



Macro Ops

The Trifecta Report

The best trades are the ones in which you have all three things going for you: fundamentals, technical, and market tone. ~ Michael Marcus

Weekly Summary



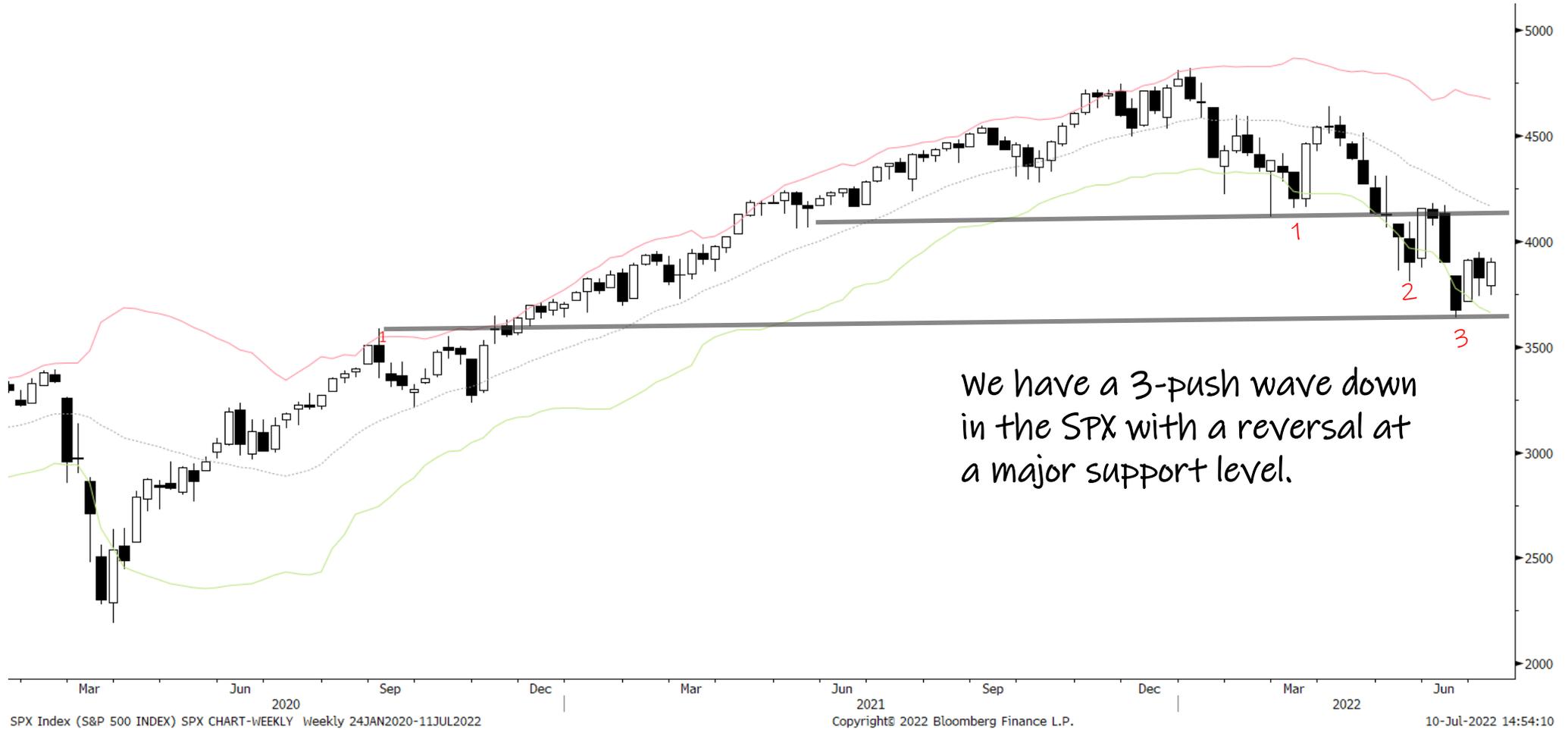
S&P 500	UST 10yr Bonds	Gold	EURUSD
<p>➤ Summary: We have negative sentiment/positioning, deeply oversold breadth, and a potential 3-wave push bottom at support. We now have the conditions and a setup for at least a short-term bottom. But <u>markets tend to retest their lows and put in double bottoms before a larger move higher</u>. So that's something we need to look out for. Yields/liquidity are still the major headwind. Bonds may be bottoming and how they trade this week will be an important tell. We need to see yields trade down or sideways, for a rally in equities to have staying power. <u>This is THE thing to watch..</u></p>	<p>➤ Summary: We're of the belief that core inflation has peaked and headline inflation will top out around the end of summer, maybe sooner, as supply bottlenecks continue to get ironed out, the inventory glut drives discounting, and tightening liquidity slows demand. Copper/Gold is diverging and suggesting yields are at an intermediate peak. Bonds pulled back last week as we expected. They should consolidate sideways to slightly down this week. If they selloff hard below their midline then they will likely retest their lows and spark another round of risk-off in equities.</p>	<p>➤ Summary: Gold is in a larger sideways range. Positioning, sentiment, breadth, and technicals have been taken down and are now at bearish extremes. Seasonality is very supportive and remains a strong tailwind through September. We think precious metals are gearing up for another leg higher in the 2nd half of this year. But PMs need to see bonds confirm a bottom first (yields a ceiling).</p>	<p>➤ Summary: EURUSD has broken through major support and is on its way towards parity. It's in a sell climax and sell climaxes last longer than most expect. It put in an oversold reversal on the daily chart last week. So short-term look for a small retrace before another leg lower.</p>

S&P 500 Monthly

We got a weak reversal to close out the month. Market is oversold at support / near monthly bands, so potential for a strong rally is high. But the bears are still in control and larger path of least resistance is down.



S&P 500 Weekly



S&P 500 Daily

SQN Market Regime

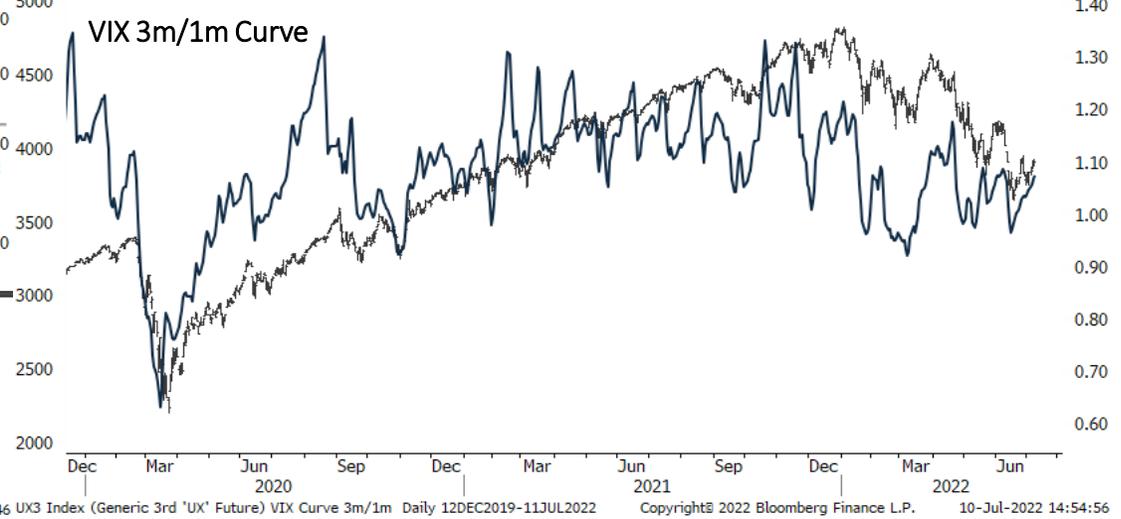
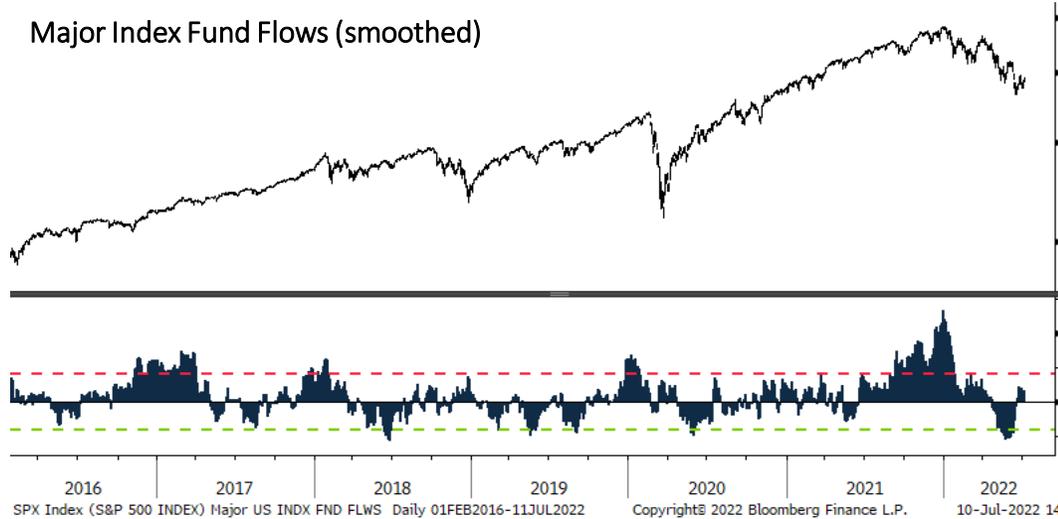
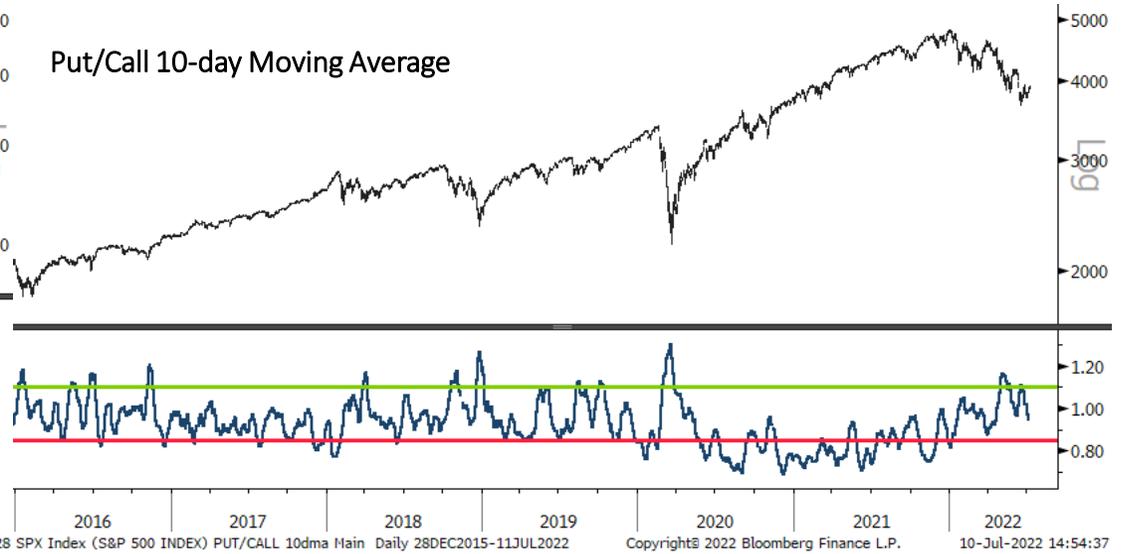
- Bull Volatile 
- Bull Quiet 
- Neutral 
- Bear Quiet 
- Bear Volatile 

You can read more about [market regimes here](#).
Also, if you'd like me to share the Bloomberg STDY with you, just shoot me an email or DM on slack



But we should keep in mind that markets typically like to test the lows and put in double bottoms before a move higher...

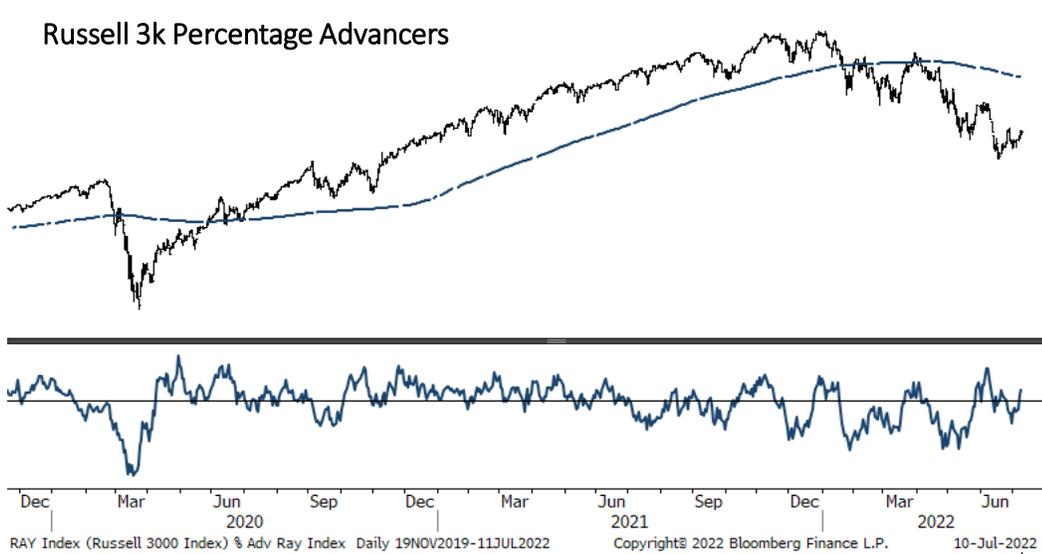
Sentiment & Positioning



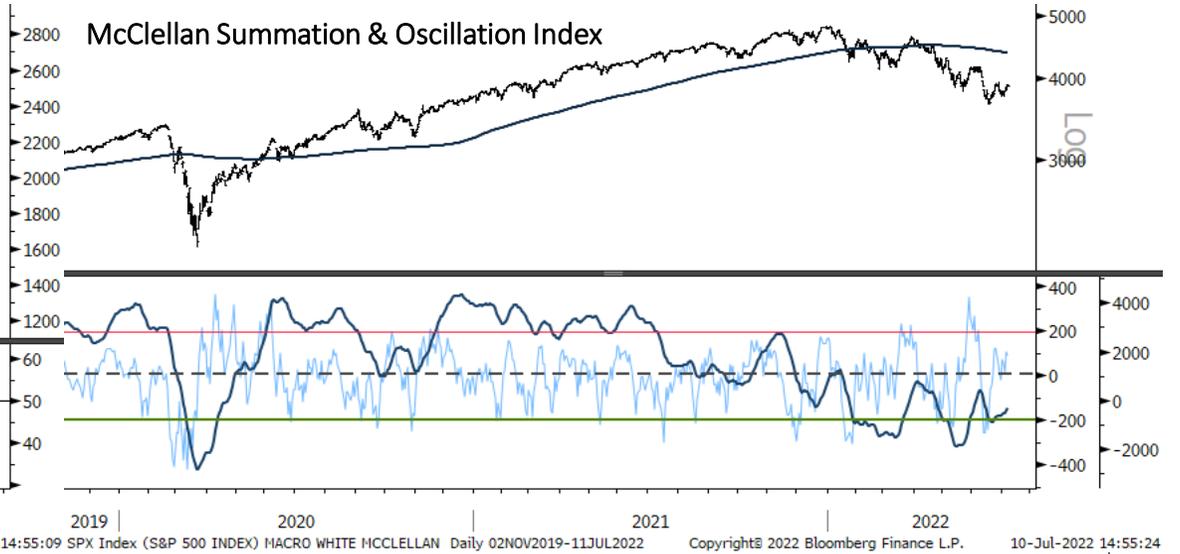
Breadth



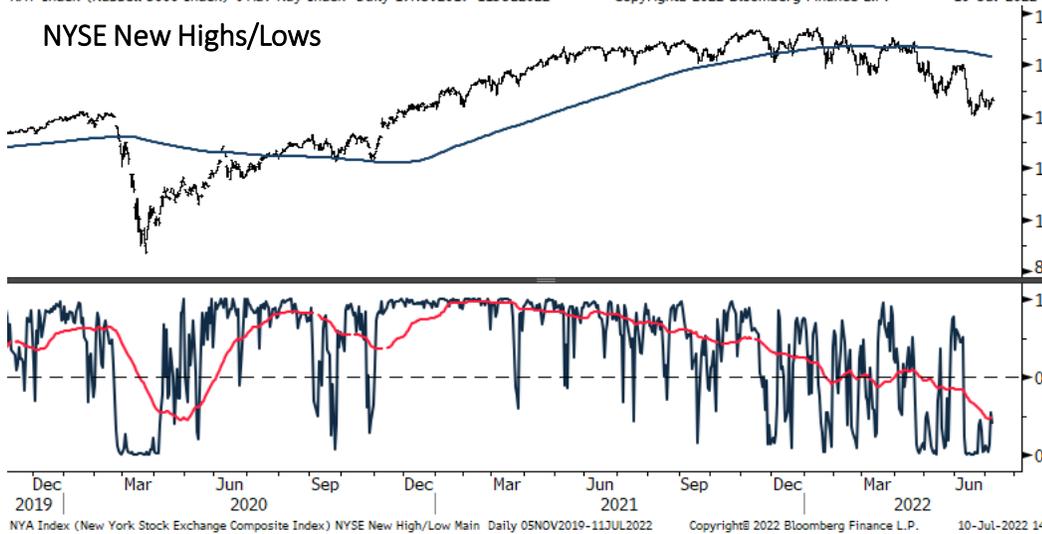
Russell 3k Percentage Advancers



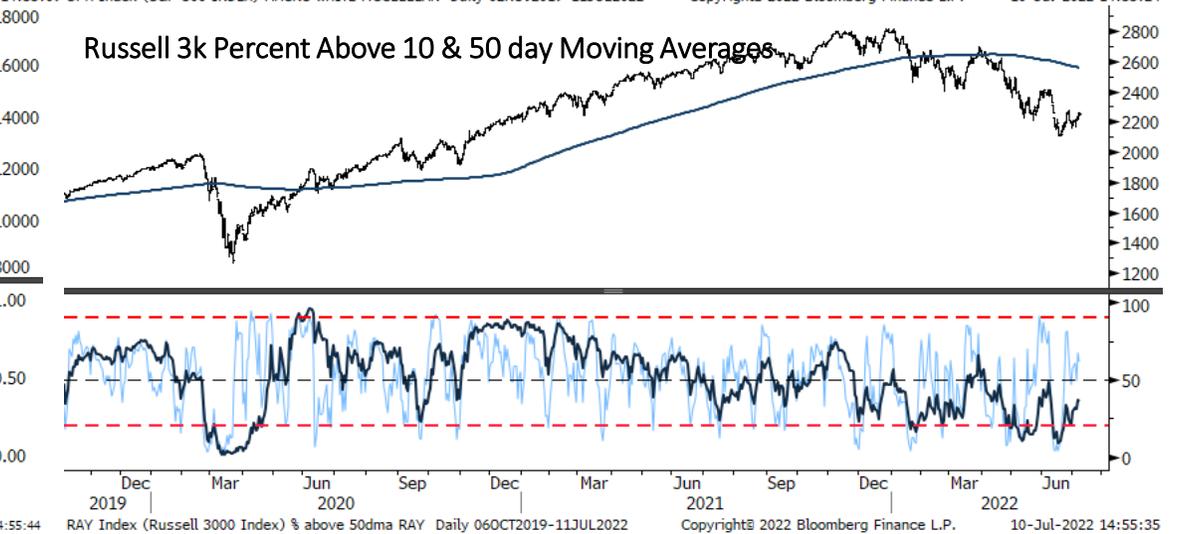
McClellan Summation & Oscillation Index



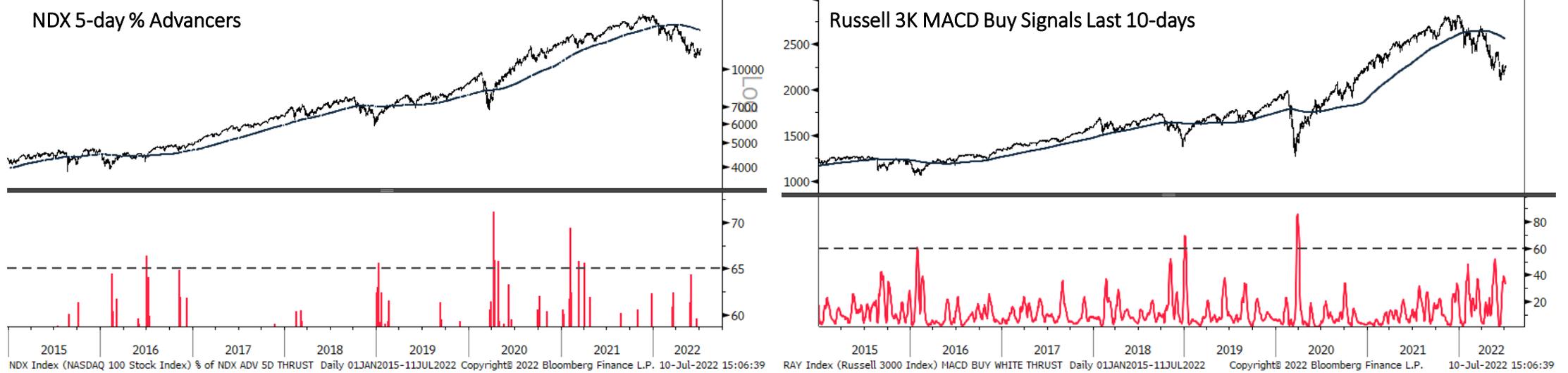
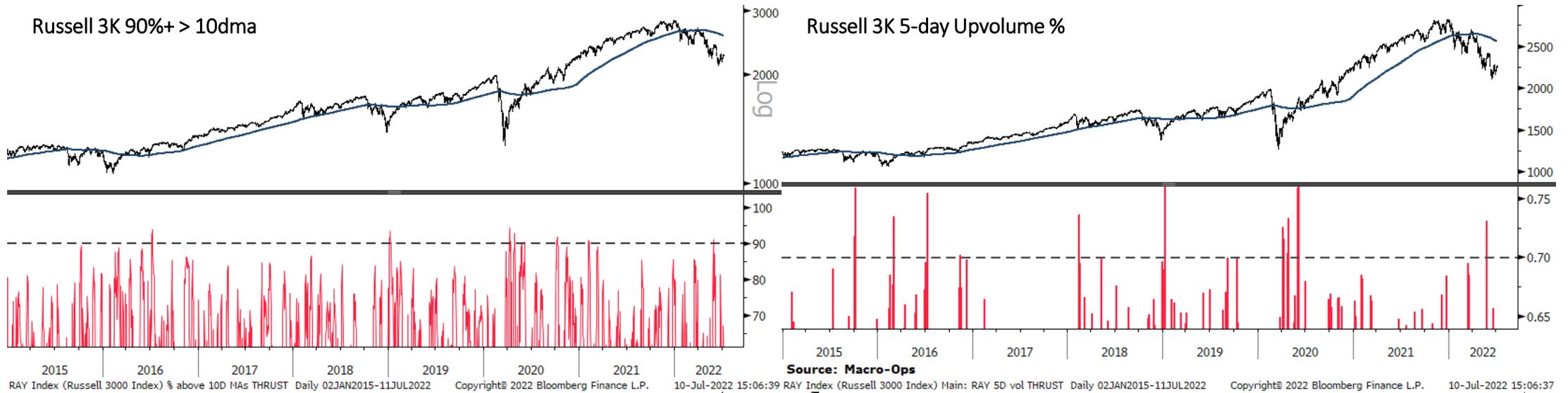
NYSE New High/Lows



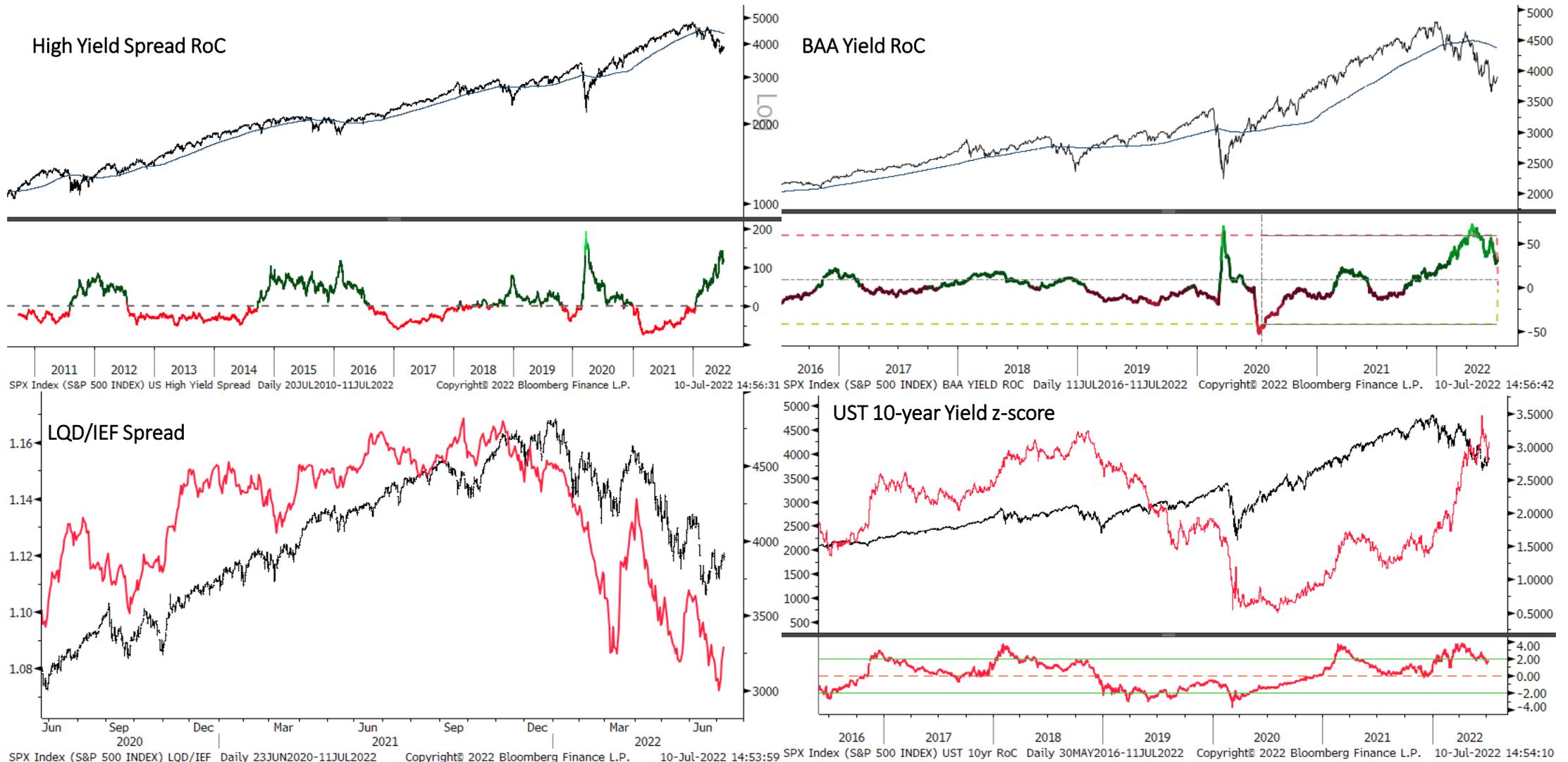
Russell 3k Percent Above 10 & 50 day Moving Averages



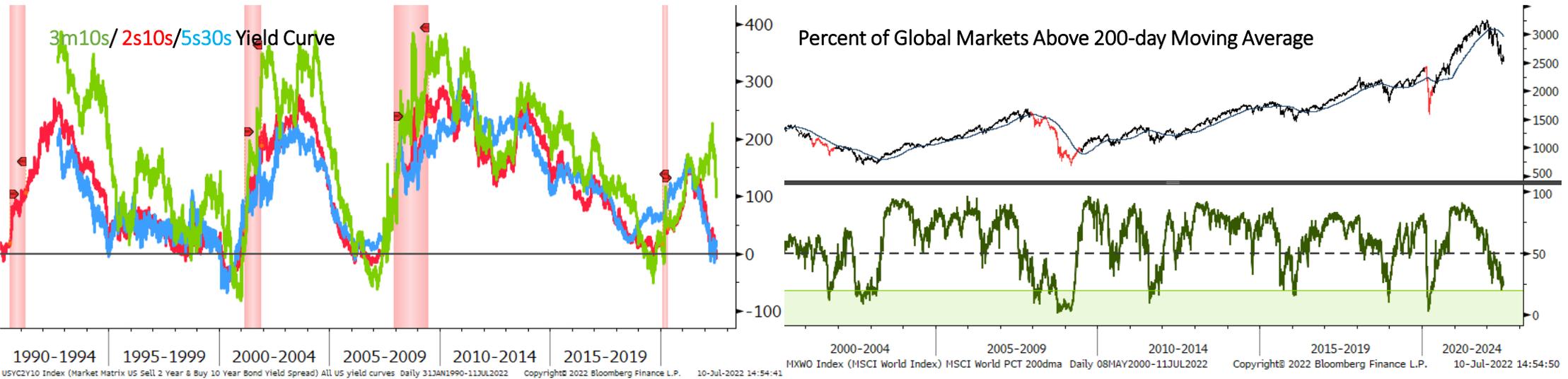
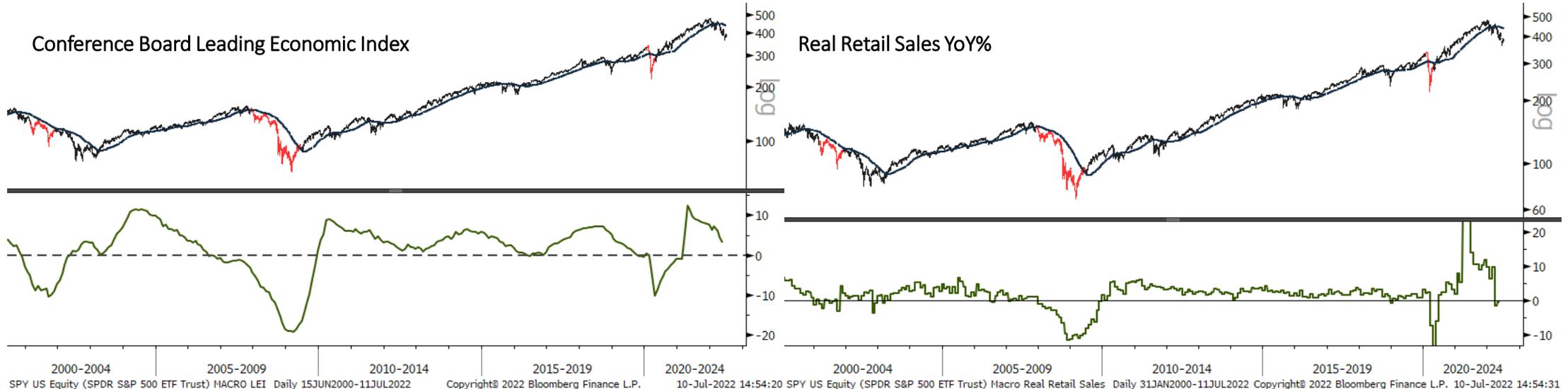
Breadth Thrust



Liquidity



Macro



Bonds: 10-year Futures Monthly



High probability for multi-month mean reversion (2-3 bar retrace). But follow-through is not looking good so far, and bonds may need to put in a double-bottom first...



Bonds: 10-year Futures Weekly

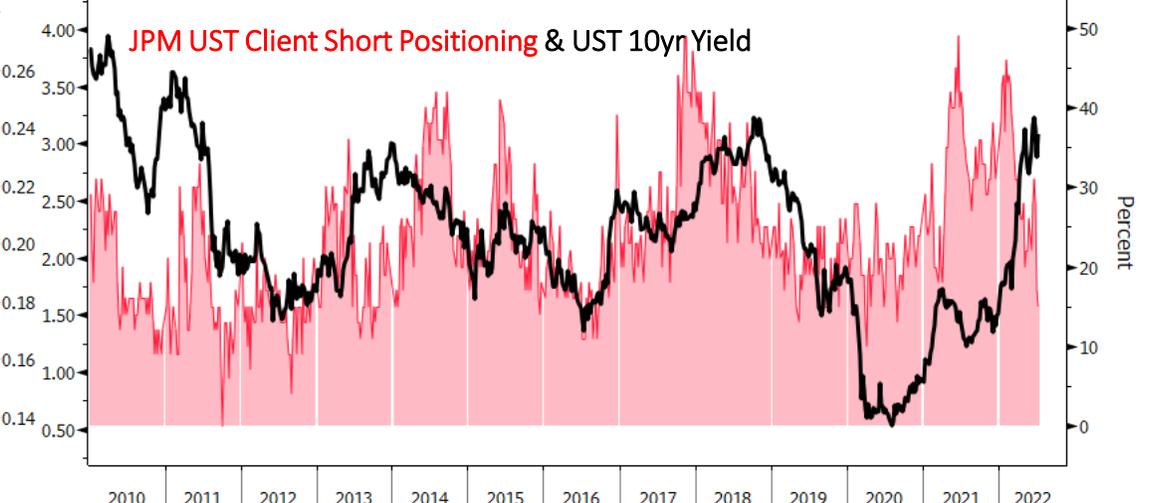
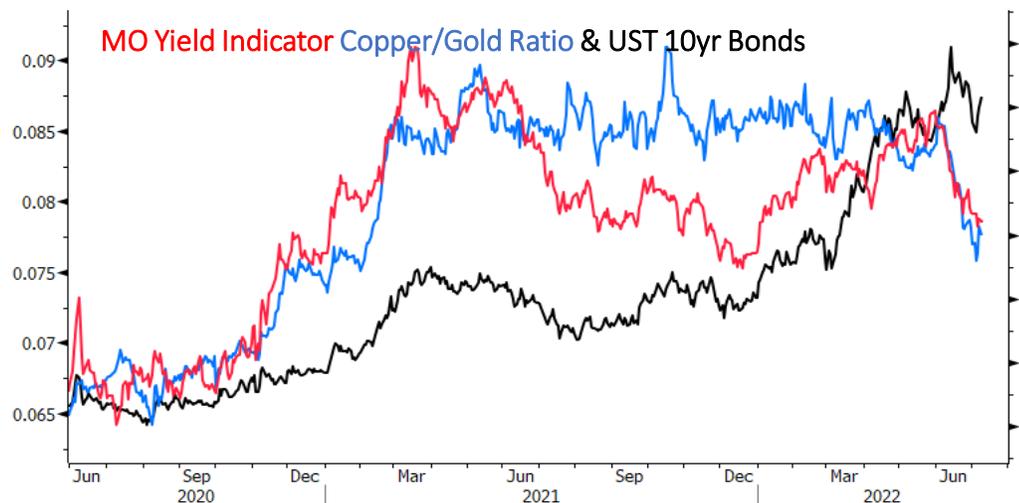


Bonds: 10-year Futures Daily





Bond/Yield Indicators



Gold Monthly



Gold Weekly



Gold Daily



GC1 Comdty (Generic 1st 'GC' Future) GOLD - DAILY Daily 02JUL2021-11JUL2022

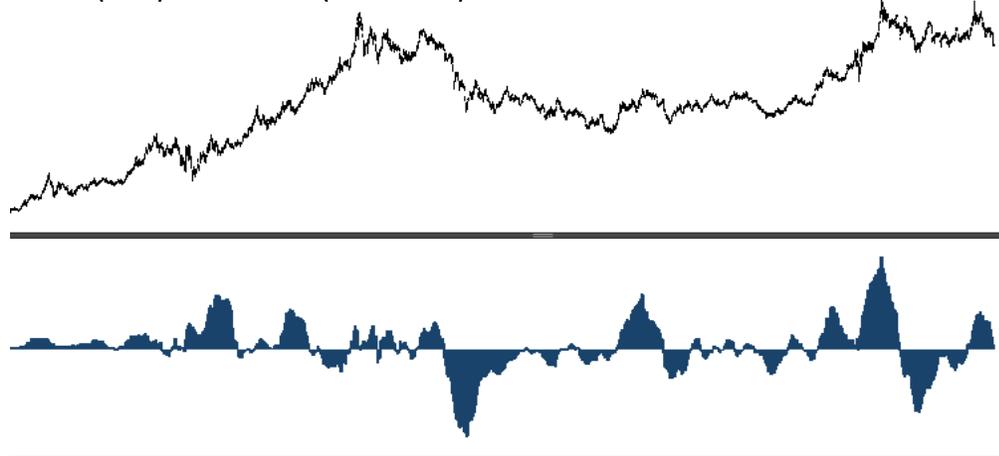
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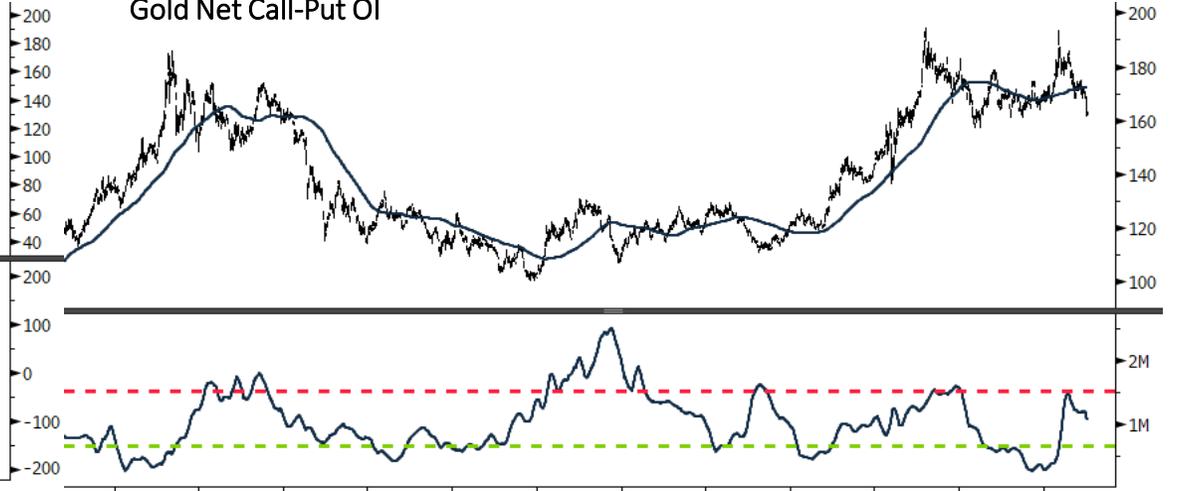
Gold Indicators

Gold (GLD) Fund Flows (smoothed)



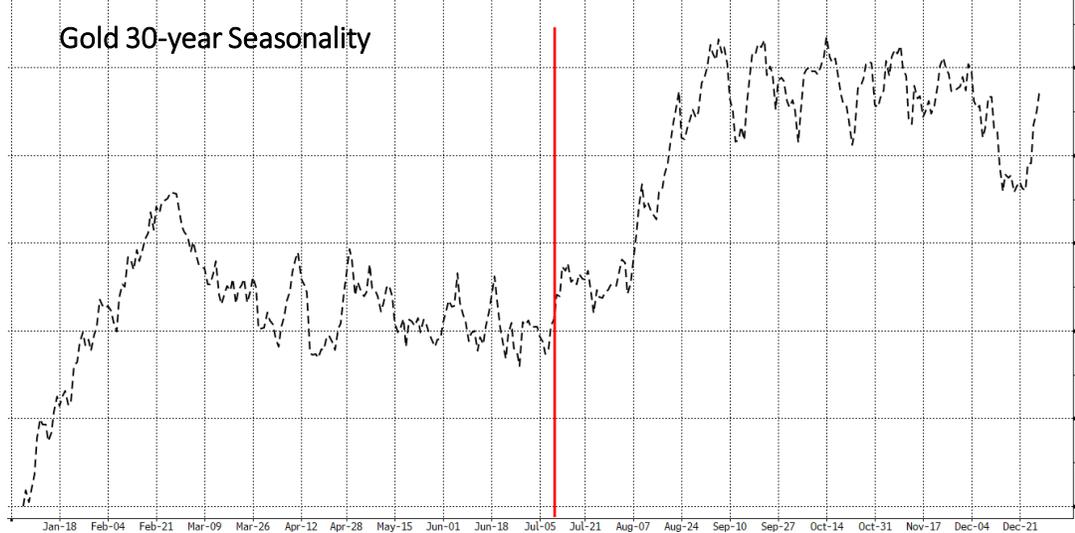
GLD US Equity (SPDR Gold Shares) Gold (GLD) Fund Flows z Daily 08SEP2005-11JUL2022 Copyright© 2022 Bloomberg Finance L.P. 10-Jul-2022 14:54:09

Gold Net Call-Put OI

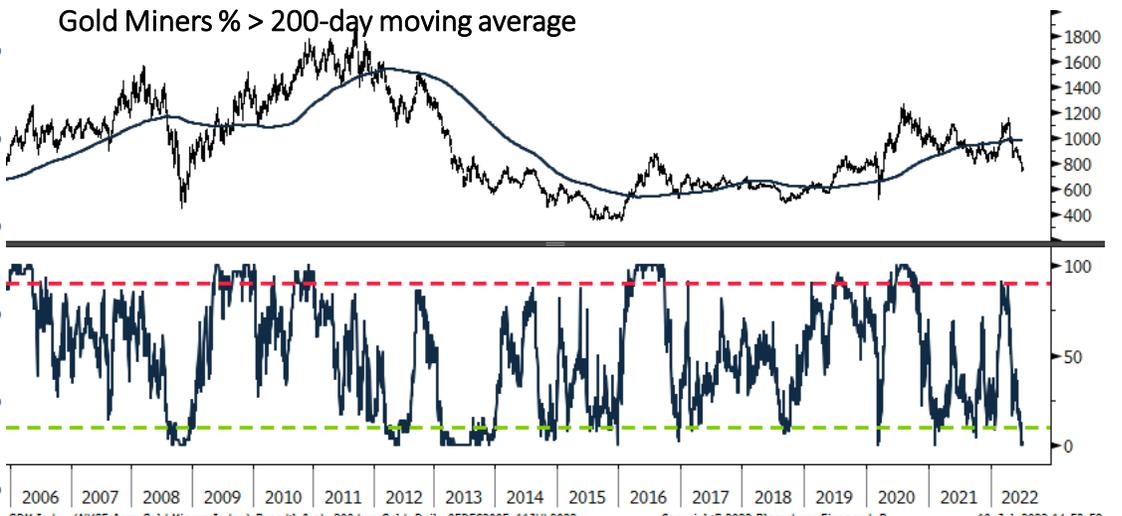


GLD US Equity (SPDR Gold Shares) Call/Put Open Intrst GLD Daily 29MAY2010-11JUL2022 Copyright© 2022 Bloomberg Finance L.P. 10-Jul-2022 14:56:49

Gold 30-year Seasonality



Gold Miners % > 200-day moving average



EURUSD Monthly



EURUSD Weekly



EURUSD Daily



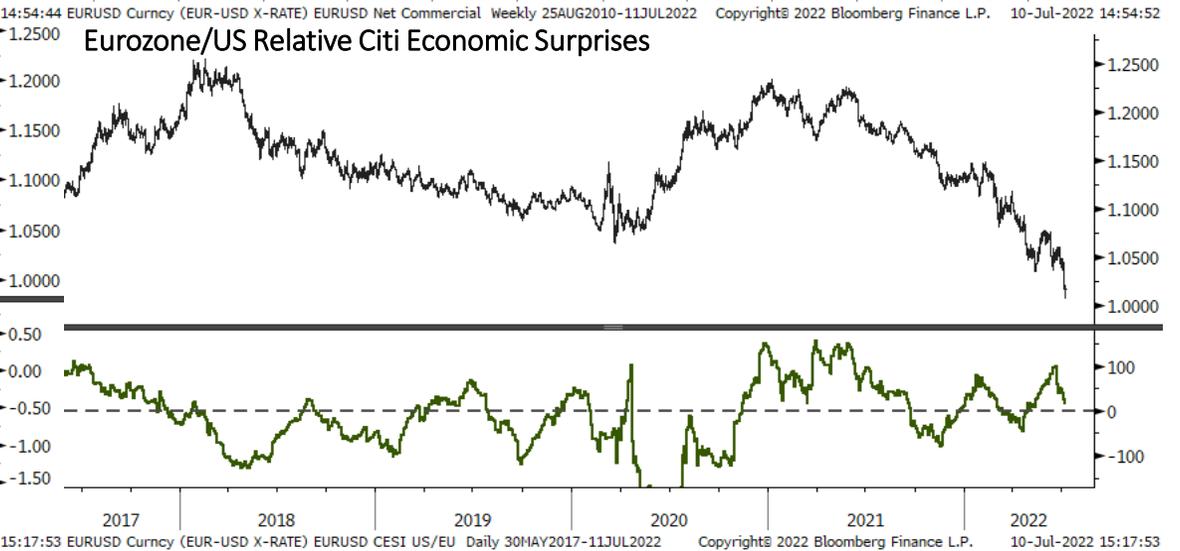
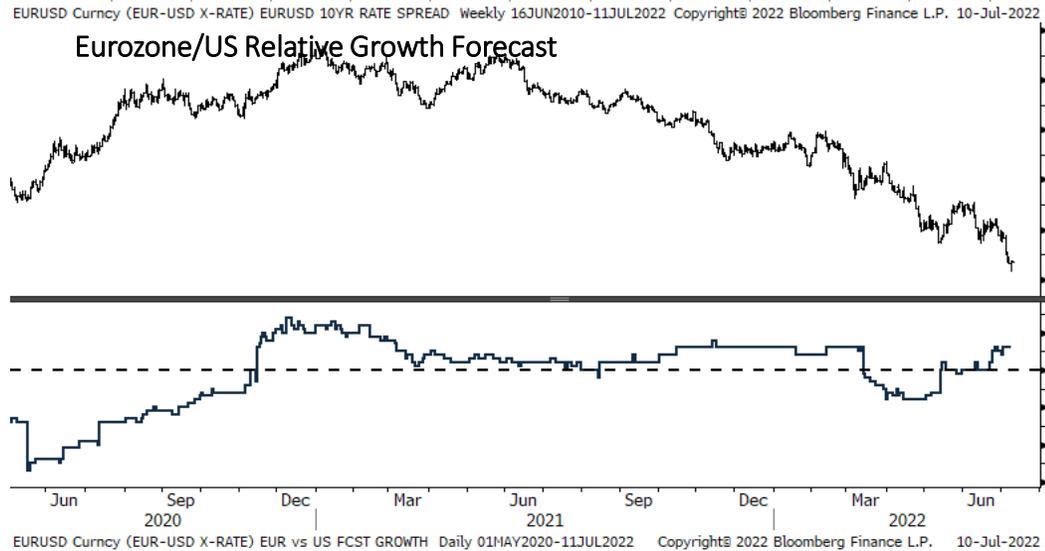
EURUSD Curncy (EUR-USD X-RATE) EURUSD - DAILY Daily 02DEC2021-11JUL2022

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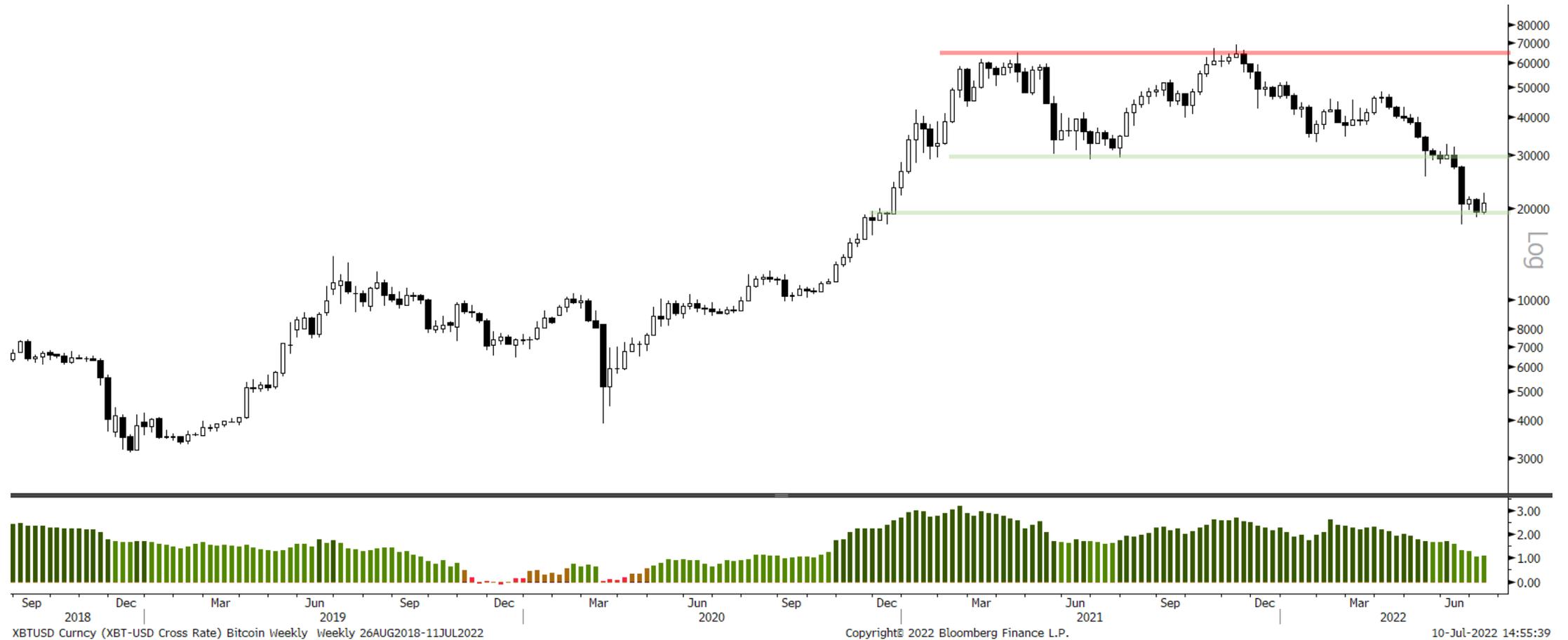
EURUSD Indicators



Bitcoin Monthly



Bitcoin Weekly



Bitcoin Daily

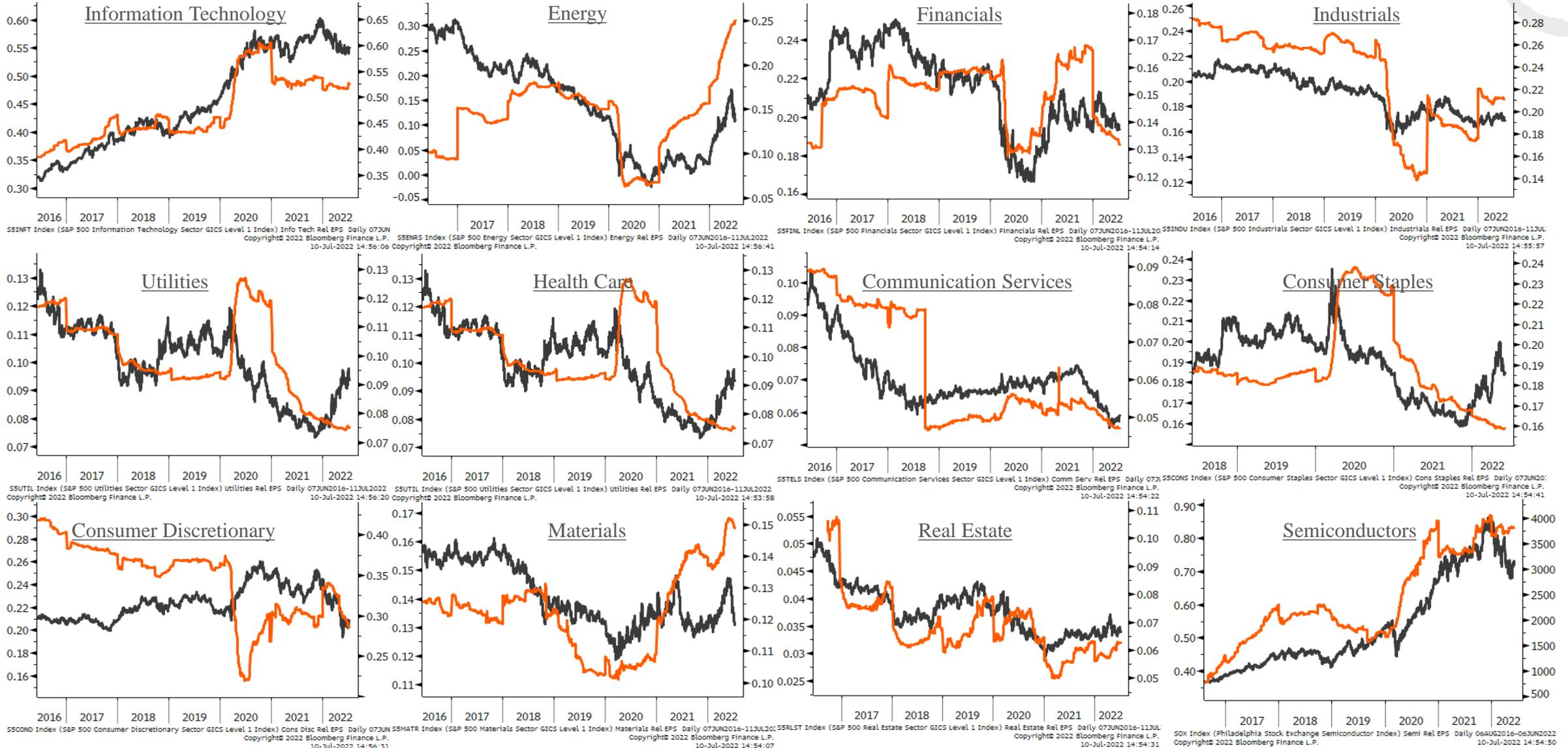
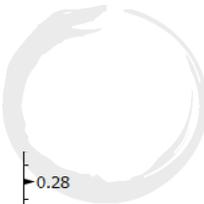


XBTUSD Curncy (XBT-USD Cross Rate) bitcoin Daily Daily 27JUN2021-11JUL2022

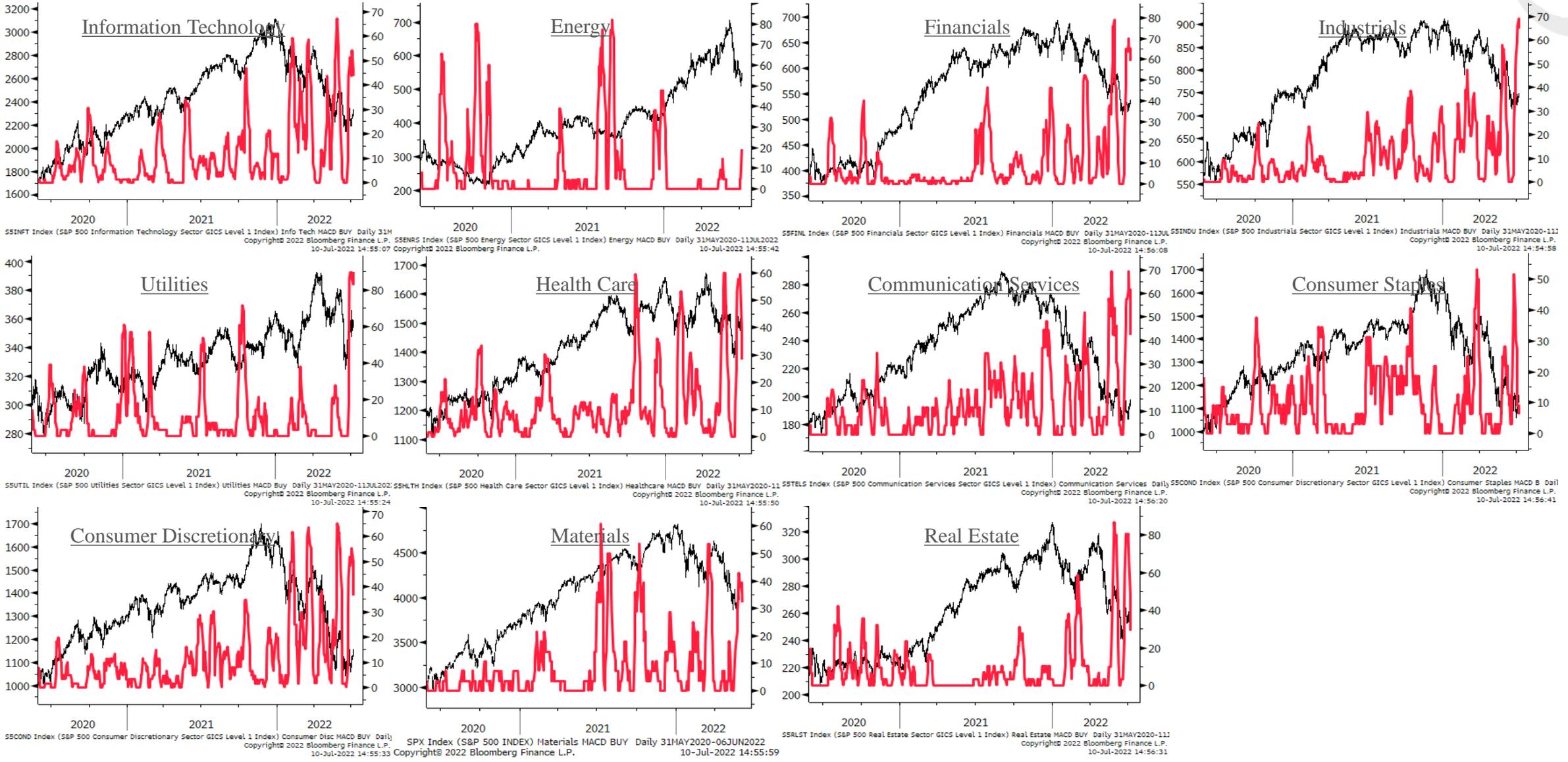
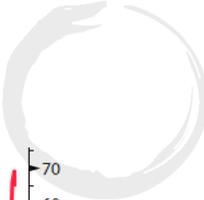
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Sector Relative to SPX Price & Forward EPS Performance (Price in Grey, F/EPS in Orange)



Sector % MACD Buy Signals



The Macro Ops Portfolio

PDF: <https://tinurl.com/mo-portfolio>

2022 YTD Return	17.82%
Total Notional Exposure	32.55%
Equity Exposure	15.66%
Futures Exposure	16.89%
Current Cash Value (%)	81.62%
Total Capital At-Risk (%)	19.77%
Total Drawdown Risk (%)	11.53%
2021 Final Return	6.39%
2020 Final Return	66.40%

Futures, Bonds & FX

Ticker	Contracts	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
US 20YR Treasuries	ZBU2022	3	\$300,000	16.89%	0.33%	1.19%	\$136.02	\$141.13	\$134.07	\$133.08	3.76%	1.74	16.89%	0.33%	1.19%

Equities

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Strategic															
Desert Control	DSRT	10,026	\$27,873.63	1.67%	1.77%	1.57%	\$3.13	\$2.78	\$0.00	\$0.00	-11.18%	-0.11	13.29%	8.99%	6.91%
Leonardo, Inc.	LDO	7,529	\$76,206.81	4.29%	0.66%	0.26%	\$10.82	\$10.12	\$9.50	\$9.50	-6.46%	-0.53			
Nerdy, Inc.	NRDY	7,148	\$18,228.46	1.03%	1.00%	1.03%	\$2.49	\$2.55	\$0.00	\$0.00	2.41%	0.02			
Clearpoint Neuro	CLPT	4,443	\$83,274.21	3.66%	0.77%	1.21%	\$12.46	\$14.24	\$9.40	\$9.40	14.29%	0.58			
Block, Inc.	SQ	753	\$60,472.12	2.84%	4.90%	2.84%	\$115.48	\$67.02	\$0.00	\$0.00	-41.96%	-0.42			

Thematic

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Tidewater, Inc.	TDW	2,161	\$42,146.80	2.37%	0.79%	0.18%	\$24.50	\$19.50	\$18.00	\$19.20	-20.41%	-0.94	2.37%	0.79%	0.18%

Tactical

Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
Tesla, Inc.	TSLA	-167	-\$118,484.84	-0.67%	0.51%	0.04%	\$699.39	\$752.29	766.8	766.8	-7.56%	-0.92	1.87%	2.00%	1.69%
Teladoc	TDOC	1,082	\$45,234.84	2.65%	0.50%	0.49%	41.98	\$41.81	33.75	33.75	-0.40%	-0.02			
Coupage	CPNG	2,307	\$36,030.63	2.03%	0.50%	0.44%	16.11	\$15.62	12.25	12.25	-3.04%	-0.13			
Clearpoint Neuro (Second Leg Add)	CLPT	4,948	\$70,465.77	3.97%	0.49%	0.72%	13.41	\$14.24	11.65	11.65	6.19%	0.47			

Options

Ticker	Contracts	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current (Mid) Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown Risk	
MU Jan 2023 \$125 CALLS	MU	82	\$410.00	0.02%	2.18%	0.02%	\$473.00	\$5.00	\$0.00	\$0.00	-98.94%	-0.99	1.55%	7.65%	1.55%
TSLA DEC 2022 \$350 PUTS	TSLA	9	\$17,286.55	0.97%	1.08%	0.97%	\$2,110.00	\$1,946.00	\$0.00	\$0.00	-7.77%	-0.08			
MO JAN 2023 \$70 CALLS	MO	299	\$897.00	0.05%	1.65%	0.05%	\$62.00	\$3.00	\$0.00	\$0.00	-96.74%	-0.97			
HAL JAN 2024 \$60 CALLS	HAL	67	\$8,908.21	0.50%	0.50%	0.50%	\$132.00	\$132.00	\$0.00	\$0.00	0.00%	0.00			
BHP Jan 2023 \$115 CALLS	BHP	55	\$0.00	0.00%	1.18%	0.00%	\$380.00	\$0.00	\$0.00	\$0.00	-100.00%	-1.00			
EWJ JAN 2023 \$90 CALLS	EWJ	173	\$0.00	0.00%	1.19%	0.00%	\$122.00	\$0.00	\$0.00	\$0.00	-100.00%	-1.00			

Appendix

- Trifecta Lens & SQN Methodology & Case Study ([link here](#))
 - TL Score Theory ([link here](#))
 - TL & SQN Dashboard ([link here](#))
 - Trend Fragility Dashboard ([link here](#))
- Nervous & Numb Case Study (coming soon)
- Volatility & Failed Volatility Breakouts (VBO/FVBO) ([link here](#))
- Hierarchy of Technicals ([link here](#))
- Currency Framework ([link here](#))
- Precious Metals Framework ([link here](#))
- How to Read Market Sentiment ([link here](#))
- Equity Supply & Demand Equation ([link here](#))
- 50 Cent Conditional Tail Hedge Strategy ([link here](#))

