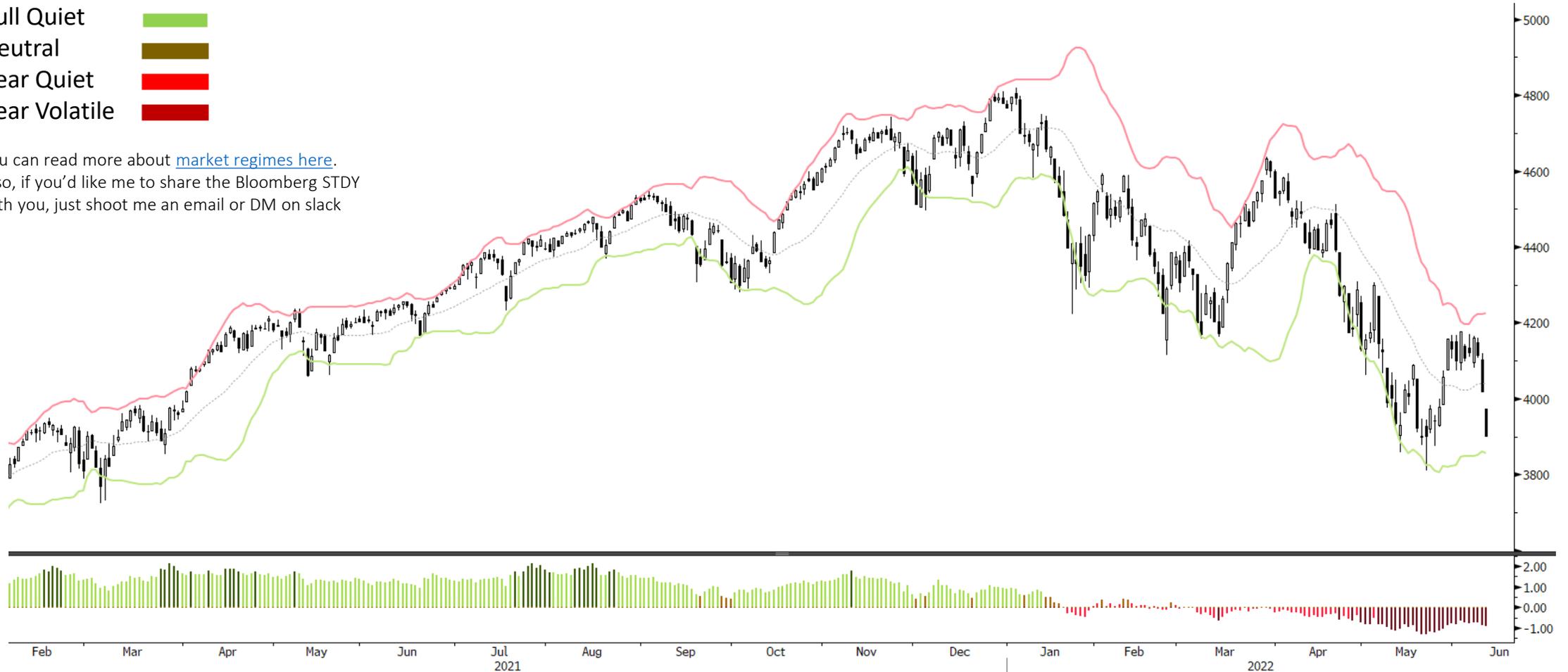


S&P 500 Daily

SQN Market Regime

- Bull Volatile 
- Bull Quiet 
- Neutral 
- Bear Quiet 
- Bear Volatile 

You can read more about [market regimes here](#).
Also, if you'd like me to share the Bloomberg STDY with you, just shoot me an email or DM on slack

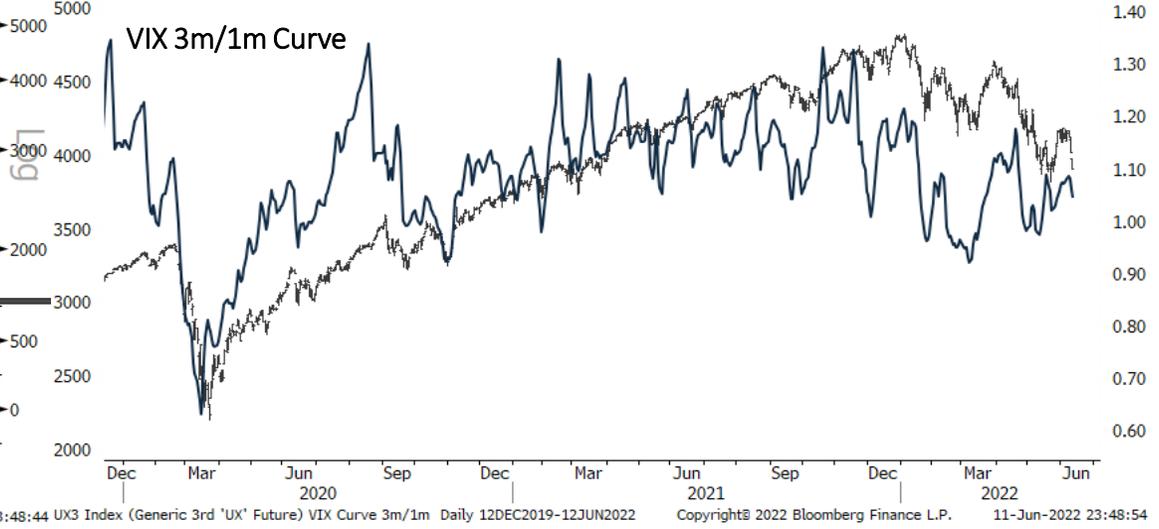
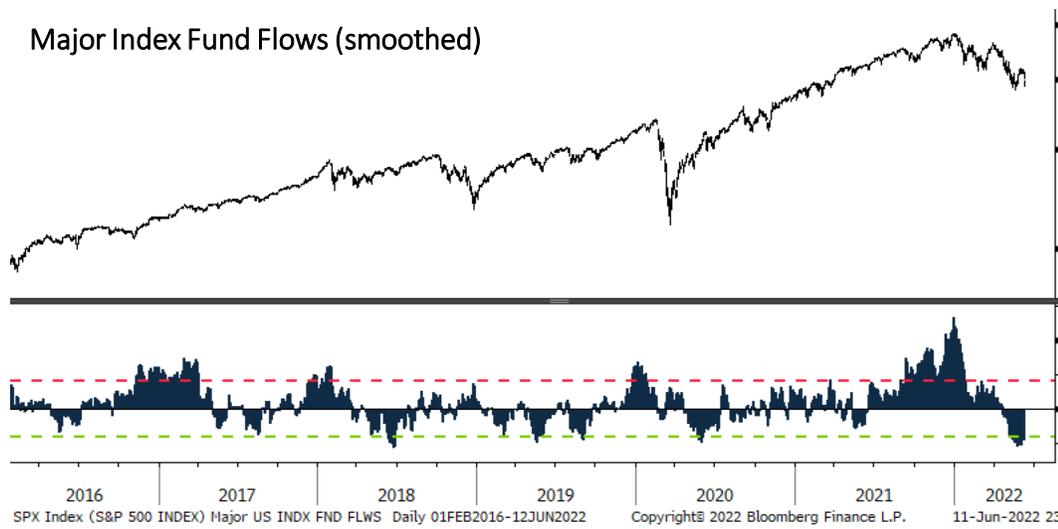


SPX Index (S&P 500 INDEX) SPX CHART-DAILY Daily 02FEB2021-12JUN2022

Copyright© 2022 Bloomberg Finance L.P.

11-Jun-2022 23:48:15

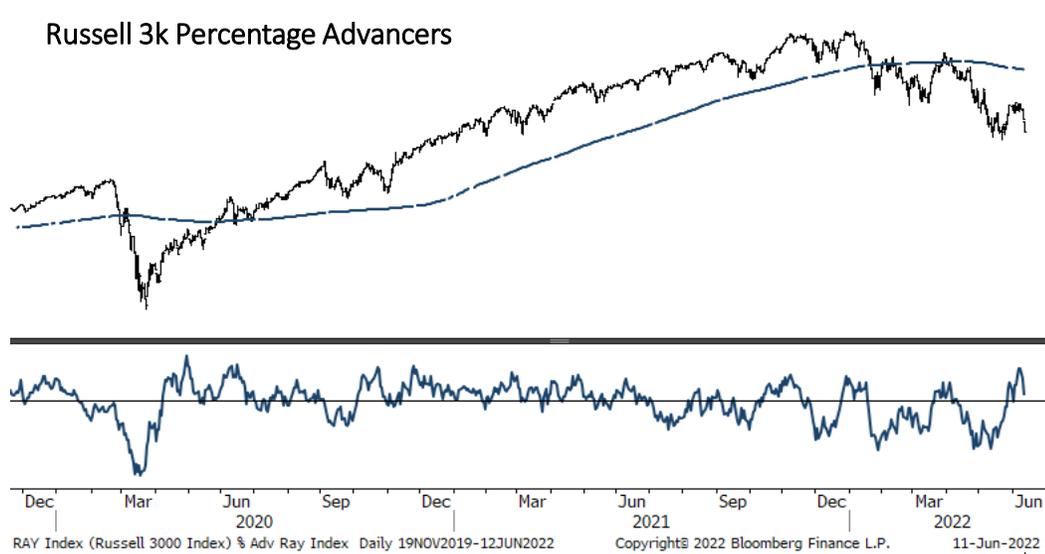
Sentiment & Positioning



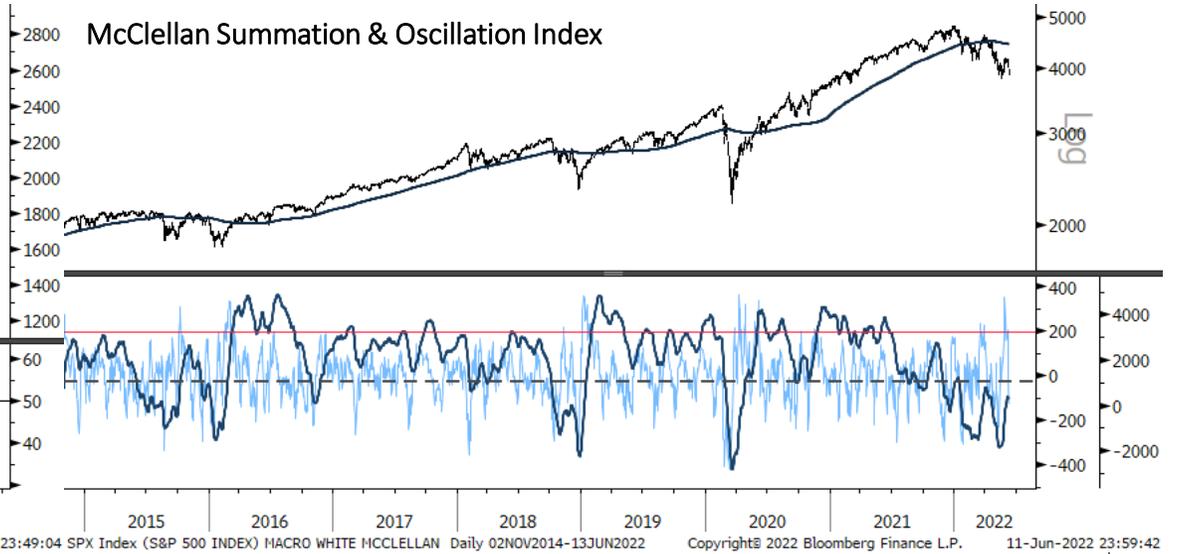
Breadth



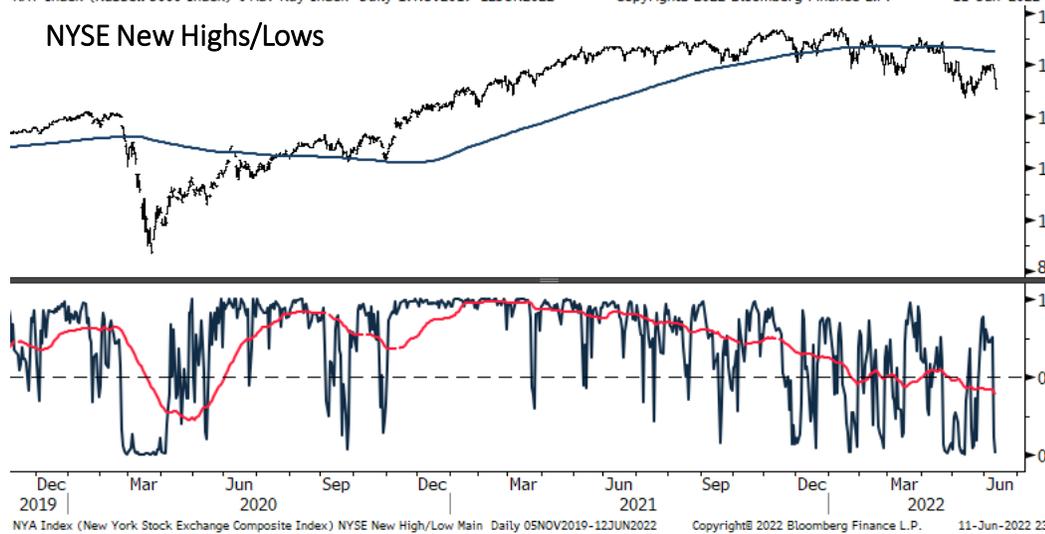
Russell 3k Percentage Advancers



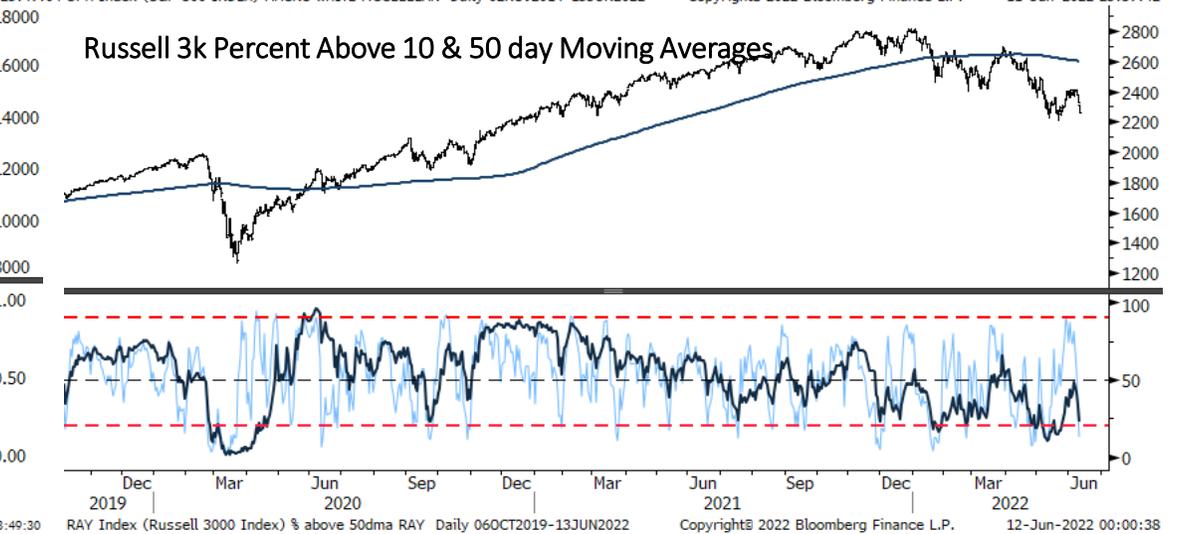
McClellan Summation & Oscillation Index



NYSE New High/Lows



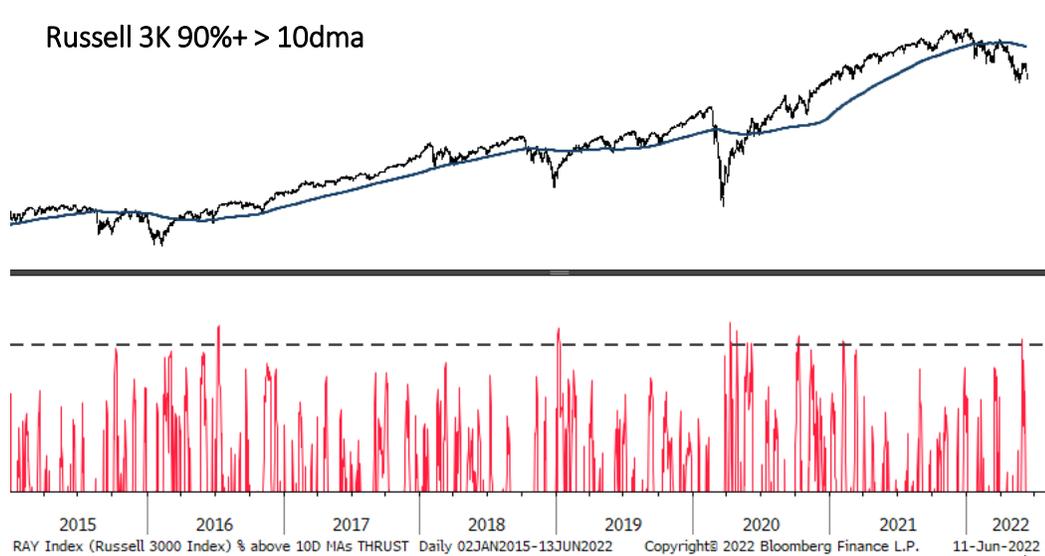
Russell 3k Percent Above 10 & 50 day Moving Averages



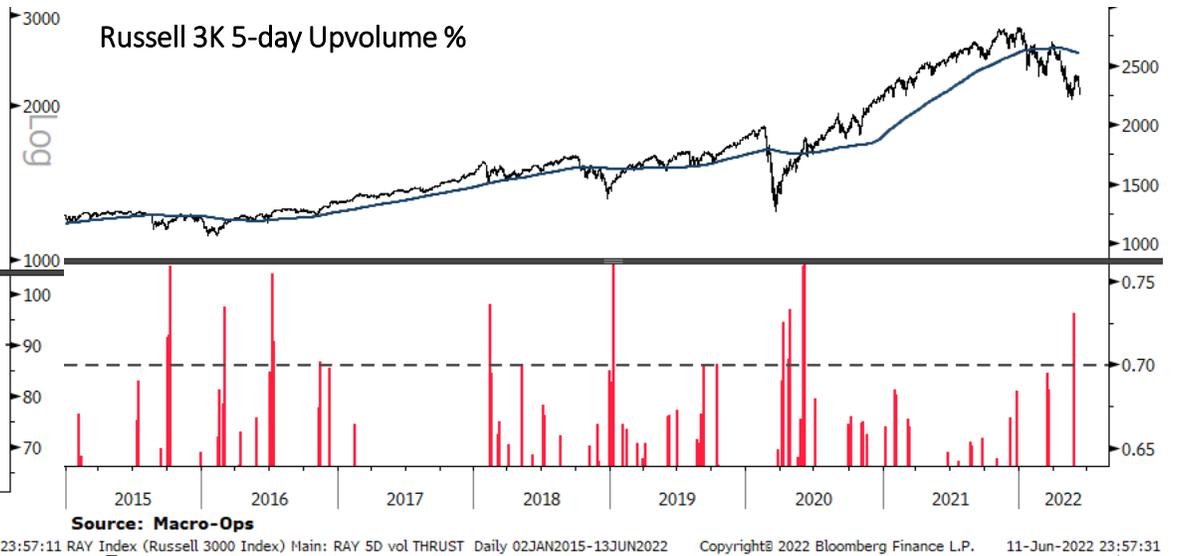


Breadth Thrust

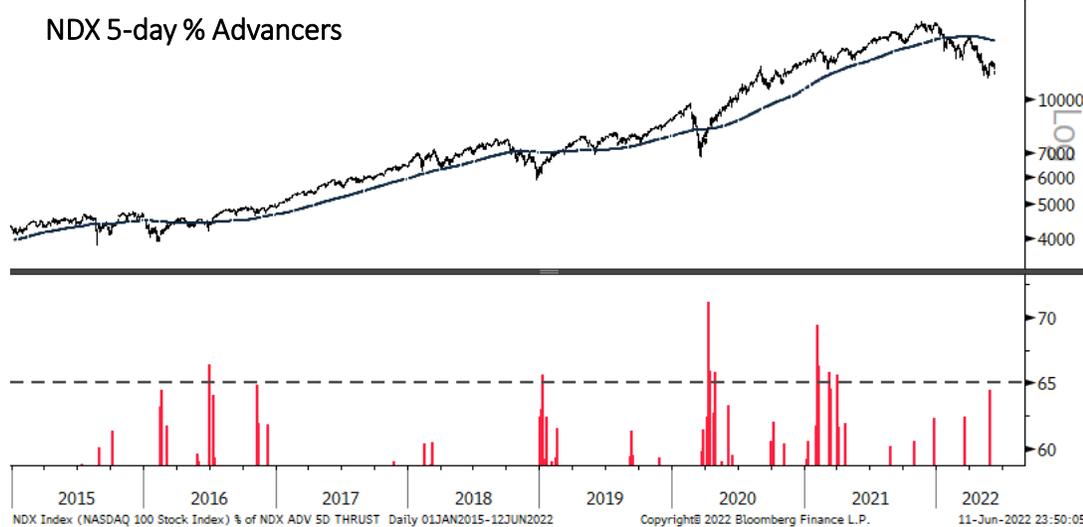
Russell 3K 90%+ > 10dma



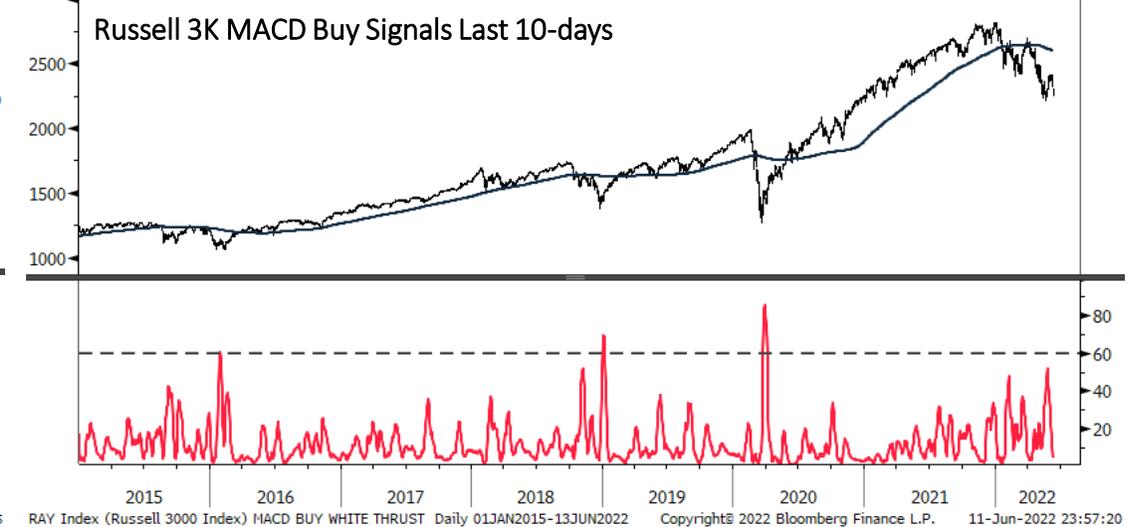
Russell 3K 5-day Upvolume %



NDX 5-day % Advancers



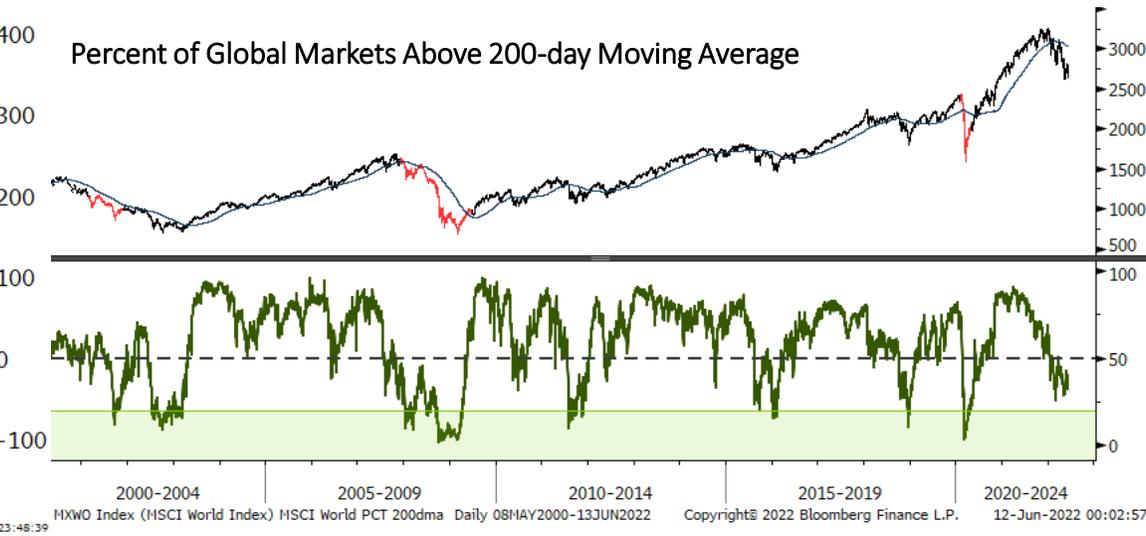
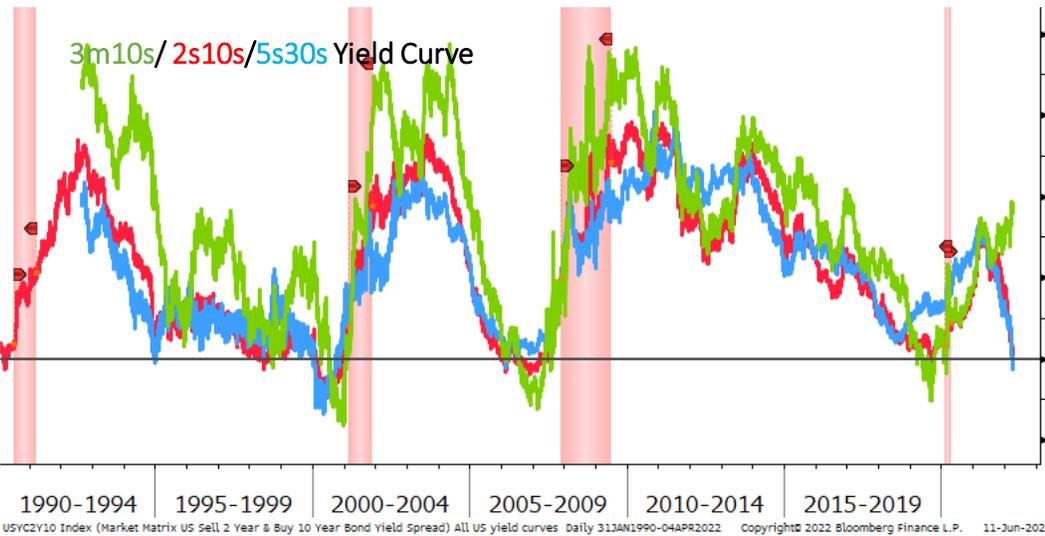
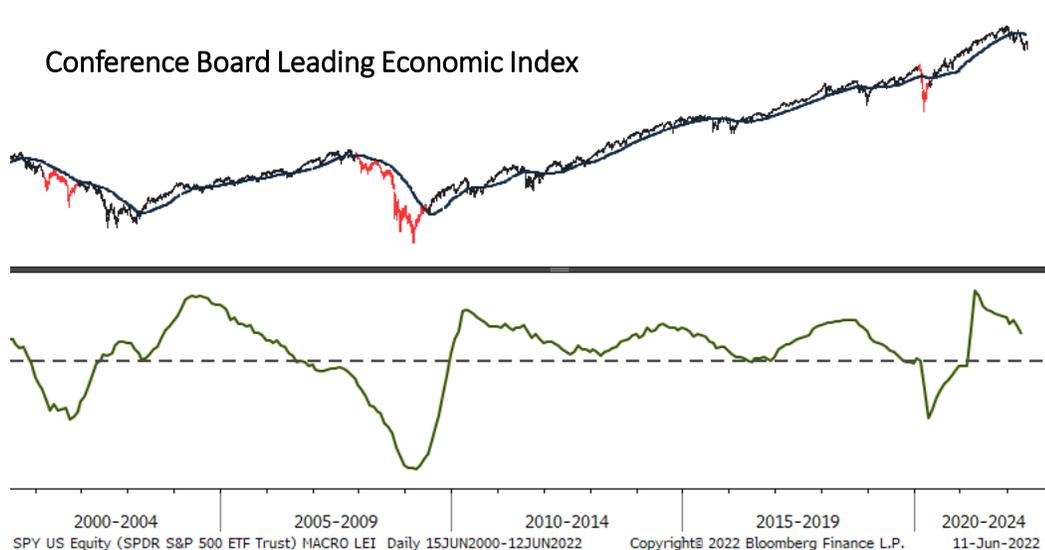
Russell 3K MACD Buy Signals Last 10-days



Liquidity



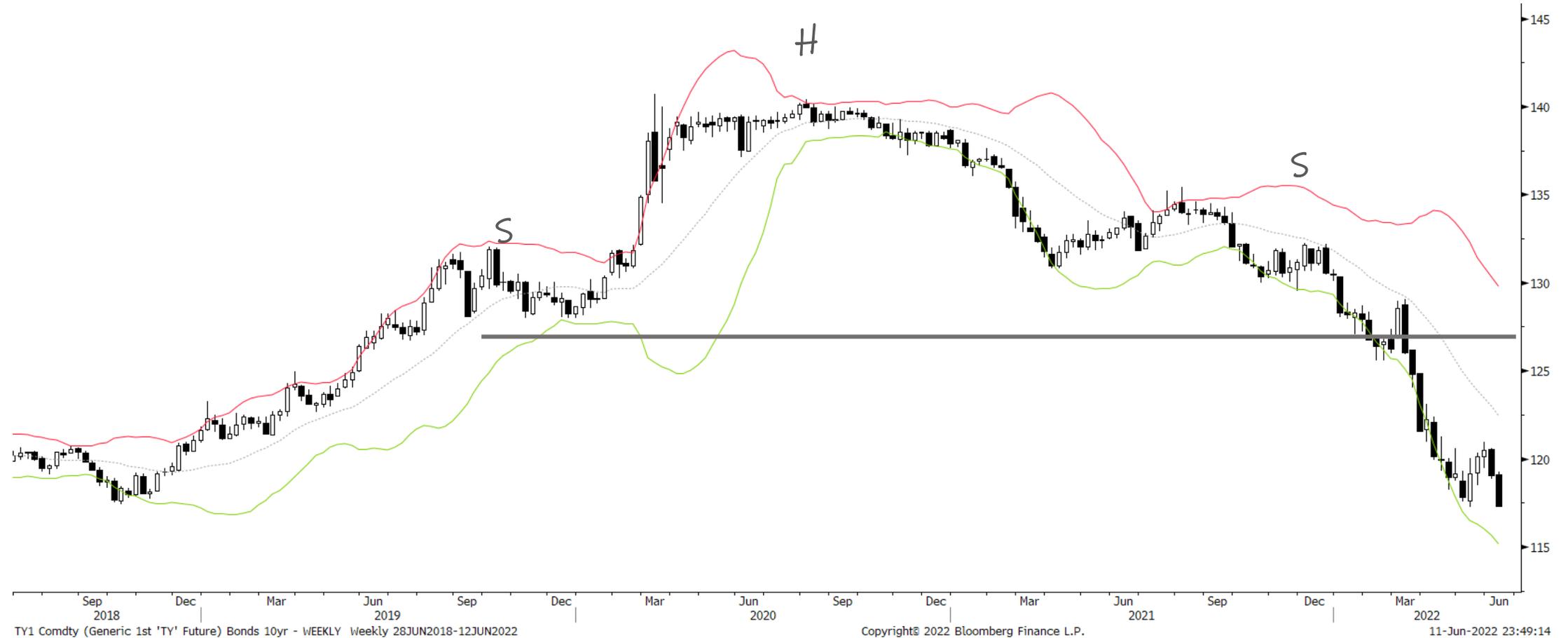
Macro



Bonds: 10-year Futures Monthly



Bonds: 10-year Futures Weekly

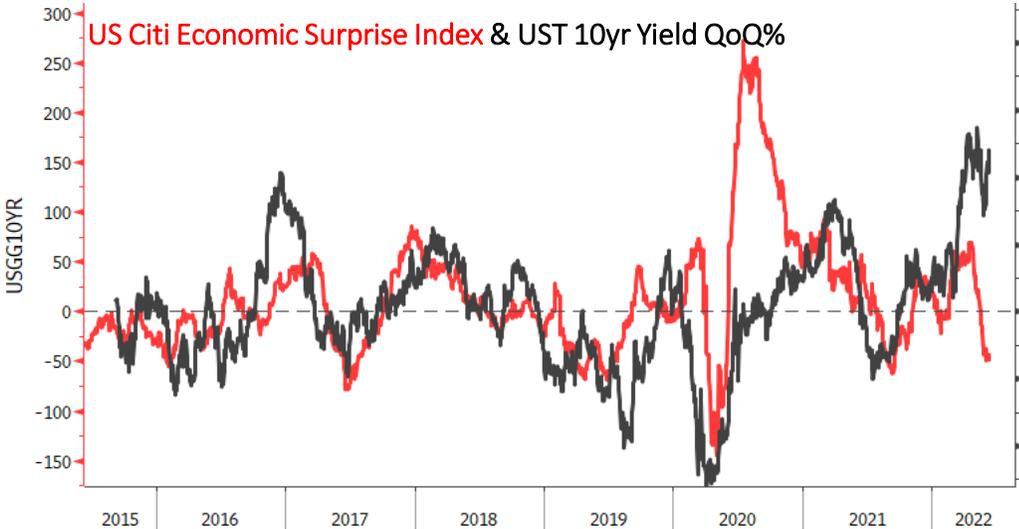


Bonds: 10-year Futures Daily

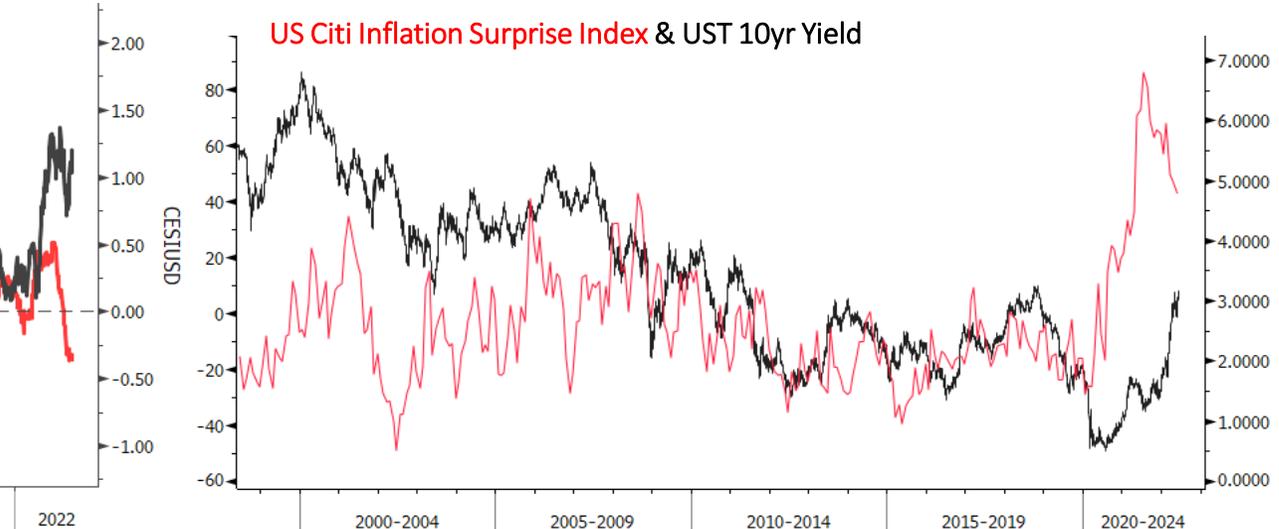




Bond/Yield Indicators



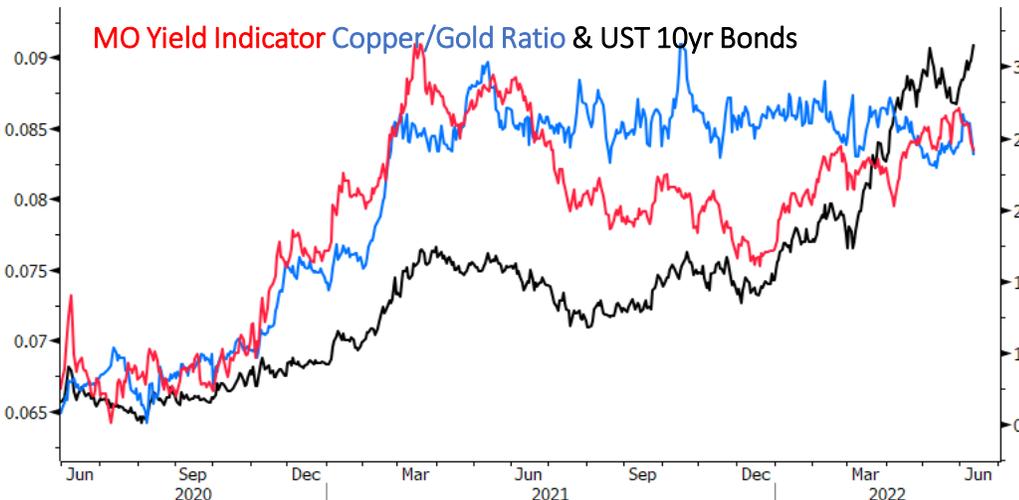
Copyright© 2022 Bloomberg Finance L.P.



12-Jun-2022 00:06:19 USGG10YR Index (US Generic Govt 10 Yr) US CESI Inf 10yr yield Daily 02JUN1998-13JUN2022

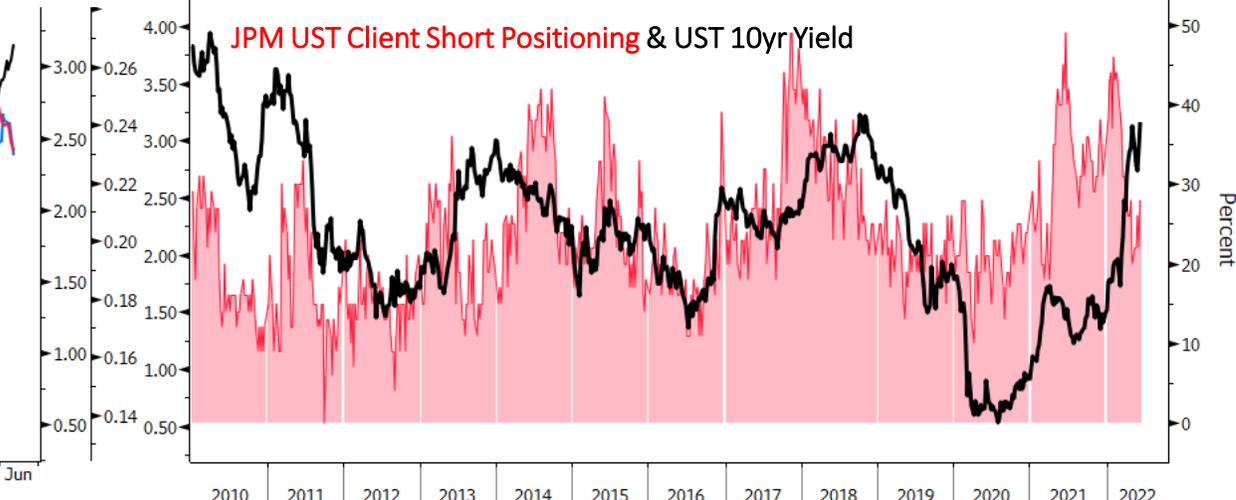
Copyright© 2022 Bloomberg Finance L.P.

12-Jun-2022 00:06:28



GSTHUSTY Index (Interest Rate Sensitive) rate sensitive vs yield Daily 29MAY2020-12JUN2022

Copyright© 2022 Bloomberg Finance L.P.



11-Jun-2022 23:49:59 TINSALLO Index (U.S. JP Morgan Treasury Investor Sentiment All Client Short) JPM Short Bond srvy Weekly 01JAN2010-12JUN2022

Copyright© 2022 Bloomberg Finance L.P. 11-Jun-2022 23:49:40

Gold Monthly



Gold Weekly



Gold Daily



GC1 Comdty (Generic 1st 'GC' Future) GOLD - DAILY Daily 02JUL2021-12JUN2022

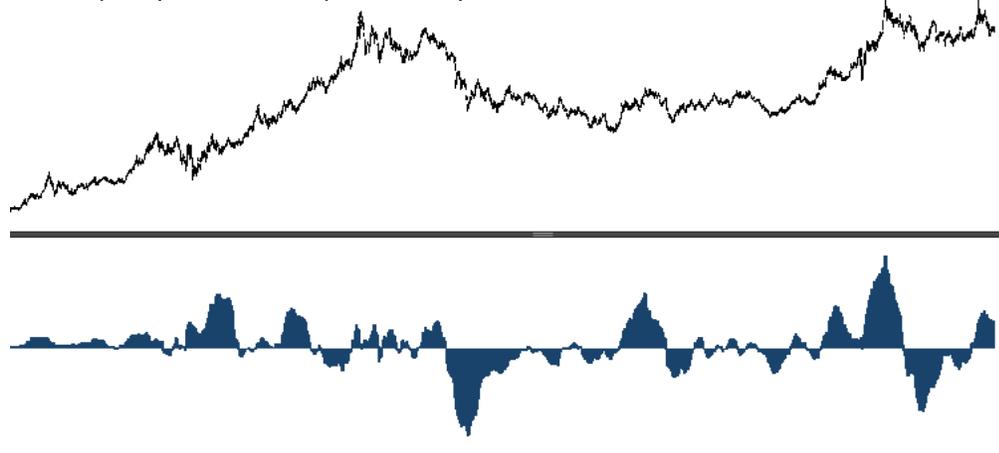
Copyright© 2022 Bloomberg Finance L.P.

11-Jun-2022 23:50:29

Gold Indicators

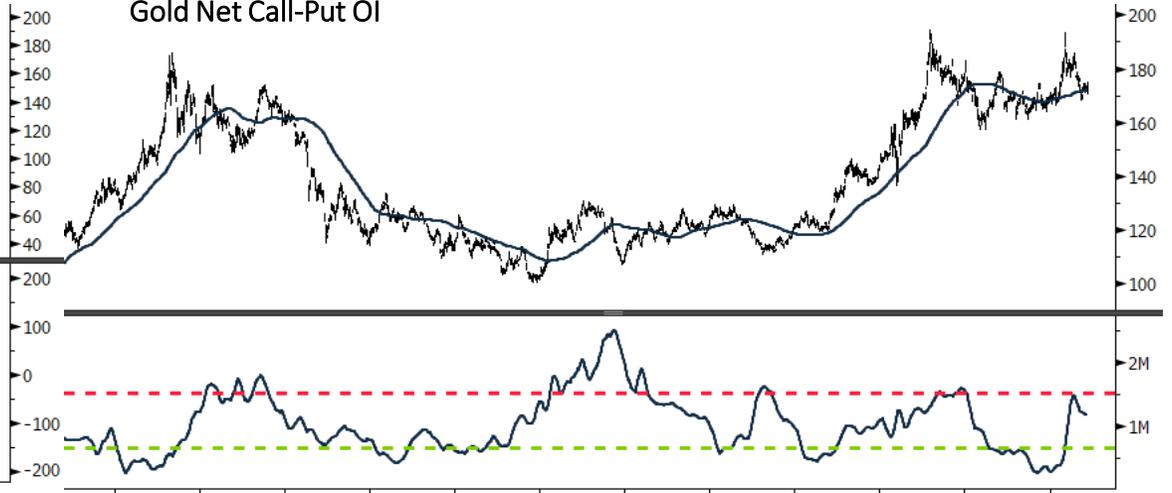


Gold (GLD) Fund Flows (smoothed)



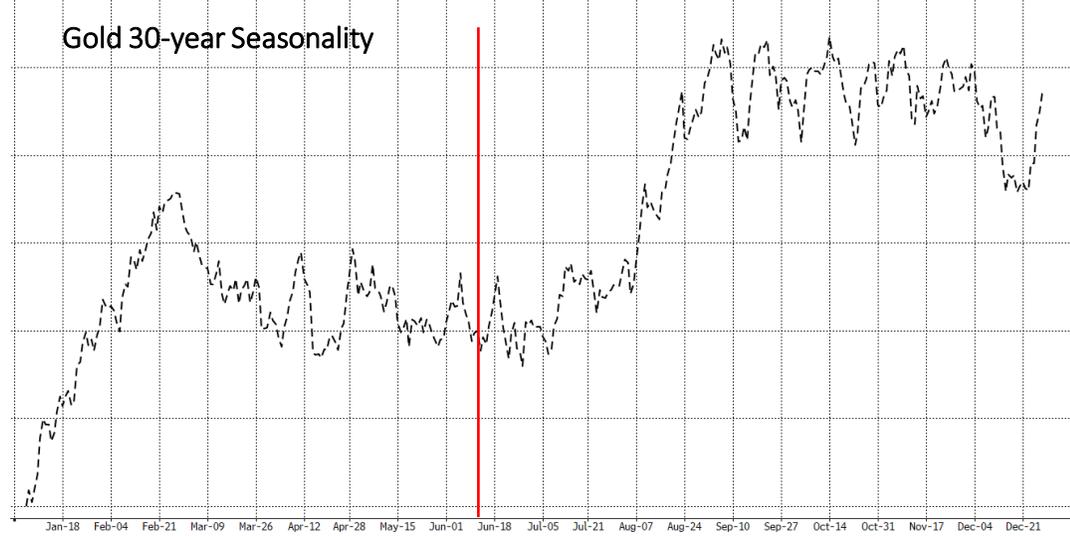
GLD US Equity (SPDR Gold Shares) Gold (GLD) Fund Flows z Daily 08SEP2005-12JUN2022 Copyright© 2022 Bloomberg Finance L.P. 11-Jun-2022 23:48:03

Gold Net Call-Put OI



GLD US Equity (SPDR Gold Shares) Call/Put Open Intrst GLD Daily 29MAY2010-12JUN2022 Copyright© 2022 Bloomberg Finance L.P. 11-Jun-2022 23:50:35

Gold 30-year Seasonality



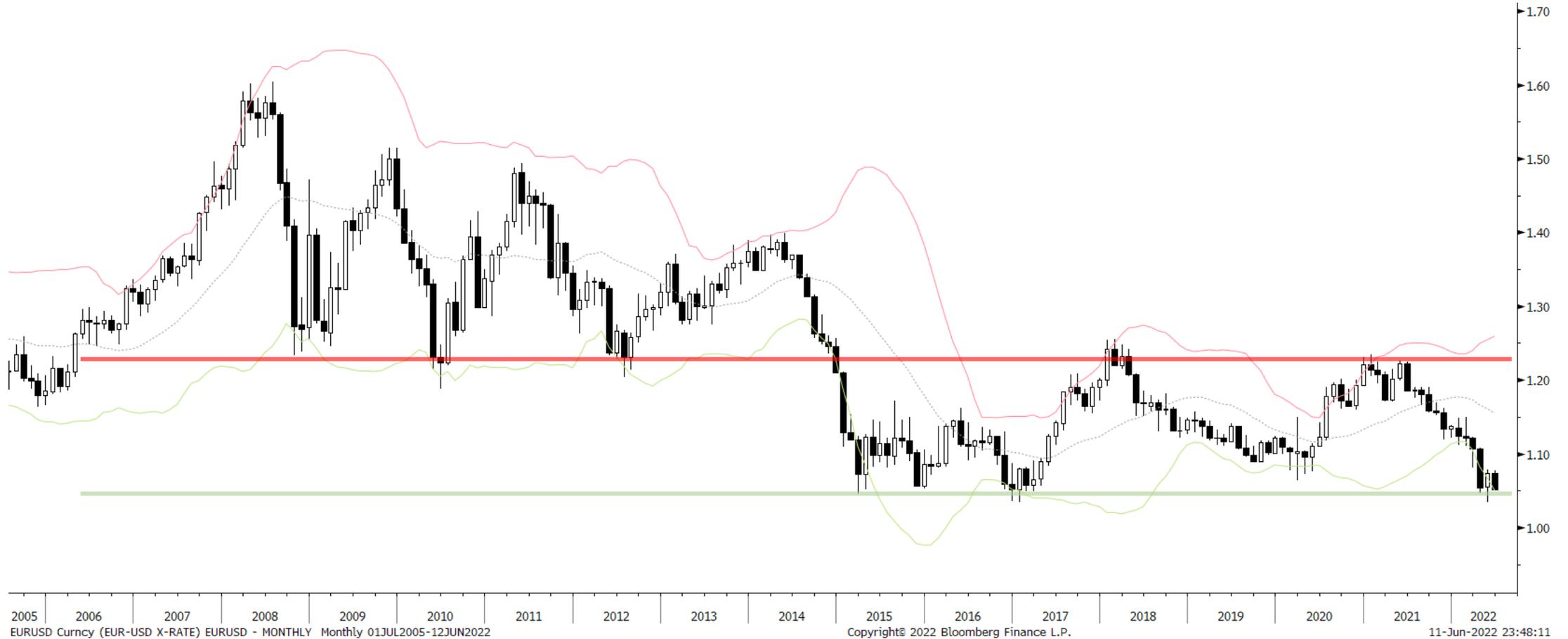
Jan-18 Feb-04 Feb-21 Mar-09 Mar-26 Apr-12 Apr-28 May-15 Jun-01 Jun-18 Jul-05 Jul-21 Aug-07 Aug-24 Sep-10 Sep-27 Oct-14 Oct-31 Nov-17 Dec-04 Dec-21

Gold Miners % > 200-day moving average



GDM Index (NYSE Arca Gold Miners Index) Breadth % abv200dma Gold Daily 05DEC2005-12JUN2022 Copyright© 2022 Bloomberg Finance L.P. 11-Jun-2022 23:47:54

EURUSD Monthly



EURUSD Weekly



EURUSD Daily



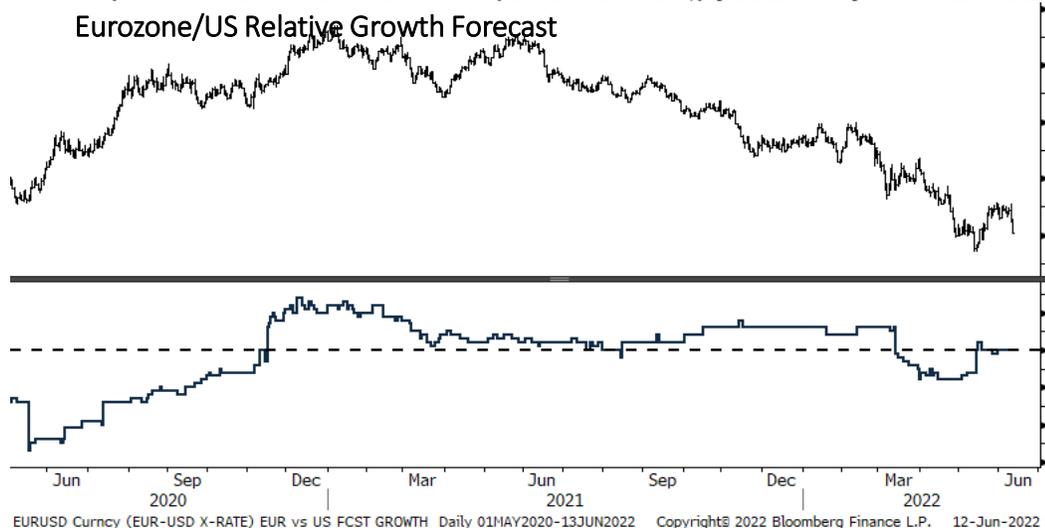
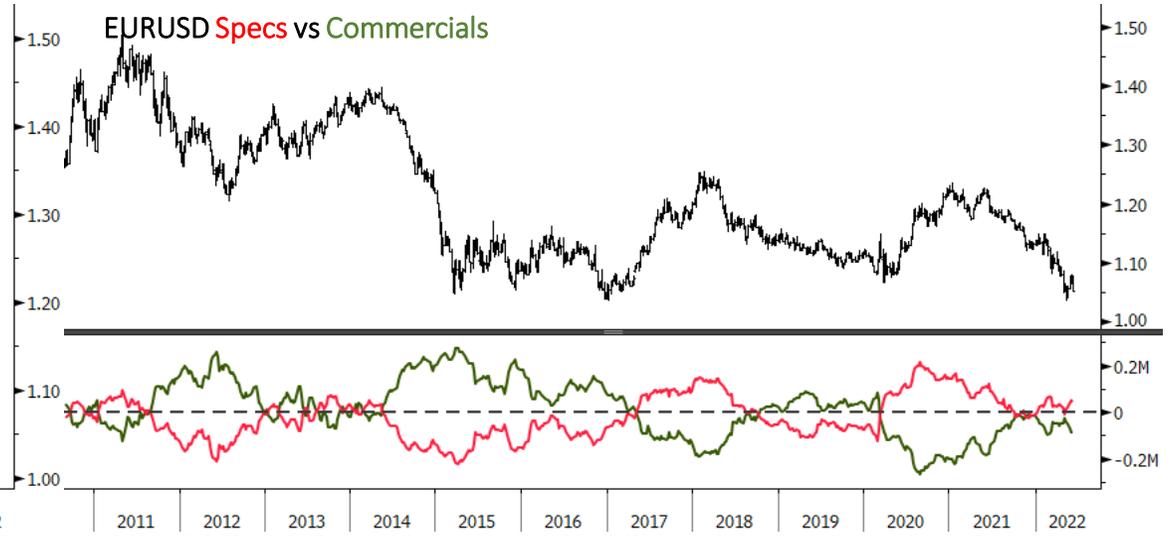
EURUSD Cmcny (EUR-USD X-RATE) EURUSD - DAILY Daily 02APR2021-12JUN2022

Copyright© 2022 Bloomberg Finance L.P.

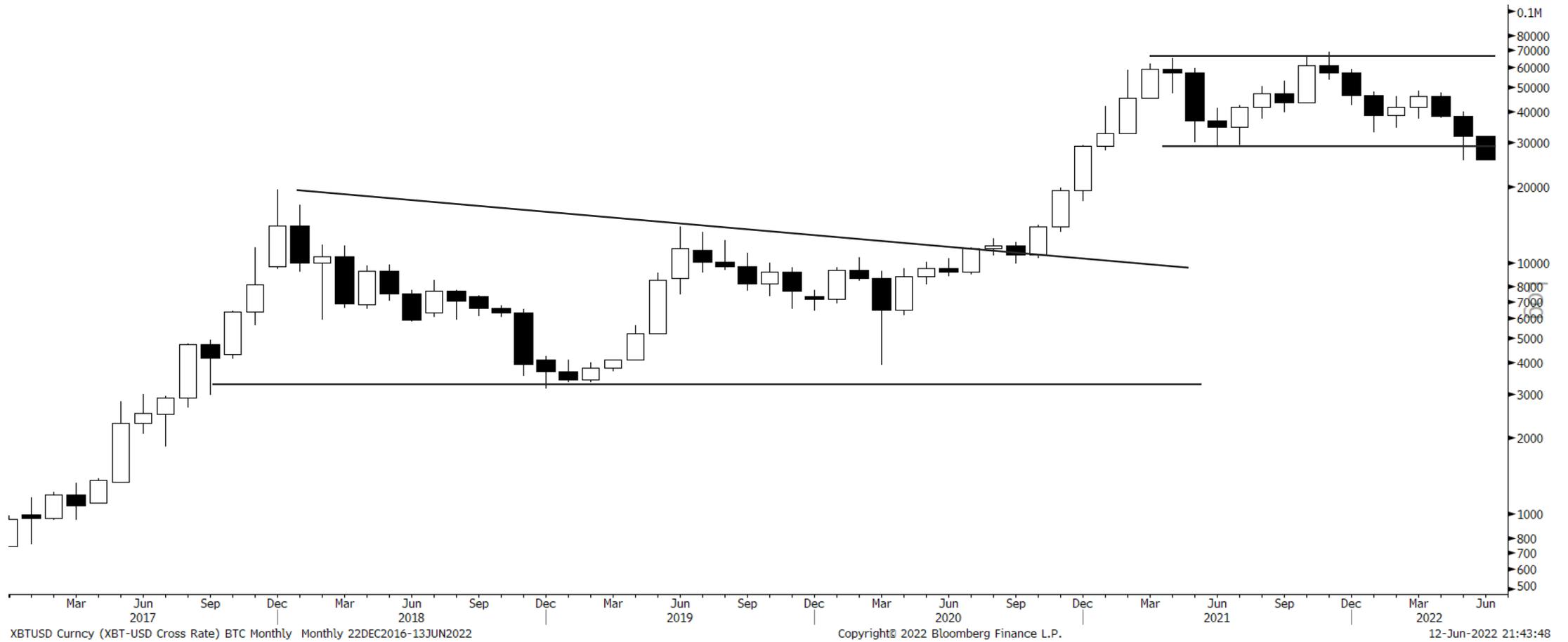
11-Jun-2022 23:48:29



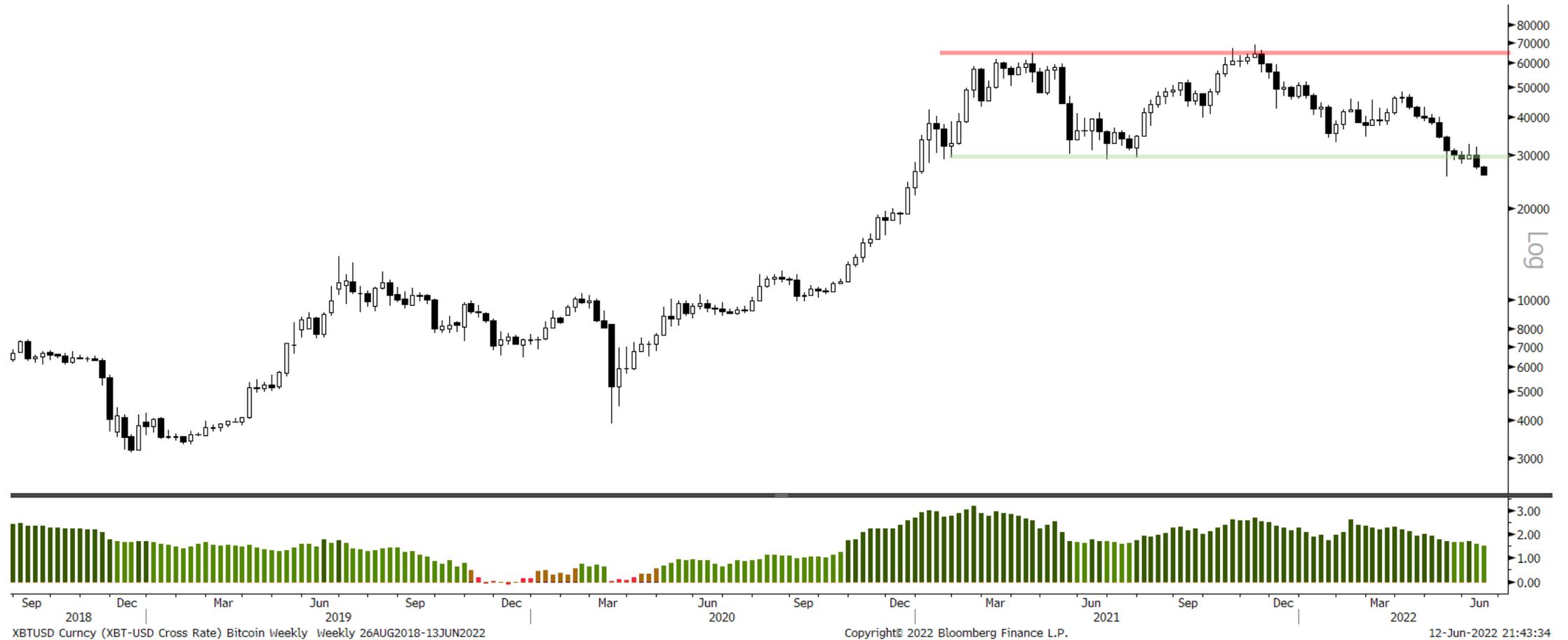
EURUSD Indicators



Bitcoin Monthly



Bitcoin Weekly



Bitcoin Daily

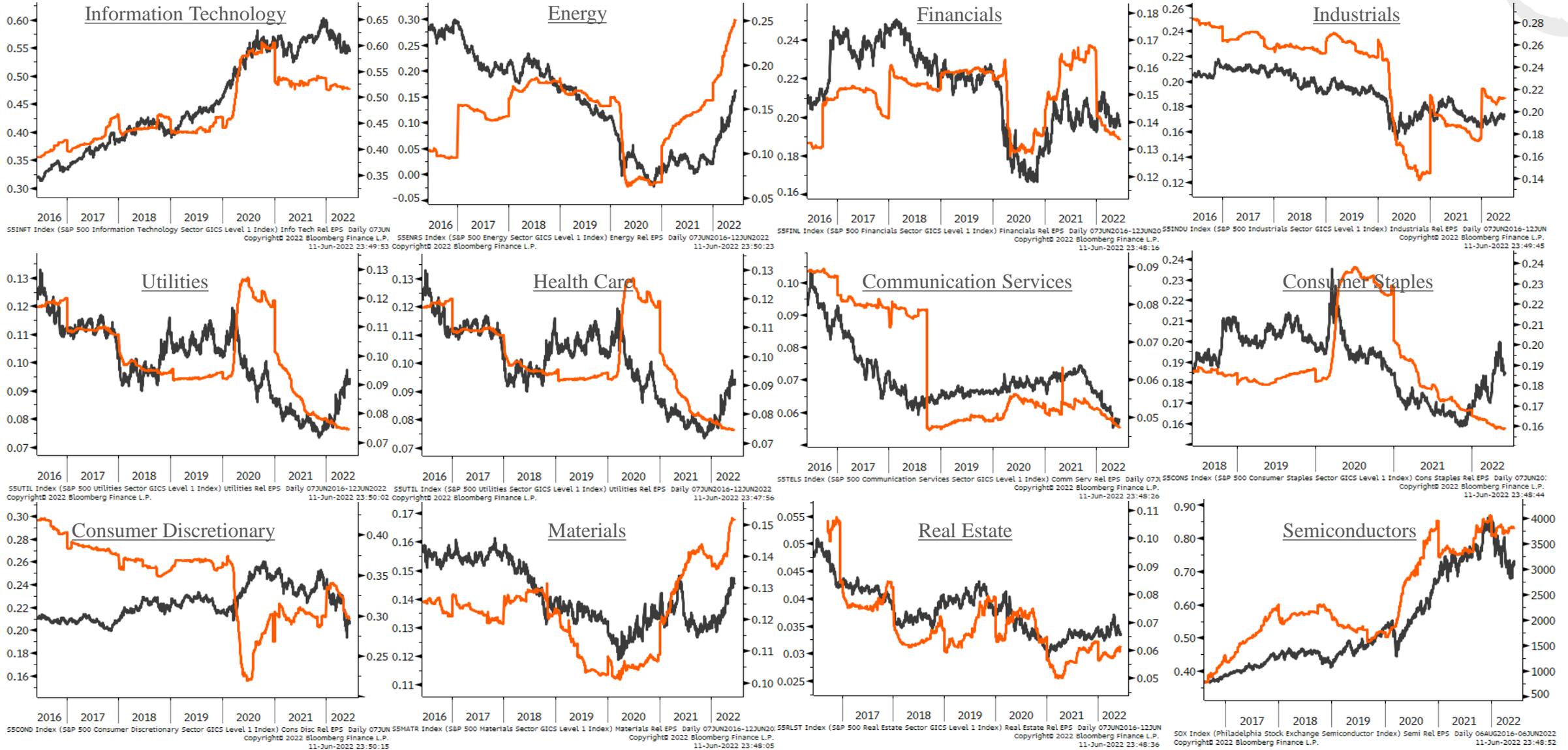
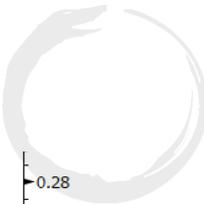


XBTUSD Curncy (XBT-USD Cross Rate) bitcoin Daily Daily 27JUN2021-13JUN2022

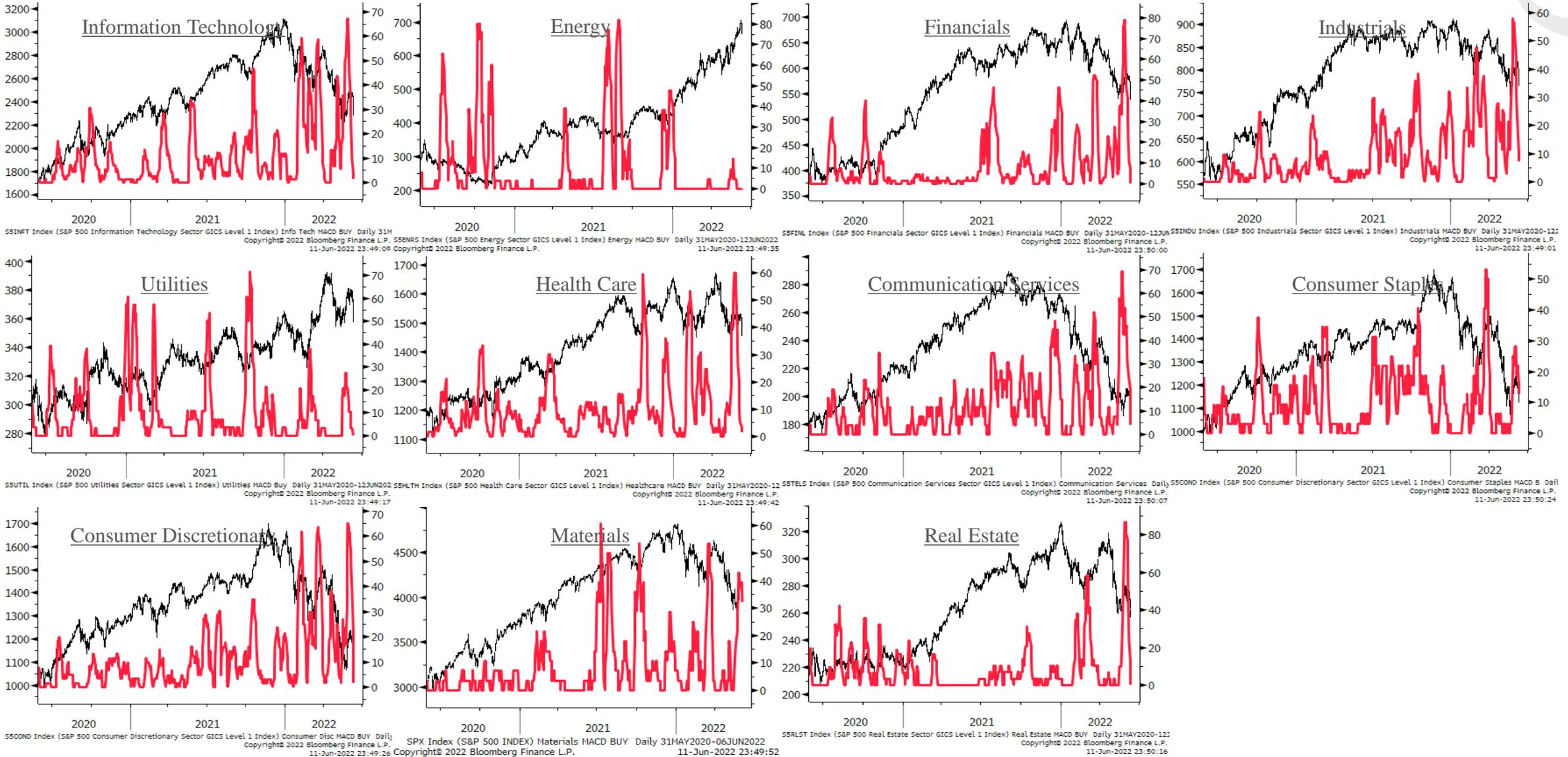
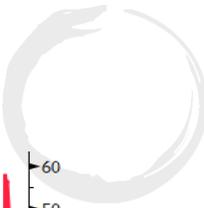
Copyright© 2022 Bloomberg Finance L.P.

12-Jun-2022 21:43:24

Sector Relative to SPX Price & Forward EPS Performance (Price in Grey, F/EPS in Orange)



Sector % MACD Buy Signals



The Macro Ops Portfolio

PDF: <https://tinyurl.com/mo-portfolio>

2022 YTD Return	22.51%
Total Notional Exposure	42.67%
Equity Exposure	27.80%
Futures Exposure	14.87%
Current Cash Value (%)	67.46%
Total Capital At-Risk (%)	14.93%
Total Drawdown Risk (%)	12.18%
2021 Final Return	6.39%
2020 Final Return	66.40%

Futures, Bonds & FX

Ticker	Contracts	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Crude Oil Futures	CLZ2023	3	\$277,140	14.87%	-1.08%	1.67%	\$75.31	\$92.38	\$82.00	\$70.50	22.66%	3.55	14.87%	-1.08%	1.67%

Equities

Strategic

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Desert Control	DSRT	10,028	\$29,578.13	1.59%	1.68%	1.59%	\$3.13	\$2.95	\$0.00	\$0.00	-5.75%	-0.06	13.48%	7.96%	5.27%
EPAM Systems	EPAM	291	\$88,264.99	4.73%	1.08%	0.37%	\$349.00	\$303.49	\$280.00	\$280.00	-13.04%	-0.66			
Leonardo, Inc.	LDO	7,529	\$79,255.20	4.25%	0.53%	0.41%	\$10.82	\$10.53	\$9.50	\$9.50	-2.71%	-0.22			
Block, Inc.	SQ	753	\$54,124.61	2.90%	4.67%	2.90%	\$115.48	\$71.87	\$0.00	\$0.00	-37.76%	-0.38			

Thematic

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Tidewater, Inc.	TDW	2,115	\$58,072.08	3.01%	0.51%	0.83%	\$23.88	\$26.51	\$19.20	\$19.20	11.95%	0.63	16.67%	1.50%	1.04%
Vista Energy	VIST	14,878	\$129,120.51	6.93%	0.76%	0.26%	\$9.31	\$8.68	\$8.36	\$8.36	-6.77%	-0.66			
Pantheon Resources	PANR	100,448	\$125,557.58	6.74%	0.23%	-0.05%	\$1.30	\$1.25	\$1.26	\$0.88	-3.99%	-0.12			

Tactical

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Ethereum	ETHUSD	-26	-\$35,325.88	-1.89%	-1.41%	0.78%	\$2,930.00	\$1,358.68	\$1,918.00	\$3,120.00	53.63%	8.27	-2.35%	-0.26%	2.68%
Ethereum	ETHUSD	-34	-\$46,435.01	-2.49%	-0.10%	1.03%	\$1,973.00	\$1,358.68	\$1,918.00	\$2,110.00	31.14%	4.48			
Ethereum (Third Leg)	ETHUSD	-26	-\$35,250.82	-1.89%	0.25%	0.63%	\$1,667.00	\$1,358.68	\$1,846.00	\$1,846.00	18.50%	1.72			
Pantheon Resources (Second Leg Tactical)	PANR	25798	\$32,247.94	1.73%	0.25%	-0.01%	\$1.44	\$1.25	\$1.26	\$1.26	-13.25%	-1.06			
Block, Inc. (Second Leg Tactical)	SQ	571	\$41,037.16	2.20%	0.75%	0.21%	\$69.50	\$71.87	\$65.00	\$65.00	-19.70%	-0.72			

Options

Ticker	Contracts	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current (Mid) Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
MU Jan 2023 \$125 CALLS	MU	82	\$4,510.00	0.24%	2.08%	0.24%	\$473.00	\$55.00	\$0.00	\$0.00	-88.37%	-0.88	1.52%	6.81%	1.52%
TSLA DEC 2022 \$350 PUTS	TSLA	9	\$13,768.84	0.74%	1.01%	0.74%	\$2,110.00	\$1,550.00	\$0.00	\$0.00	-26.54%	-0.27			
MO JAN 2023 \$70 CALLS	MO	299	\$8,372.00	0.45%	1.48%	0.45%	\$92.00	\$28.00	\$0.00	\$0.00	-99.57%	-0.70			
BHP Jan 2023 \$115 CALLS	BHP	55	\$1,375.00	0.07%	1.12%	0.07%	\$380.00	\$25.00	\$0.00	\$0.00	-93.42%	-0.93			
EWJ JAN 2023 \$90 CALLS	EWJ	173	\$346.00	0.02%	1.13%	0.02%	\$122.00	\$2.00	\$0.00	\$0.00	-98.36%	-0.98			

Appendix

- Trifecta Lens & SQN Methodology & Case Study ([link here](#))
 - TL Score Theory ([link here](#))
 - TL & SQN Dashboard ([link here](#))
 - Trend Fragility Dashboard ([link here](#))
- Nervous & Numb Case Study (coming soon)
- Volatility & Failed Volatility Breakouts (VBO/FVBO) ([link here](#))
- Hierarchy of Technicals ([link here](#))
- Currency Framework ([link here](#))
- Precious Metals Framework ([link here](#))
- How to Read Market Sentiment ([link here](#))
- Equity Supply & Demand Equation ([link here](#))
- 50 Cent Conditional Tail Hedge Strategy ([link here](#))

