Macro Ops

The Trifecta Report

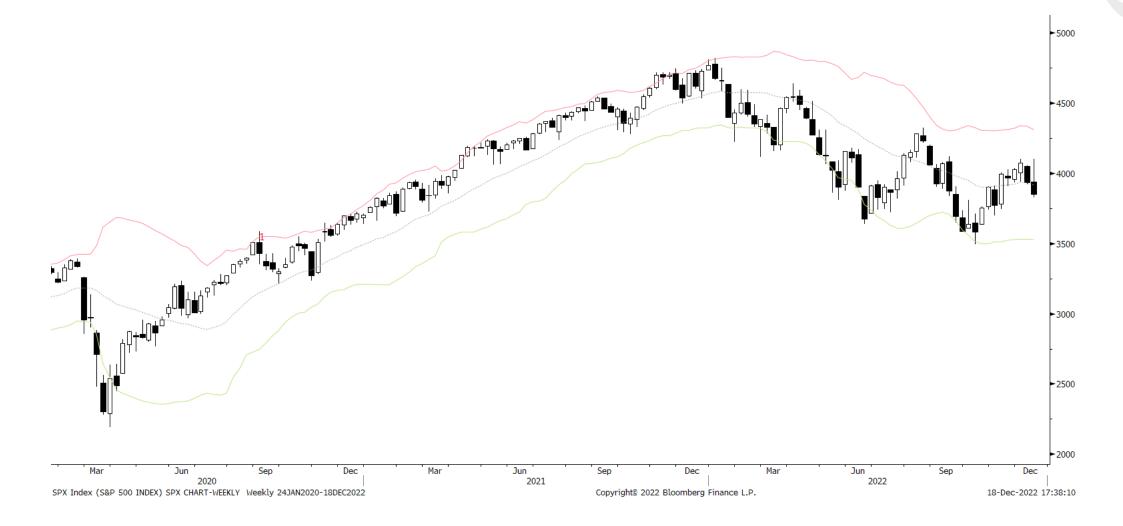
The best trades are the ones in which you have all three things going for you: fundamentals, technical, and market tone. ~ Michael Marcus



S&P 500 Monthly

12/18/2022

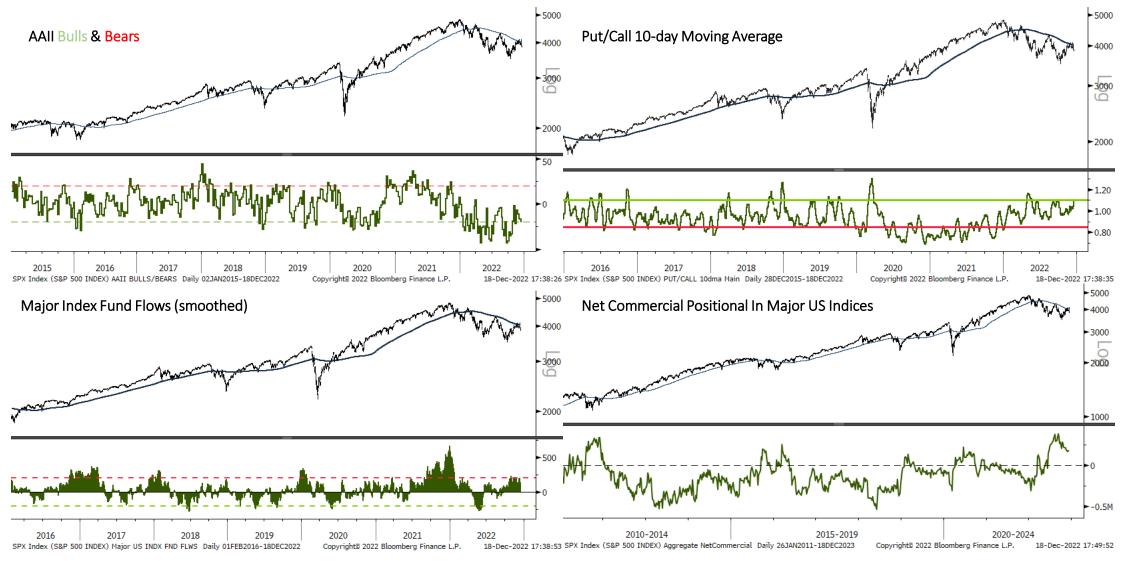
S&P 500 Weekly



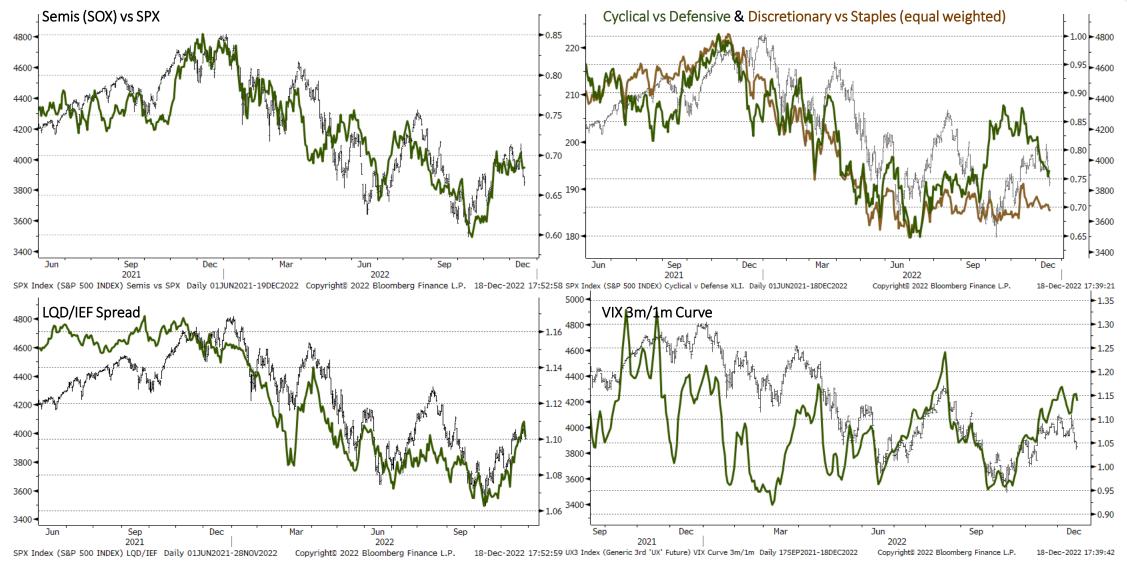
12/18/2022



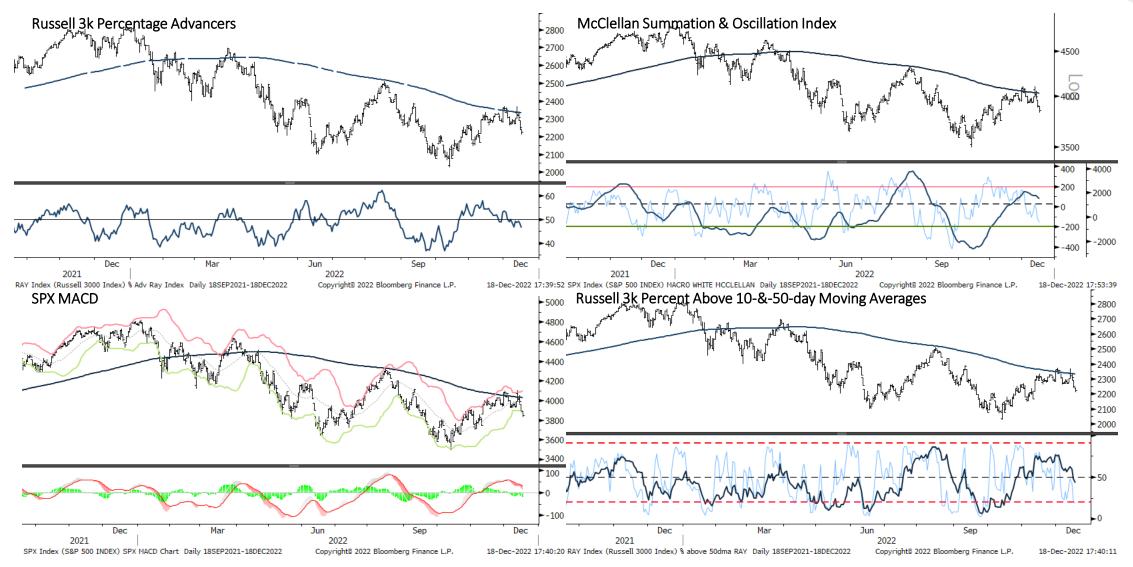
Sentiment & Positioning



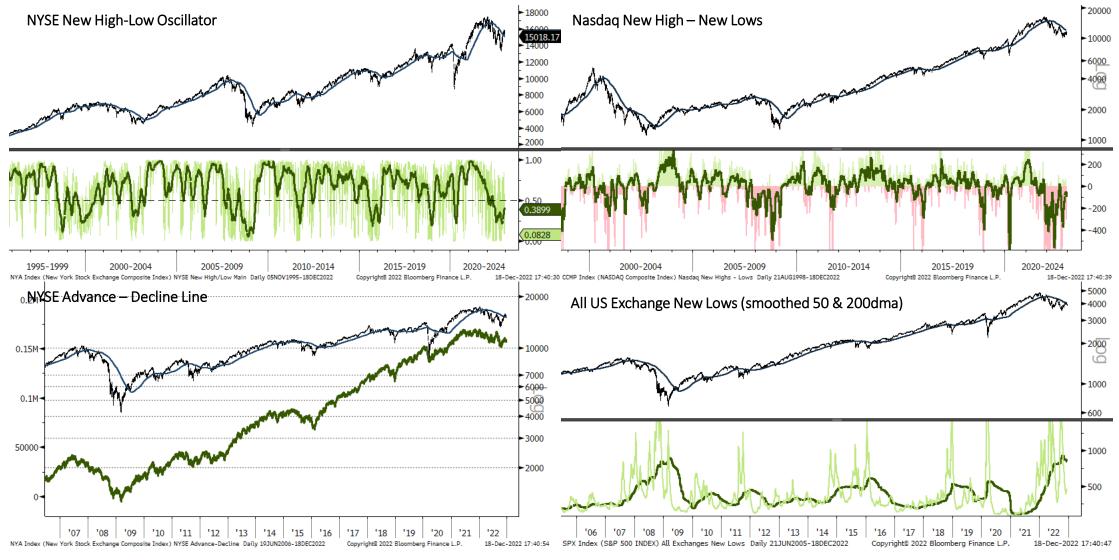
Market Internals



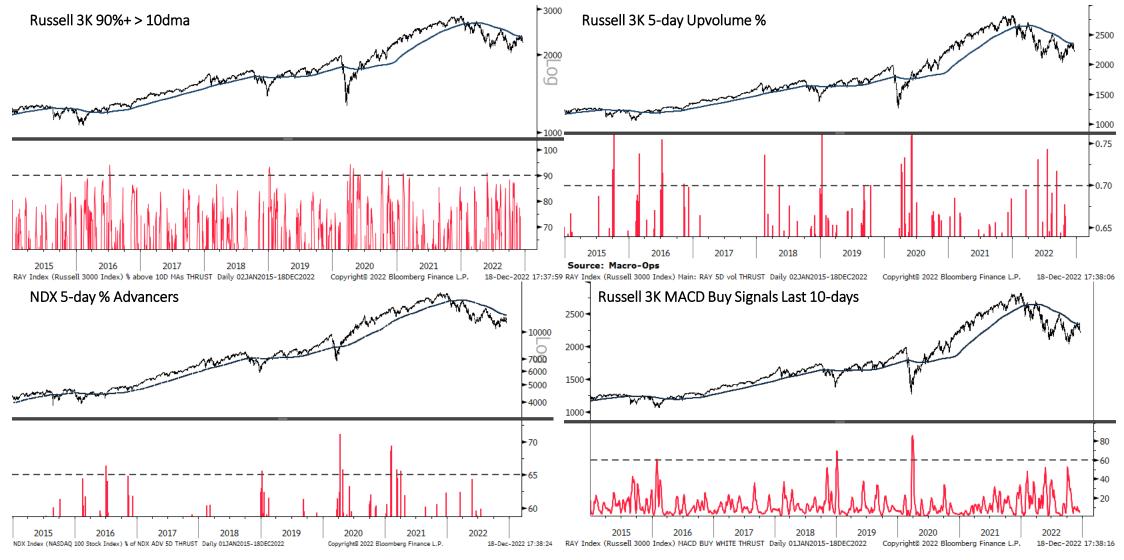
Short-term Breadth



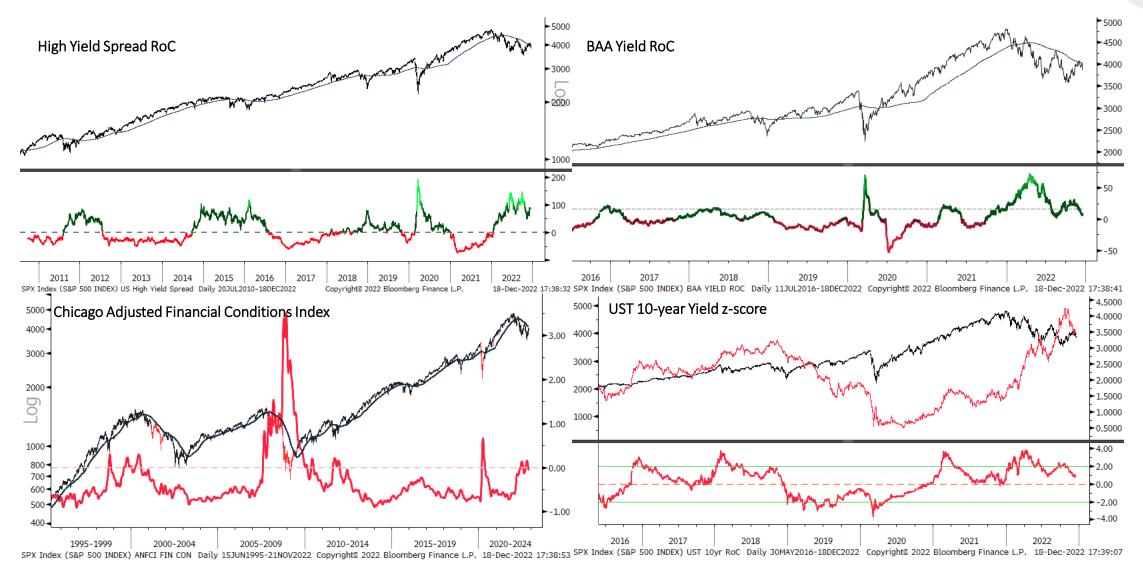
Long-term Breadth



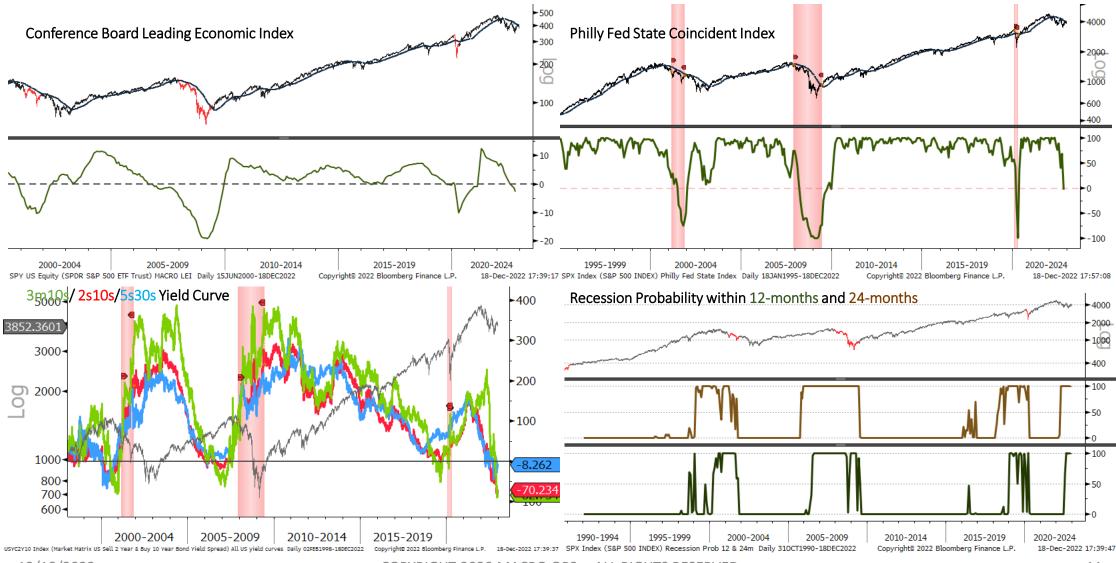
Breadth Thrust

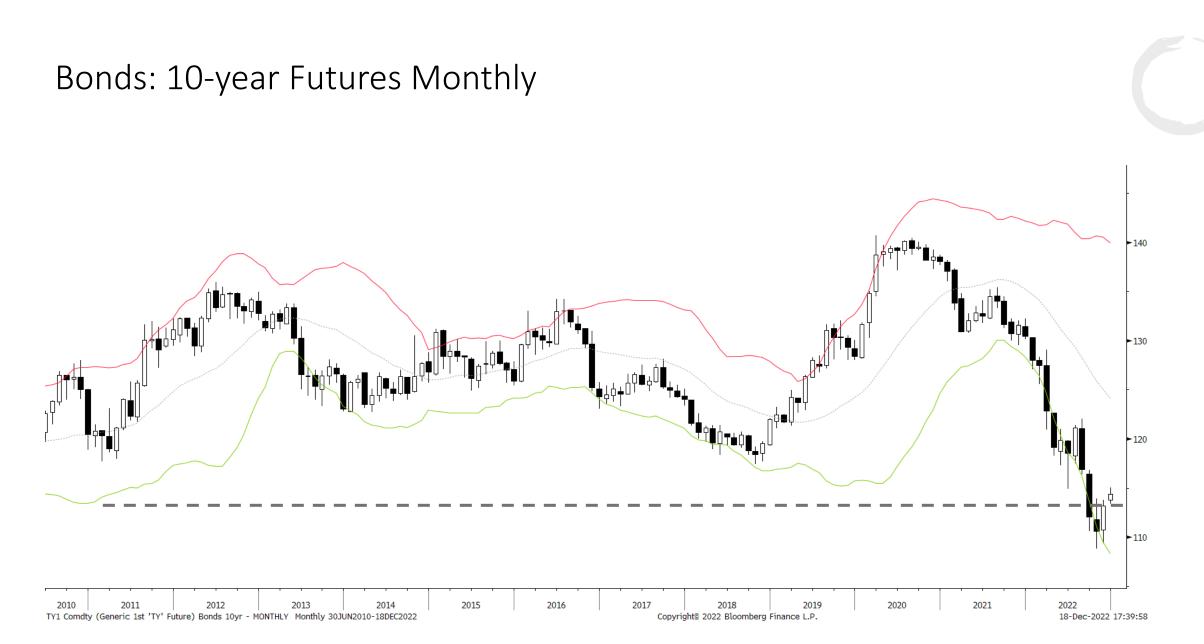


Liquidity

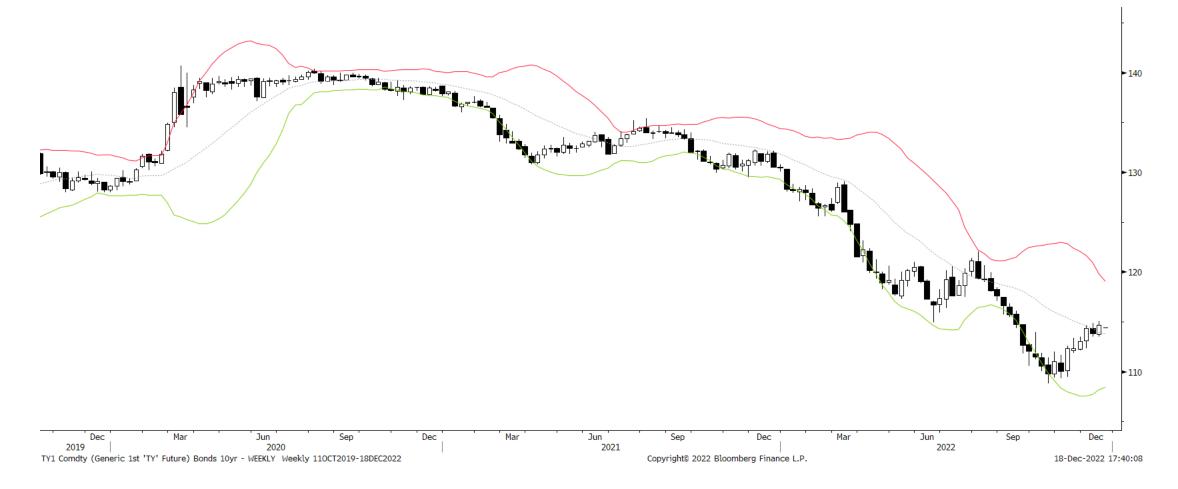


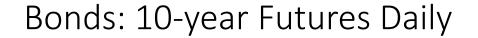
US Recession

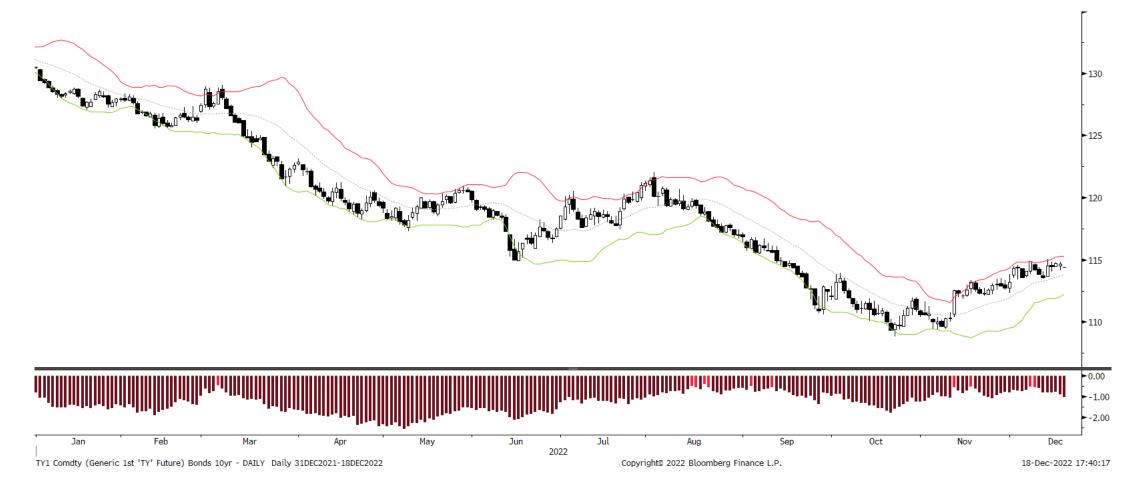




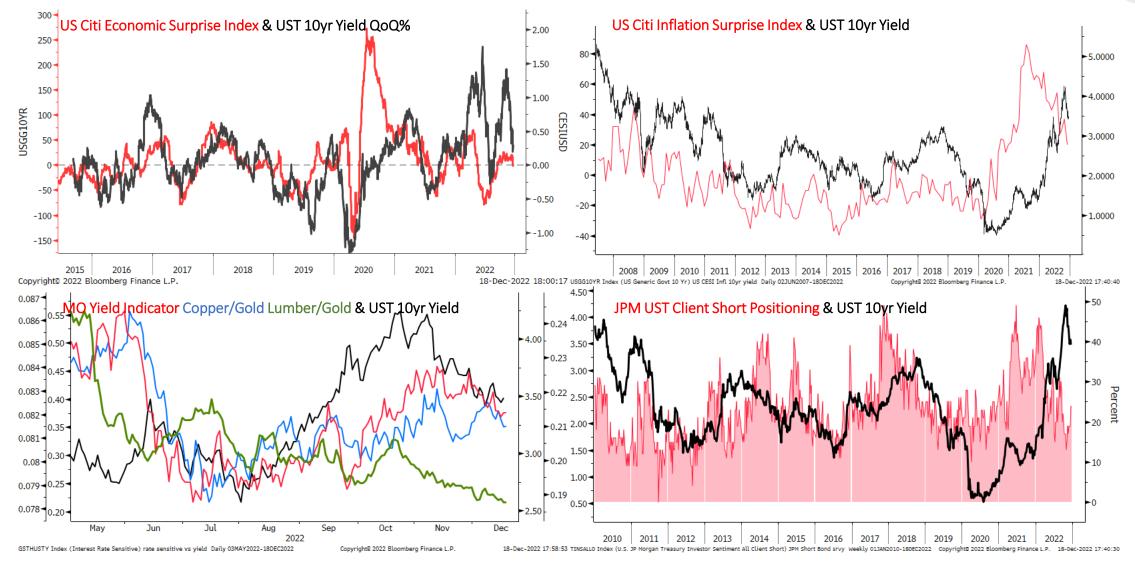
Bonds: 10-year Futures Weekly







Bond/Yield Indicators



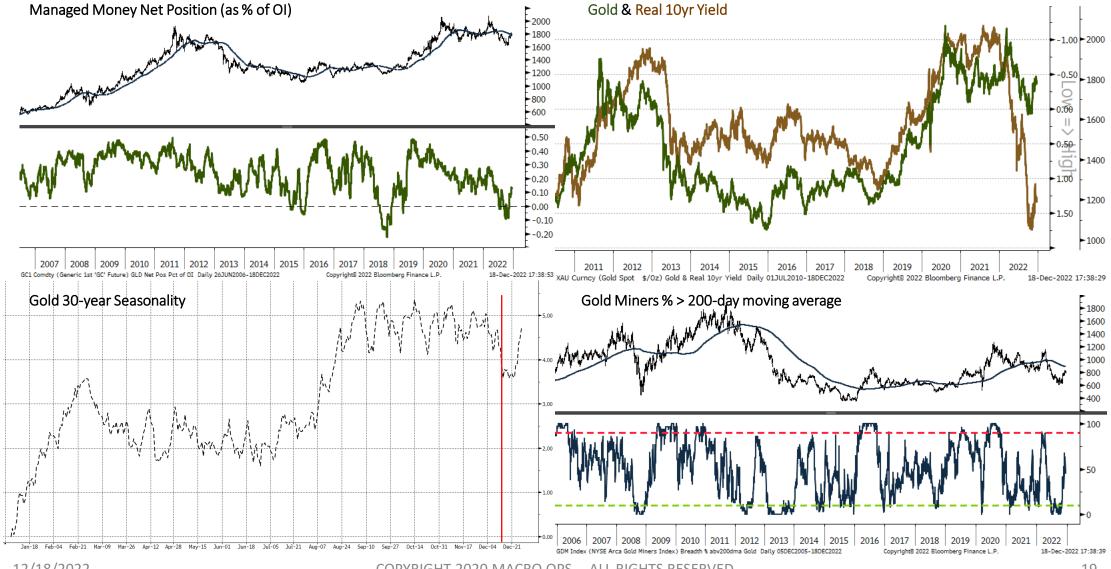


Gold Weekly





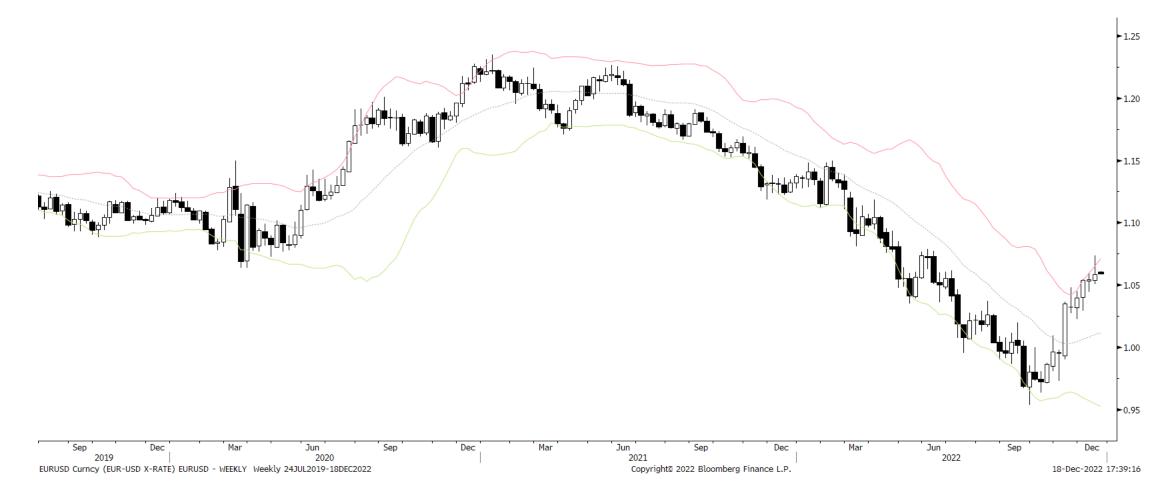
Gold Indicators



EURUSD Monthly

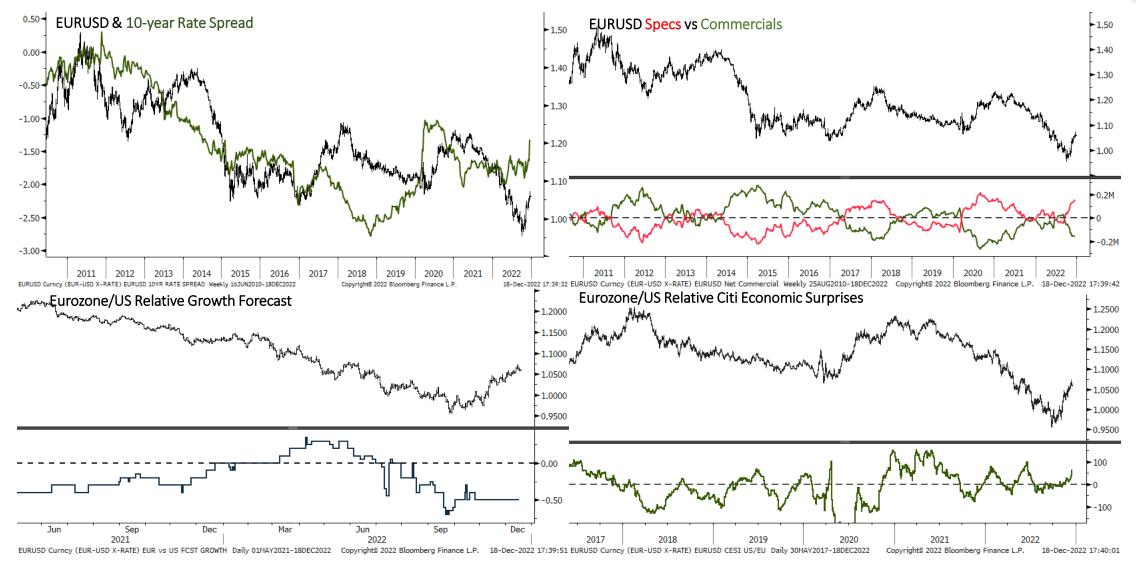


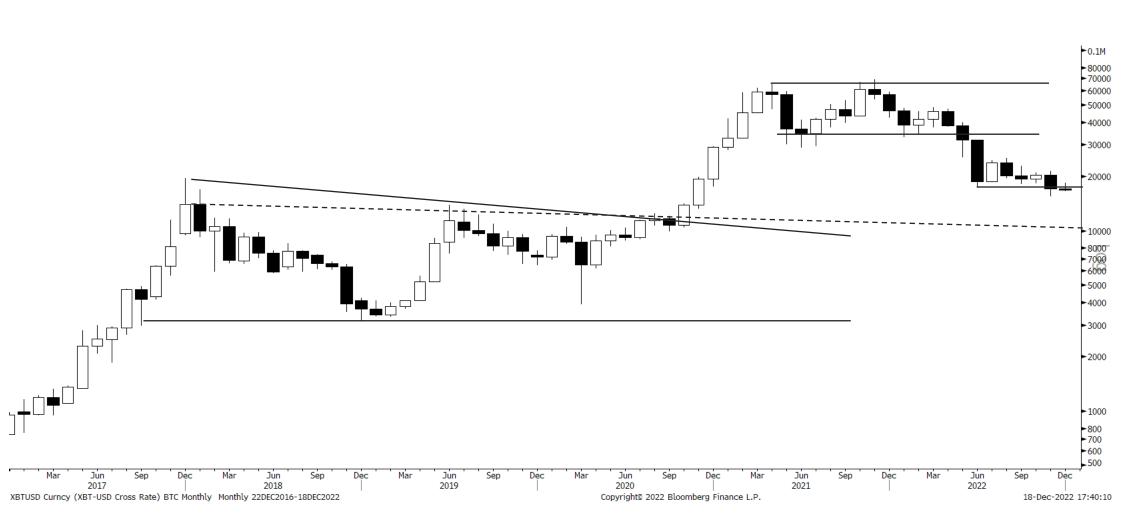
EURUSD Weekly





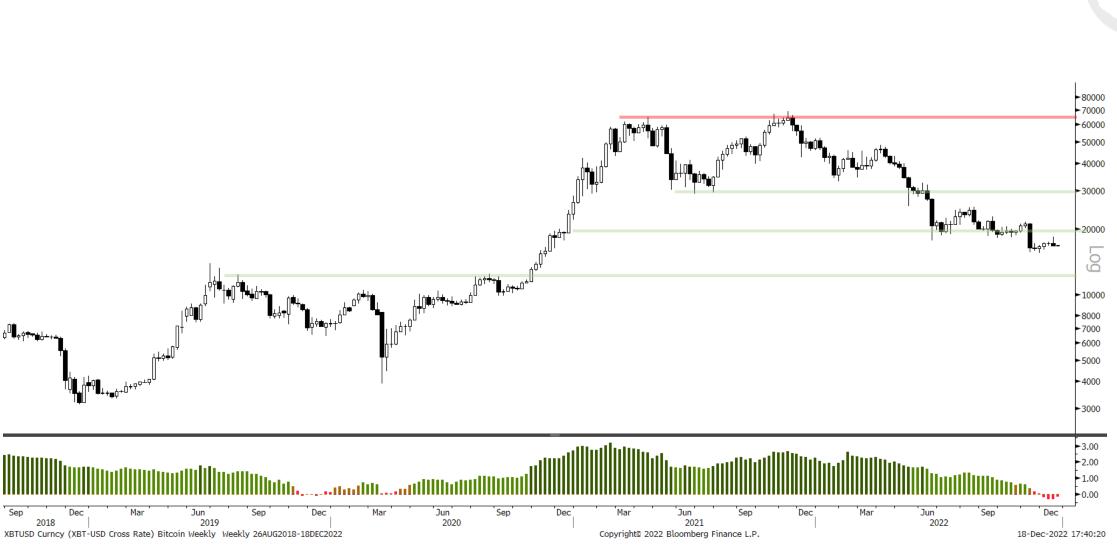
EURUSD Indicators





Bitcoin Monthly

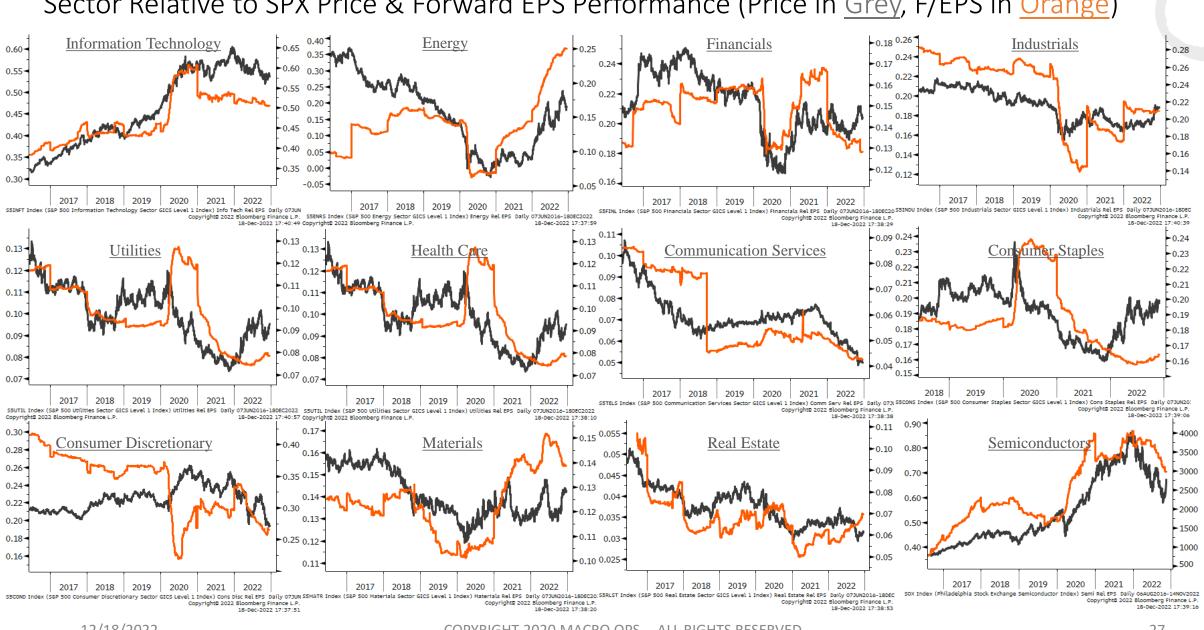
12/18/2022



Bitcoin Weekly

12/18/2022

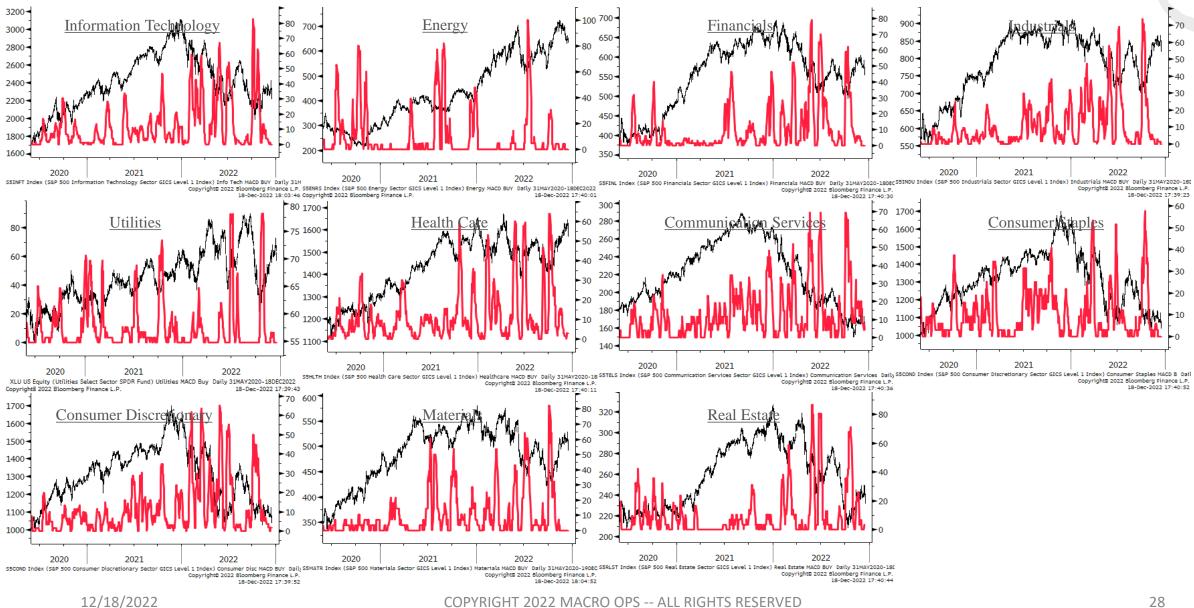




Sector Relative to SPX Price & Forward EPS Performance (Price in Grey, F/EPS in Orange)

12/18/2022

Sector % MACD Buy Signals





Portfolio PDF link

The Macro Ops Portfolio PDF: <u>https://tinyurl.com/mo-portfolio</u>																
2022 YTD Return Total Notional Exposure Equity Exposure Futures Exposure Current Cash Value (%) Total Capital At-Risk (%) Total Drawdown Risk (%)	8.73% 78.74% 64.29% 14.45% 34.20% 27.88% 17.68%															
2021 Final Return 2020 Final Return	6.39% 66.40%															
Futures, Bonds & FX	Ticker	Contracts	Capital	Notional	Actual Risk		Cost Basis	Current Price	Current Stop-Loss	Initial Ston-Loss	Current B&I	P-Multiple (Curr.)	Total Notional	Total Rick	Total Drawdown F	Diek
Micro E-Mini Silver Futures	SILH2023	10	\$233,600.00	14.45%	1.01%	1.24%	\$22.98	\$23.36	\$21.35	\$21.35		0.23	91.58%	2.78%		2.50%
Gold Futures	GCF2023	3	\$540,000.00	33.41%	0.66%	0.54%	\$1,806.30	\$1,800.00		\$1,771.00		-0.18				
Micro E-Mini Nasdaq 100 Futures	MNQH2023	13	\$298,532.00	18.47%	0.57%	0.00%	\$11,839.00	\$11,482.00		\$11,542.00		-1.20				
Euro/US Dollar	EURUSD	385,572	\$408,320.68	25.26%	0.54%	0.72%	\$1.05	\$1.06	\$1.03	\$1.03	0.73%	0.34				
Equities	Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown F	Risk
Strategic												1	8.46%	9.28%	5.41%	
Desert Control	DSRT	10.026	\$16,944.76	1.05%	1.94%	1.05%	\$3.13	\$1.69	\$0.00	\$0.00	-46.01%	-0.46				
Eli Lilly	LLY	509	\$183,093.52	11.33%	-0.19%	0.66%	\$333.00	\$359.87	\$339.00	\$316.00	8.07%	1.58				
Nerdy, Inc.	NRDY	7,148	\$13,939.41	0.86%	1.10%	0.86%	\$2.49	\$1.95	\$0.00	\$0.00	-21.69%	-0.22				
Clearpoint Neuro	CLPT	4,443	\$37,324.67	2.31%	3.43%	2.31%	\$12.46	\$8.40	\$0.00	\$9.40	-32.58%	-1.33				
Block, Inc.	SQ	753	\$47,075.68	2.91%	3.00%	0.54%	\$115.48	\$62.51	\$51.00	\$0.00	-45.87%	-0.46				
Thematic	Ticker	Shares	Capital	Notional	Actual Risk	DD Risk	Cost Basis	Current Price	Current Stop-Loss	Initial Stop-Loss	Current P&L	R-Multiple (Curr.)	Total Notional	Total Risk	Total Drawdown F	Risk
Paladin Energy	PDN	68,959	\$33,100.23	2.05%	0.77%	0.13%	\$0.63	\$0.48	\$0.45	\$0.00	-23.81%	-0.24	39.60%	6.77%	b	7.63%
Sprott Uranium		3,779	\$42,713,85	2.64%	0.57%	0.46%	\$11.76	\$11.30		\$0.00	-3.88%	-0.04				
Sprott oranium	U.UN	3,119							\$9.33							
Sprott Uranium	U.UN U.UN	3,779	\$42,713.85	2.64%	0.57%	0.46%	\$11.76	\$11.30	\$9.33 \$9.33	\$0.00	-3.88%	-0.04				
			\$42,713.85 \$66,281.02	2.64% 4.10%			\$11.76 \$29.61			\$0.00 \$24.00						
Sprott Uranium	U.UN	3,779	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		0.57%	0.46%		\$11.30	\$9.33 \$26.10		-3.78%	-0.04				
Sprott Uranium Peabody Energy	U.UN BTU	3,779 2,326	\$66,281.02	4.10%	0.57% 0.51%	0.46% 0.34%	\$29.61	\$11.30 \$28.49	\$9.33 \$26.10	\$24.00	-3.78% 11.94%	-0.04 -0.20				
Sprott Uranium Peabody Energy Foran Mining	U.UN BTU FOM	3,779 2,326 45,198	\$66,281.02 \$101,694.60	4.10% 6.29%	0.57% 0.51% 0.17%	0.46% 0.34% 0.84%	\$29.61 \$2.01	\$11.30 \$28.49 \$2.25	\$9.33 \$26.10 \$1.95	\$24.00 \$1.80	-3.78% 11.94% -26.32%	-0.04 -0.20 1.14				
Sprott Uranium Peabody Energy Foran Mining Centrus Energy	U.UN BTU FOM LEU PANR VIST	3,779 2,326 45,198 985 32,282 5,457	\$66,281.02 \$101,694.60 \$32,751.90	4.10% 6.29% 2.03% 2.36% 4.38%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78	\$11.30 \$28.49 \$2.25 \$33.25	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80	\$24.00 \$1.80 \$0.00	-3.78% 11.94% -26.32% -28.92% 32.72%	-0.04 -0.20 1.14 -0.26 -0.29 0.33				
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited	U.UN BTU FOM LEU PANR VIST MLX	3,779 2,326 45,198 985 32,282 5,457 254,102	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03	4.10% 6.29% 2.03% 2.36% 4.38% 2.82%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$0.18	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.00 \$0.15	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47				
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining	U.UN BTU FOM LEU PANR VIST MLX EGO	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.99 \$0.18 \$8.26	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.15 \$5.40	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65				
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited	U.UN BTU FOM LEU PANR VIST MLX	3,779 2,326 45,198 985 32,282 5,457 254,102	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03	4.10% 6.29% 2.03% 2.36% 4.38% 2.82%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$0.18	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.00 \$0.15	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47				
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining	U.UN BTU FOM LEU PANR VIST MLX EGO	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.99 \$0.18 \$8.26	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.15 \$5.40 \$19.20	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65	Fotal Notional	<u>Total Risk</u>	<u>Total Drawdown F</u>	Risk
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc.	U.UN BTU FOM LEU PANR VIST MLX EGO TDW	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14% 4.15%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$0.18 \$8.26 \$31.06	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.15 \$5.40 \$19.20	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65 1.24	<u>Fotal Notional</u>	<u>Total Risk</u>	: <u>Total Drawdown F</u>	Risk
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKET	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161 Shares	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98 Capital	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14% 4.15% Notional	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% DD Risk	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis	\$11.30 \$28.49 \$2.25 \$3.325 \$1.18 \$12.98 \$0.18 \$8.26 \$31.06 Current Price	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$0.00 \$10.80 \$10.80 \$0.15 \$6.60 \$28.00 \$28.00 \$28.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.15 \$5.40 \$19.20 Initial Stop-Loss	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L -12.28%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65 1.24 R-Multiple (Curr.)	Total Notional 3.84%	<u>Total Risk</u> 0.12%		<u>Risk</u> 0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKET BTU	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161 Shares 1,358	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98 Capital \$38,700.48 \$62,052.66	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14% 4.15% Notional 2.39%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47% Actual Risk 0.54%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% DD Risk 0.20%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$3.06 \$31.06 Current Price \$28.49 \$12.98	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$0.00 \$10.80 \$10.80 \$0.15 \$6.60 \$28.00 \$28.00 \$28.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.05 \$1.5 \$5.40 \$19.20 Initial Stop-Loss 26.1 9.45	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L 15.28%	-0.04 -0.20 1.14 -0.26 -0.29 0.03 -0.47 1.65 1.24 R-Multiple (Curr.)	3.84%	0.12%	0	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic)	U.UN BTU FOM LEU PANR VIST MLX EGO TDW Ticker BTU VIST	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161 Shares 1,358 4,781	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98 Capital \$38,700.48 \$62,052.66	4.10% 6.29% 2.03% 4.38% 2.82% 6.14% 4.15% Notional 2.39% 3.84%	0.57% 0.51% 0.92% 3.32% -0.34% -0.34% -0.09% -0.47% Actual Risk 0.54% 0.12%	0.46% 0.34% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% DD Risk 0.20% 0.63%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$3.06 \$31.06 Current Price \$28.49 \$12.98	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss 26.1 10.85	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.05 \$1.5 \$5.40 \$19.20 Initial Stop-Loss 26.1 9.45	-3.78% 11.94% -26.32% -28.92% 32.72% -12.60% 27.47% 26.78% Current P&L 15.28% Current P&L	-0.04 -0.20 -0.20 -0.29 -0.33 -0.47 1.65 1.24 R-Multiple (Curr.) -0.63 0.95	3.84%	0.12% Total Risk	0	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKET BTU VIST	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161 Shares 1,358 4,781 Contracts	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98 Capital \$38,700.48 \$62,052.66 a Capital	4.10% 6.29% 2.03% 4.38% 4.38% 2.82% 6.14% 4.15% Notional 2.39% 3.84%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.88% -0.09% -0.47% Actual Risk 0.54% 0.12%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% DD Risk 0.63%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis	\$11.30 \$28.49 \$2.25 \$3.325 \$1.18 \$12.98 \$0.18 \$8.26 \$31.06 Current Price \$28.49 \$12.98 Current (Mid) Price	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss 26.1 10.85 Current Stop-Loss	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.05 \$5.40 \$19.20 Initial Stop-Loss Initial Stop-Loss	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L -12.28% 15.28% Current P&L -100.00%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65 1.24 R-Multiple (Curr.) 2 -0.63 0.95 R-Multiple (Curr.) 2	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options MU Jan 2023 5125 CALLS TSLA DEC 2022 5116.67 PUTS AG JAN 19 2024 520 CALLS	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKET BTU VIST TICKET MU TSLA AG	3,779 2,326 45,198 995 32,282 5,457 2,264,102 12,025 2,161 Shares 1,358 4,781 Contracts 82 9 2,337	\$66,281.02 \$101,694.60 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,131.98 Capital \$38,700.48 \$62,052.66 Capital \$0.00 \$0.00 \$11,595.84	4.10% 6.29% 2.03% 2.38% 4.38% 2.82% 6.14% 4.15% Notional 2.39% Notional 0.00% 0.00% 0.02%	0.57% 0.51% 0.77% 0.92% 3.32% -0.34% 0.88% -0.09% -0.09% -0.47% 0.54% 0.54% 0.54% 0.54% 0.54% 0.54% 0.54% 0.39% 1.02%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.44% DD Risk 0.63% DD Risk 0.00% 0.00%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$5.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis \$473.00 \$703.33 \$70.00	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$0.18 \$8.26 \$31.06 Current Price \$28.49 \$12.98 Current (Mid) Price \$0.00 \$0.00 \$0.00	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$0.00 \$0.15 \$6.60 \$228.00 Current Stop-Loss 26.1 10.85 Current Stop-Loss \$0.00 \$0.00 \$0.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.15 \$5.40 \$19.20 Initial Stop-Loss \$6.1 9.45 Initial Stop-Loss \$0.00 \$0.00 \$0.00	-3.78% 11.9% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L -12.28% 15.28% Current P&L -100.00% -30.00%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65 1.24 R-Multiple (Curr.) R-Multiple (Curr.) -1.00 -0.30	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pattheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options MU Jan 2023 \$125 CALLS TSLA DEC 2022 \$116.67 PUTS AG JAN 19 2024 \$20 CALLS	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKER BTU VIST TICKER MU TSLA AG MO	3,779 2,326 45,198 995 32,282 5,457 254,102 12,025 2,161 Shares 1,356 4,781 Contracts 82 9 237 239	566,281.02 \$101,694.60 \$32,751.90 \$33,092.56 \$70,826.08 \$45,555.03 \$99,324.54 \$67,131.98 Capital \$32,052.66 \$0,000 \$11,595.84 \$0,00	4.10% 6.29% 2.35% 4.38% 2.82% 6.14% 4.15% Notional 2.39% 3.84% Notional 0.00% 0.00%	0.57% 0.51% 0.17% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47% Actual Risk 0.54% 0.54% 0.54% 0.52% 1.2%	0.46% 0.34% 0.84% 0.20% 2.36% 0.46% 1.23% 0.41% DD Risk 0.20% 0.63% DD Risk 0.00% 0.00%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis \$473.00 \$7703.33 \$70.00	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$1.298 \$0.18 \$8.26 \$31.06 \$28.49 \$12.98 Current (Mid) Price \$0.00 \$0.00 \$49.00 \$0.00	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$0.05 \$51.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss 26.1 10.85 Current Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.05 \$5.40 \$19.20 Initial Stop-Loss \$4.5 Initial Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00 \$0.00 \$0.00	-3.78% 11.9% -26.32% -28.92% -27.9% -12.50% 27.47% 26.78% Current P&L -12.28% 15.28% Current P&L -100.00% -30.00%	-0.04 -0.20 -0.20 -0.29 -0.29 -0.47 1.65 1.24 R-Multiple (Curr.) -0.63 0.95 R-Multiple (Curr.) -1.00 -1.00 -1.00	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options MU Jan 2023 \$125 CALLS TSLA DEC 2022 \$116.67 PUTS AG JAN 19 2024 \$20 CALLS MO JAN 2023 \$70 CALLS	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKER BTU VIST TICKER MU TSLA AG MO HAL	3,779 2,326 46,198 905 32,282 5,457 12,025 2,161 Shares 1,358 4,781 Contracts 82 9 237 299 237 299	\$66,281.02 \$101,994.50 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,7131.99 Capital \$30,700.48 \$62,056.66 Capital \$0.00 \$11,755.84 \$0.00 \$12,752.07	4.10% 6.29% 2.03% 2.36% 4.33% 2.82% 6.14% 4.15% Notional 2.39% 3.84% Notional 0.00% 0.00% 0.00% 0.00% 0.79%	0.57% 0.51% 0.77% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47% Actual Risk 0.54% 0.12% 2.40% 0.39% 1.02% 1.70% 0.55%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% D.04% 0.20% 0.63% D.00% 0.00% 0.00% 0.00%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis \$473.00 \$700.33 \$700.00 \$92.00	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$30.18 \$8.26 \$31.06 \$28.49 \$12.98 \$12.98 \$22.849 \$12.98 \$22.849 \$12.98 \$20.00 \$49.00 \$49.00 \$0.00 \$49.00	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss \$0.00 Current Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00 \$0.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$1.55 \$5.40 \$19.20 Initial Stop-Loss \$0.45 Initial Stop-Loss \$0.00 \$0.00 \$0.00	-3.78% 11.9% -26.32% -28.92% -27% -12.50% 27.47% 26.78% Current P&L -12.28% 15.28% Current P&L -100.00% -30.00% -30.00% 43.18%	-0.04 -0.20 -0.20 -0.29 -0.33 -0.47 1.65 1.24 R-Multiple (Curr.) -0.63 0.95 R-Multiple (Curr.) -1.00 -1.00 -0.30 -1.00 -0.43	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options MU Jan 2023 512 CALLS TSLA DEC 2022 \$116.67 PUTS AG JAN 19 2024 \$20 CALLS MO JAN 2023 \$70 CALLS HAL JAN 19 2024 \$50 CALLS	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKET BTU VIST TICKET MU TSLA AG MO HAL BHP	3,779 2,326 45,198 985 32,282 5,457 254,102 12,025 2,161 Shares 1,358 4,781 Contracts 82 9 9 237 299 67 55	\$66,281.02 \$101,994.60 \$32,751 90 \$38,092.56 \$70,826.08 \$45,535.03 \$45,535.03 \$99,324.54 \$67,7131.98 Capital \$38,700.48 \$52,052.66 \$11,595.84 \$0.00 \$12,752.07 \$0.00	4.10% 6.29% 2.03% 2.36% 4.38% 2.82% 6.14% 4.15% Notional 2.39% 3.84% Notional 0.00% 0.02% 0.00% 0.72% 0.00%	0.57% 0.51% 0.21% 0.22% 3.32% -0.34% 0.88% -0.09% -0.09% -0.47% 0.54% 0.54% 0.54% 0.12% Actual Risk 2.40% 0.39% 1.02%	0 46% 0.34% 0.34% 0.20% 2.36% 0.47% 0.46% 1.23% 0.41% DD Risk 0.63% DD Risk 0.00% 0.00% 0.72% 0.00%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis \$473.00 \$70.33 \$70.00 \$92.00 \$132.00 \$380.00	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$0.18 \$8.26 \$31.06 Current Price \$28.49 \$12.98 Current (Mid) Price \$0.00 \$0.00 \$0.00 \$189.00 \$30.00	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$0.00 \$0.05 \$28.00 Current Stop-Loss 26.1 10.85 Current Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00 \$0.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$0.15 \$5.40 \$19.20 Initial Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00 \$0.00 \$0.00 \$0.00 \$0.00	-3.78% 11.94% -26.32% -28.92% 32.72% -12.50% 27.47% 26.78% Current P&L -102.00% -100.00% -30.00% 43.18%	-0.04 -0.20 1.14 -0.26 -0.29 0.33 -0.47 1.65 1.24 R-Multiple (Curr.) R-Multiple (Curr.) -1.00 -1.00 -1.00 0.43 -1.00	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%
Sprott Uranium Peabody Energy Foran Mining Centrus Energy Pantheon Resources Vista Energy Metals X Limited Eldorado Gold Mining Tidewater, Inc. Tactical Peabody Energy Vista Energy (Trade Around Strategic) Options MU Jan 2023 \$125 CALLS TSLA DEC 2022 \$116.67 PUTS AG JAN 19 2024 \$20 CALLS MO JAN 2023 \$70 CALLS	U.UN BTU FOM LEU PANR VIST MLX EGO TDW TICKER BTU VIST TICKER MU TSLA AG MO HAL	3,779 2,326 46,198 905 32,282 5,457 12,025 2,161 Shares 1,358 4,781 Contracts 82 9 237 299 237 299	\$66,281.02 \$101,994.50 \$32,751.90 \$38,092.56 \$70,826.08 \$45,535.03 \$99,324.54 \$67,7131.99 Capital \$30,700.48 \$62,056.66 Capital \$0.00 \$11,755.84 \$0.00 \$12,752.07	4.10% 6.29% 2.03% 2.36% 4.33% 2.82% 6.14% 4.15% Notional 2.39% 3.84% Notional 0.00% 0.00% 0.00% 0.00% 0.79%	0.57% 0.51% 0.77% 0.92% 3.32% -0.34% 0.86% -0.09% -0.47% Actual Risk 0.54% 0.12% 2.40% 0.39% 1.02% 1.70% 0.55%	0.46% 0.34% 0.84% 0.20% 2.36% 0.74% 0.46% 1.23% 0.41% D.04% 0.20% 0.63% D.00% 0.00% 0.00% 0.00%	\$29.61 \$2.01 \$45.13 \$1.66 \$9.78 \$0.20 \$6.48 \$24.50 Cost Basis \$32.48 \$11.26 Cost Basis \$473.00 \$700.33 \$700.00 \$92.00	\$11.30 \$28.49 \$2.25 \$33.25 \$1.18 \$12.98 \$30.18 \$8.26 \$31.06 \$28.49 \$12.98 \$12.98 \$22.849 \$12.98 \$22.849 \$12.98 \$20.00 \$49.00 \$49.00 \$0.00 \$49.00	\$9.33 \$26.10 \$1.95 \$30.00 \$0.00 \$10.80 \$0.15 \$6.60 \$28.00 Current Stop-Loss \$0.00 Current Stop-Loss \$0.00 \$0.00 \$0.00 \$0.00 \$0.00	\$24.00 \$1.80 \$0.00 \$0.00 \$0.00 \$1.55 \$5.40 \$19.20 Initial Stop-Loss \$0.45 Initial Stop-Loss \$0.00 \$0.00 \$0.00	-3.78% 11.9% -26.32% -28.92% -27.9% -12.50% 27.47% 26.78% Current P&L -12.28% 15.28% Current P&L -100.00% -100.00% -100.00% -100.00%	-0.04 -0.20 -0.20 -0.29 -0.33 -0.47 1.65 1.24 R-Multiple (Curr.) -0.63 0.95 R-Multiple (Curr.) -1.00 -1.00 -0.30 -1.00 -0.43	3.84% Fotal Notional	0.12% Total Risk	Total Drawdown F	0.63%

Appendix

- Trifecta Lens & SQN Methodology & Case Study (link here)
 - TL Score Theory (<u>link here</u>)
 - Trend Fragility Dashboard (link here)
- Nervous & Numb Case Study (coming soon)
- Volatility & Failed Volatility Breakouts (VBO/FVBO) (<u>link here</u>)
- Hierarchy of Technicals (<u>link here</u>)
- Currency Framework (<u>link here</u>)
- Precious Metals Framework (<u>link here</u>)
- How to Read Market Sentiment (<u>link here</u>)
- Equity Supply & Demand Equation (link here)
- 50 Cent Conditional Tail Hedge Strategy (link here)

