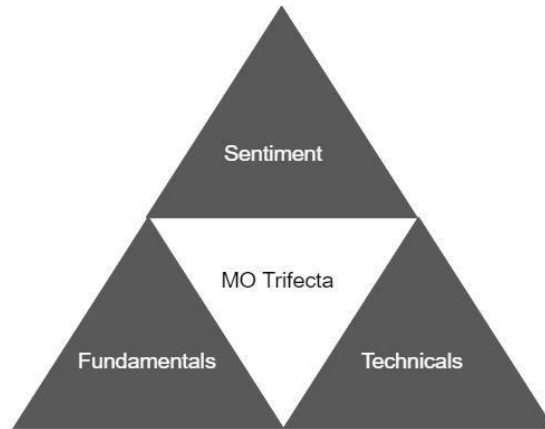


We're continuing to break down Technicals — one third of the Macro Ops Trifecta approach.



Many of our strategies at Macro Ops involve derivatives, so over the next few days we'll be diving into options and volatility trading.

To do this, we'll be taking you through our [Simplified Alpha Options Pro](#) course.

This masterclass is once again hosted by one of the co-founders of Macro Ops — Tyler Kling.

Now let's jump in...

[Calls & Puts Explained](#): We'll start with the basics because the complexity will only grow from here. It's important to begin with a solid foundation.

[The History Of Options](#): Stock options started to take off in the 70's when a few clever economists figured out the Black Scholes formula. We'll dissect that formula in this lecture.

[Shorting Options](#): In this video we cover all the mechanics and theory behind shorting options.

[The Most Important Options Spreads](#): We review the most common option spreads you'll see. Spoiler alert: most of them aren't worth executing!

Go ahead and watch these 4 lectures. We'll continue our discussion in the next email.

Your Macro Operator,

Alex

P.S: If you have questions on any of this, or if you want to skip ahead, [check out our FAQ here.](#)