

In today's [Options](#) lectures we'll be discussing when you *should* and when you *shouldn't* trade options.

[The Four Reasons To Trade Options](#): Hedging, leverage, vol speculation, sideways bets — if you find yourself trading options for reasons other than those, ask yourself... why?

[When To Avoid Options](#): Most traders jump into options for all the wrong reasons. We cover a few of them in this lecture.

We'll continue in the next email.

Your Macro Operator,

Alex

P.S: If you have questions on any of this, or if you want to skip ahead, [check out our FAQ here](#).